



BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS



MEN'S OPEN

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	168.0	David Lee	2017 Oct 14	New Westminster, BC
66	248.0	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	245.0	Bryce Thomson	2017 Mar 16	Saguenay, QC
83	260.5	Randy Yee	2016 Aug 7	Victoria, BC
93	297.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	290.0	Jason Bell	2016 Nov 26	Abbotsford, BC
120	265.0	James Audas	2017 Jun 11	Surrey, BC
120+	312.5	Tanner Braaten	2017 Jul 8	Kamloops, BC

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	127.5	Brian Truong	2016 Aug 21	Kamloops, BC
66	137.5	Andrew Lang	2017 Oct 14	New Westminster, BC
74	150.5	Taylor Danggas	2017 Apr 8	Abbotsford, BC
83	187.5	Adam Ramzy	2015 Oct 18	Abbotsford, BC
93	193.0	Cody Weeks	2017 Jun 11	Surrey, BC
105	180.0	Gordon Langfield	2017 Sep 8	Winnipeg, MB
120	190.0	Scott Robertson	2015 Nov 8	Abbotsford, BC
120+	230.0	Josh Simpson	2017 Oct 14	New Westminster, BC

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	205.5	David Lee	2017 Oct 14	New Westminster, BC
66	247.5	Jake Allison	2016 Aug 20	Kamloops, BC
74	277.5	Bryce Thomson	2017 Jun 23	Minsk, BY
83	310.0	Adam Ramzy	2015 Oct 18	Abbotsford, BC
93	300.0	Adam Ramzy	2016 Nov 26	Abbotsford, BC
105	307.5	Gordon Wong	2017 Jun 11	Surrey, BC
120	305.0	Derek Goodswimmer	2017 Apr 8	Abbotsford, BC
120+	333.0	Joel Klassen	2016 Aug 21	Kamloops, BC

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	478.5	David Lee	2017 Oct 14	New Westminster, BC
66	660.5	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	645.0	Bryce Thomson	2017 Jun 23	Minsk, BY
83	757.5	Adam Ramzy	2015 Oct 18	Abbotsford, BC
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	746.0	Jason Bell	2016 Nov 26	Abbotsford, BC
120	710.0	Derek Goodswimmer	2017 Apr 8	Abbotsford, BC
120+	825.0	Josh Simpson	2017 Oct 14	New Westminster, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	127.5	Brian Truong	2016 Aug 21	Kamloops, BC
66	137.5	Andrew Lang	2017 Oct 14	New Westminster, BC
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	187.5	Adam Ramzy	2015 Oct 18	Abbotsford, BC
93	193.0	Cody Weeks	2017 Jun 11	Surrey, BC
105	190.0	Vahid Lotfi	2016 Mar 20	Richmond, BC
120	217.5	Vahid Lotfi	2016 Jun 25	Surrey, BC
120+	230.0	Josh Simpson	2017 Oct 14	New Westminster, BC



**BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS**



MEN'S SUB-JUNIOR

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	90.5	minimum standard		
59	127.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	185.0	Reiley Zarate	2017 Oct 14	New Westminster, BC
74	191.5	Matthew Lewis Vena	2015 Nov 8	Abbotsford, BC
83	220.0	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	207.5	Lukas Nering	2017 Sep 9	Winnipeg, MB
105	210.0	William Buhler	2016 Aug 7	Victoria, BC
120	220.0	William Buhler	2016 Nov 12	Edmonton, AB
120+	250.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	65.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	103.0	Anthony Hu	2016 Oct 15	Abbotsford, BC
74	115.0	Liam Wharton	2016 Nov 12	Edmonton, AB
83	130.0	Ewan Barker	2017 Sep 16	Abbotsford, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	117.5	Gurpreet Mann	2017 Sep 16	Abbotsford, BC
120	129.0	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	87.5	minimum standard		
59	195.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	200.0	Reiley Zarate	2017 Oct 14	New Westminster, BC
74	217.5	Shamlo Faek	2015 Jun 28	Vancouver, BC
83	245.0	Kailen Smith	2016 Mar 20	Richmond, BC
93	235.0	Ritchy Tran	2013 Nov 2	Abbotsford, BC
105	227.5	William Buhler	2016 Aug 7	Victoria, BC
120	237.5	William Buhler	2016 Nov 12	Edmonton, AB
120+	270.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	225.5	minimum standard		
59	390.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	465.0	Reiley Zarate	2017 Feb 18	Burnaby, BC
74	502.5	Shamlo Faek	2015 Jun 28	Vancouver, BC
83	575.0	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	557.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	550.0	William Buhler	2016 Aug 7	Victoria, BC
120	585.0	William Buhler	2016 Nov 12	Edmonton, AB
120+	670.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	66.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	108.0	Benjamin Wagler	2016 Oct 16	Abbotsford, BC
74	115.0	Liam Wharton	2016 Nov 12	Edmonton, AB
83	135.0	James Taylor	2012 Jun 3	Vancouver, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	187.5	Roberto Villalta	2012 Apr 12	Calgary, AB
120	129.0	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS



MEN'S JUNIOR

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	110.5	minimum standard		
59	155.0	Daniel Lu	2016 Jun 25	Surrey, BC
66	212.5	Jake Allison	2016 Aug 20	Kamloops, BC
74	225.0	Logan Tarasoff	2016 Aug 20	Kamloops, BC
83	250.5	Logan Tarasoff	2017 Sep 16	Abbotsford, BC
93	297.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	265.0	Newton Ly	2015 Nov 8	Abbotsford, BC
120	237.5	William Buhler	2017 Jun 11	Surrey, BC
120+	245.0	Albert Yamaguchi	2016 Oct 15	Abbotsford, BC

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	80.0	minimum standard		
59	112.5	Daniel Lu	2016 Jun 25	Surrey, BC
66	125.0	Jake Allison	2016 Aug 20	Kamloops, BC
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	142.5	Randy Xuan Zhou	2013 Feb 10	Richmond, BC
93	175.0	An Dinh	2016 Aug 20	Kamloops, BC
105	165.0	Gabriel Gomez	2015 Oct 18	Abbotsford, BC
120	162.5	Dilawar Paul	2017 Jun 11	Surrey, BC
120+	147.5	Cory Constantin	2013 June 9	Richmond, BC

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	107.5	minimum standard		
59	172.5	John Nguyen	2017 Jun 11	Surrey, BC
66	247.5	Jake Allison	2016 Aug 20	Kamloops, BC
74	247.5	Randy Yee	2013 Mar 19	Richmond, BC
83	275.0	Randy Yee	2015 Dec 3	Richmond, BC
93	285.0	William Murphy	2016 Jun 25	Surrey, BC
105	280.0	Connor Elliott	2016 Aug 20	Kamloops, BC
120	290.0	Dilawar Paul	2017 Jun 11	Surrey, BC
120+	245.0	Albert Yamaguchi	2016 Oct 15	Abbotsford, BC

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	287.5	minimum standard		
59	420.0	Daniel Lu	2016 Jun 25	Surrey, BC
66	585.0	Jake Allison	2016 Aug 20	Kamloops, BC
74	575.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	665.0	Randy Yee	2105 Dec 3	Richmond, BC
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	675.0	Gabriel Gomez	2015 Oct 18	Abbotsford, BC
120	677.5	Dilawar Paul	2017 Jun 11	Surrey, BC
120+	612.5	Albert Yamaguchi	2016 Oct 15	Abbotsford, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	80.0	minimum standard		
59	112.5	Daniel Lu	2016 Jun 25	Surrey, BC
66	125.0	Jake Allison	2016 Aug 20	Kamloops, BC
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	170.0	Ryan Maclellan	2016 Jun 25	Surrey, BC
93	182.5	Ryan Maclellan	2016 Dec 3	Montague, PEI
105	200.0	Roberto Villalta	2013 Mar 19	Richmond, BC
120	162.5	Dilawar Paul	2017 Jun 11	Surrey, BC
120+	147.5	Cory Constantin	2013 Jun 9	Richmond, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS



MEN'S MASTER I (40-49)

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	112.5	minimum standard		
66	147.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	220.0	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	227.5	Kevin Weiss	2015 Dec 3	Richmond, BC
105	250.0	Joe Oliveira	2016 Jun 25	Surrey, BC
120	235.0	Scott Robertson	2016 Jun 26	Surrey, BC
120+	310.0	Josh Simpson	2017 Oct 14	New Westminster, BC

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	82.5	minimum standard		
66	129.0	Sean Sikorski	2016 Jun 26	Surrey, BC
74	100.0	minimum standard		
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	167.5	Kevin Weiss	2015 Dec 3	Richmond, BC
105	180.0	Gordon Langfield	2017 Sep 8	Winnipeg, MB
120	190.0	Scott Robertson	2015 Nov 8	Abbotsford, BC
120+	230.0	Josh Simpson	2017 Oct 14	New Westminster, BC

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	120.0	minimum standard		
66	179.0	Don Lovell	2016 Feb 17	Regina, SK
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	236.0	Ben Nickerson	2016 Jun 26	Surrey, BC
93	265.0	Kevin Weiss	2015 Dec 3	Richmond, BC
105	270.0	Bayard Smith	2016 Mar 20	Richmond, BC
120	257.0	Scott Robertson	2016 Jun 26	Surrey, BC
120+	285.0	Josh Simpson	2017 Oct 14	New Westminster, BC

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	300.5	minimum standard		
66	451.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	505.0	Bob Hindley	2016 Jun 26	Surrey, BC
83	610.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	660.0	Kevin Weiss	2015 Dec 3	Richmond, BC
105	652.5	Joe Oliveira	2016 Jun 25	Surrey, BC
120	677.0	Scott Robertson	2016 Jun 26	Surrey, BC
120+	825.0	Josh Simpson	2017 Oct 14	New Westminster, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	85.0	minimum standard		
66	129.0	Sean Sikorski	2016 Jun 26	Surrey, BC
74	145.5	Bill You	2012 Apr 12	Calgary, AB
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	170.0	Steven Reade	2017 Feb 19	Burnaby, BC
105	175.5	Gordon Langfield	2017 Jun 11	Surrey, BC
120	190.0	Scott Robertson	2015 Nov 8	Abbotsford, BC
120+	230.0	Josh Simpson	2017 Oct 14	New Westminster, BC



**BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS**



MEN'S MASTER II (50-59)

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	85.0	minimum standard		
66	113.0	Don Lovell	2017 Aug 6	Victoria, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	195.0	Andrew Bryant	2016 Jun 26	Surrey, BC
93	210.0	Andrew Bryant	2017 Jun 11	Surrey, BC
105	215.0	Sterling Nering	2017 Apr 8	Abbotsford, BC
120	200.0	David Andrews	2017 Jan 14	Vancouver, BC
120+	160.0	John Quinton	2017 Sep 16	Abbotsford, BC

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	65.0	minimum standard		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	97.5	Gable Wang	2014 Dec 11	Melbourne, AU
83	137.5	Andrew Bryant	2016 Jun 26	Surrey, BC
93	140.0	Andrew Bryant	2017 Jun 11	Surrey, BC
105	175.0	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	135.0	Steve Mahon	2016 Oct 15	Abbotsford, BC
120+	140.0	John Quinton	2017 Sep 16	Abbotsford, BC

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	92.5	minimum standard		
66	179.0	Don Lovell	2016 Feb 17	Regina, SK
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	232.5	Bob Hindley	2015 Dec 3	Richmond, BC
93	227.5	Walt Dengler	2016 Mar 26	Richmond, BC
105	260.0	Patrick Selby	2015 Oct 17	Abbotsford, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	185.0	John Quinton	2017 Sep 16	Abbotsford, BC

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	225.0	minimum standard		
66	354.0	Don Lovell	2016 Feb 17	Regina, SK
74	505.0	Bob Hindley	2016 Jun 26	Surrey, BC
83	532.5	Andrew Bryant	2016 Jun 26	Surrey, BC
93	555.0	Andrew Bryant	2017 Jun 11	Surrey, BC
105	607.5	Sterling Nering	2017 Jun 11	Surrey, BC
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	485.0	John Quinton	2017 Sep 16	Abbotsford, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	65.0	minimum standard		
66	72.5	minimum standard		
74	97.5	Gable Wang	2014 Dec 11	Melbourne, AU
83	137.5	Andrew Bryant	2016 Jun 26	Surrey, BC
93	170.0	Steven Reade	2017 Feb 19	Burnaby, BC
105	175.0	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	160.0	Gordon Sjodin	2016 Jan 16	Richmond, BC
120+	145.0	John Quinton	2017 Feb 19	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS



MEN'S MASTER III (60-69)

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	113.0	Don Lovell	2017 Aug 6	Victoria, BC
74	180.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	132.5	Barry Stewart	2017 Jun 11	Surrey, BC
93	177.5	Jack Chin	2017 Aug 6	Victoria, BC
105	135.0	Terry Peters	2016 Jan 16	Richmond, BC
120	200.0	David Andrews	2017 Jan 14	Vancouver, BC
120+		no minimum		

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	85.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	105.0	Barry Stewart	2017 Sep 9	Winnipeg, MB
93	110.0	James McIsaac	2017 Jul 8	Kamloops, BC
105	102.5	Terry Peters	2016 Jan 16	Richmond, BC
120	140.0	Grant Armour	2015 Jun 28	Vancouver, BC
120+		no minimum		

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	179.0	Don Lovell	2016 Feb 17	Regina, SK
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	160.0	Barry Stewart	2017 Jun 11	Surrey, BC
93	222.5	Jack Chin	2017 Feb 19	Burnaby, BC
105	205.0	Terry Peters	2016 Jan 16	Richmond, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+		no minimum		

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	354.0	Don Lovell	2016 Feb 17	Regina, SK
74	501.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	395.0	Barry Stewart	2017 Jun 11	Surrey, BC
93	452.5	James McIsaac	2017 Jul 8	Kamloops, BC
105	442.5	Terry Peters	2016 Jan 16	Richmond, BC
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+		no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	85.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	102.5	Barry Stewart	2017 Jun 11	Surrey, BC
93	102.5	Barry Stewart	2016 Oct 16	Abbotsford, BC
105	112.5	Wayne Keith	2015 May 23	Abbotsford, BC
120	157.5	William Belich	2017 Jun 10	Surrey, BC
120+		no minimum		



BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S UNEQUIPPED RECORDS



MEN'S MASTER IV (70+)

SQUAT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	77.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	70.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

BENCH PRESS

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	50.0	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	45.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

DEADLIFT

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	135.0	Thomas Cragg	2016 Jun 19	Killeen, TX
74	125.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

TOTAL

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	257.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	240.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	50.0	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	45.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		