

TOP 50 - 2016 Women's Unequipped BC Rankings

Rank	Name	Competition	Date	Location	BW	Class	Age	Squat	Bench	Deadlift	Total	Wilks
1	Pamela Anderson	Western Canadian Championship	19-Aug-16	Kamloops, BC	51.4	52	Open	127.5	75	160	362.5	455.95
2	Wendy Pronick	Canadian Championship	15-Feb-16	Regina, SK	62.2	63	Open	142.5	87.5	165	395	428.34
3	Alison Kam	Western Canadian Championship	19-Aug-16	Kamloops, BC	56.9	57	Junior	140	70	158	368	427.62
4	Cindy Nguyen	BC Provincials	25-Jun-16	Surrey, BC	62.5	63	Open	145	60	182.5	387.5	418.69
5	Becky Lauridsen	Pronick Invitational	27-Nov-16	Abbotsford, BC	61.1	63	Open	130	75	170	375	412.28
6	Mihaela MacLean	Pronick Invitational	27-Nov-16	Abbotsford, BC	66.1	72	Open	137.5	93	162.5	393	407.46
7	Meara Mulholland	Western Canadian Championship	19-Aug-16	Kamloops, BC	61.3	63	Open	122.5	97	150	369.5	405.19
8	Jesse Kelly	Western Canadian Championship	19-Aug-16	Kamloops, BC	56.7	57	Junior	127.5	80	140	347.5	404.91
9	Cynthia Leighton	Pronick Invitational	27-Nov-16	Abbotsford, BC	55.2	57	Open	125	80	135	340	404.6
10	Christina Gee	Pronick Invitational	27-Nov-16	Abbotsford, BC	50.7	52	Open	112.5	60	140	312.5	397.22
11	Sarah Rathwell	BCPA Winter Open	20-Mar-16	Richmond, BC	54.2	57	Open	107.5	70	140	317.5	383.25
12	Jenna Sabino	Western Canadian Championship	19-Aug-16	Kamloops, BC	58.9	63	Junior	127.5	65	140	332.5	376.06
13	Elizabeth Hu	Pronick Invitational	27-Nov-16	Abbotsford, BC	63	63	Open	140	67.5	140	347.5	373.22
14	Bonney Rempel	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	104	84+	Master 1	175	107.5	170	452.5	372.72
15	Ellen Humenny	BC Provincials	25-Jun-16	Surrey, BC	78	84	Open	142.5	93	162.5	398	369.46
16	Olivia Lim	Pronick Invitational	27-Nov-16	Abbotsford, BC	83.5	84	Open	145	72.5	185	402.5	360.12
17	Dawn Barroso	Pronick Invitational	27-Nov-16	Abbotsford, BC	58.9	63	Open	117.5	60	137.5	315	356.52
18	Shawna Bayly	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	81.8	84	Open	137.5	75	180	392.5	354.82
19	Bianca Broadbent	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	106.4	84+	Junior	162.5	95	173	430.5	352.62
20	Nicole Belanger	BCPA Winter Open	20-Mar-16	Richmond, BC	54.4	57	Open	107.5	52.5	132.5	292.5	352.05
21	Jessica Ma	BCPA Winter Open	20-Mar-16	Richmond, BC	56.2	57	Junior	107.5	60	132.5	300	351.99
22	Katherine Lam	New Year's Revolution	18-Dec-16	Richmond, BC	69.1	72	Junior	117.5	67.5	165	350	351.33
23	Aimee Mergaert	BC Provincials	25-Jun-16	Surrey, BC	115.3	84+	Master 1	170.5	90	172.5	433	348.78
24	Katrina Roylance	Western Canadian Championship	19-Aug-16	Kamloops, BC	68.4	72	Open	1220.5	60	160	342.5	346.27
25	Sarah Xie	BLM Spring Showdown	30-Apr-16	Abbotsford, BC	51.4	52	Open	112.5	42.5	120	275	345.9
26	Maegan Kuruvita	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	71.4	72	Junior	127.5	75	142.5	345	338.62

27	Brittany Bomben	Pronick Invitational	27-Nov-16	Abbotsford, BC	72.3	84	Open	137.5	67.5	142.5	347.5	338.4
28	Bette Festing	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	58.6	63	Master 1	107.5	55	135	297.5	337.81
29	Lynne Desautels	Pronick Invitational	27-Nov-16	Abbotsford, BC	79.4	84	Open	140	80	147.5	367.5	337.7
30	Erin Clark	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	83.6	84	Open	142.5	75	160	377.5	337.45
31	Colleen O'Toole	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	60	63	Open	110	67.5	122.5	300	334.47
32	Karina Christiansen	BCPA Winter Open	20-Mar-16	Richmond, BC	73.3	84	Open	120	62.5	162.5	345	332.79
33	Inger-Marie Muller	Taranis Athletics Open	7-Aug-16	Victoria, BC	61.8	63	Open	102.5	65	137.5	305	332.39
34	Anjelica St. Pierre	Western Canadian Championship	19-Aug-16	Kamloops, BC	44	47	Open	72.5	45	117.5	235	330.9
35	Elizabeth Anderson	Canadian Championship	15-Feb-16	Regina, SK	75	84	Open	122.5	70	155	347.5	330.47
36	Nicole Rogers	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	70.4	72	Junior	107.5	67.5	157.5	332.5	329.51
37	Linda Nguyen	BC Provincials	25-Jun-16	Surrey, BC	61.6	63	Open	115	57.5	127.5	300	327.75
38	Lauren Iverson	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	59.7	63	Sub-Junior	87.5	65	140	292.5	327.37
39	Wendy Yamazaki	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	55.9	57	Master 1	90	57.5	130	277.5	326.98
40	Stephanie Tickner	Taranis Athletics Open	7-Aug-16	Victoria, BC	56.1	57	Open	97.5	57.5	122.5	277.5	326.06
41	Letitia Marien	Pronick Invitational	27-Nov-16	Abbotsford, BC	76.9	84	Open	132.5	72.5	142.5	347.5	325.43
42	Shadie Bourget	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	62.3	63	Open	95	72.5	125	292.5	316.81
43	Madison Arnold	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	70.5	72	Junior	110	62.5	145	317.5	314.33
44	Angela Do	Revolution	18-Dec-16	Richmond, BC	46	47	Junior	80	47.5	100	227.5	310.7
45	Eve Candel	Taranis Athletics Open	7-Aug-16	Victoria, BC	60	63	Open	95	57.5	125	277.5	309.38
46	Jessica Pow	BCPA Winter Open	20-Mar-16	Richmond, BC	62.9	63	Open	107.5	65	115	287.5	309.15
47	Clarissa Castro	BC Provincials	25-Jun-16	Surrey, BC	91.7	84+	Junior	132.5	77.5	150	360	308.74
48	Ekaterina Slivko	BLM Spring Show	30-Apr-16	Abbotsford, BC	71.6	72	Open	110	70	135	315	308.61
49	Caitlin O'Leary	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	71.7	72	Open	117.5	62.5	135	315	308.32
50	Krysten Novak	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	50.8	52	Open	85	55	102.5	242.5	307.78

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1	Stephen Cascioli	Pronick Invitational	27-Nov-16	Abbotsford, BC	65.5	66	Open	242.5	152.5	255	650	513.89
2	Adam Ramzy	Pronick Invitational	27-Nov-16	Abbotsford, BC	84.4	93	Open	255	182.5	300	737.5	487.64
3	Randy Yee	Taranis Athletics Open	7-Aug-16	Victoria, BC	81.2	83	Open	260.5	142.5	277.5	680.5	460.29
4	Cody Weeks	Western Canadian Championship	19-Aug-16	Kamloops, BC	87.6	93	Open	240	190	280	710	459.73
5	Jake Allison	Western Canadian Championship	19-Aug-16	Kamloops, BC	66	66	Junior	212.5	125	247.5	585	459.34
6	Joel Klassen	Western Canadian Championship	19-Aug-16	Kamloops, BC	142.8	120+	Open	285	202.5	333	820.5	457.18
7	Bryce Thomson	Pronick Invitational	27-Nov-16	Abbotsford, BC	74	74	Open	240	120	270	630	453.16
8	Jason Bell	Pronick Invitational	27-Nov-16	Abbotsford, BC	103.3	105	Open	290	150	306	746	448.5
9	Newton Ly	Western Canadian Championship	19-Aug-16	Kamloops, BC	92.7	93	Junior	285	172.5	245	702.5	442.01
10	Josh Simpson	Pronick Invitational	27-Nov-16	Abbotsford, BC	139.1	120+	Open	285	220	285	790	441.93
11	Sean Janzer	Western Canadian Championship	19-Aug-16	Kamloops, BC	73.8	74	Open	212.5	137.5	262.5	612.5	441.43
12	Ryun Laniec	New Year's Revolution	18-Dec-16	Richmond, BC	65.5	66	Open	192.5	130	221	543.5	429.42
13	George Shami	Pronick Invitational	27-Nov-16	Abbotsford, BC	99	105	Open	260	162.5	280	702.5	429.37
14	Divine Wekwa	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	81.5	83	Open	235	140	260	635	428.56
15	Troy Martins	BC Provincials	25-Jun-16	Surrey, BC	158.8	120+	Open	300	192.5	287.5	780	428.06
16	Gordon Wong	BC Provincials	25-Jun-16	Surrey, BC	101.2	105	Open	255	150	295	700	423.99
17	William Murphy	BC Provincials	25-Jun-16	Surrey, BC	91.1	93	Junior	225	155	285	665	421.94
18	Sean Hayes	BC Provincials	25-Jun-16	Surrey, BC	143.5	120+	Open	265	187.5	305	757.5	421.78
19	Jeremy Klaus	Pronick Invitational	27-Nov-16	Abbotsford, BC	87	93	Open	237.5	155	255	647.5	420.94
20	An Dinh	Western Canadian Championship	19-Aug-16	Kamloops, BC	93	93	Junior	210	175	282.5	667.5	419.32
21	Craig Bearss	Pronick Invitational	27-Nov-16	Abbotsford, BC	109.1	120	Open	260	162.5	287.5	710	418.97
22	Kieran Wood	BC Provincials	25-Jun-16	Surrey, BC	72.3	74	Open	207.5	142.5	220	570	416.96
23	Logan Tarasoff	Western Canadian Championship	19-Aug-16	Kamloops, BC	73.2	74	Junior	225	115	235	575	416.82
24	Brian Truong	BC Provincials	25-Jun-16	Surrey, BC	58.6	59	Open	167.5	125	182.5	475	414.06
25	Henry Michaelson	BC Provincials	25-Jun-16	Surrey, BC	74	74	Junior	202.5	150	222.5	575	413.6
26	Simon Lee	BLM Spring Showdown	30-Apr-16	Abbotsford, BC	84.8	93	Junior	237.5	125	257.5	620	408.7
27	Thunder Hortier-Goldstein	Western Canadian Championship	19-Aug-16	Kamloops, BC	65.6	66	Junior	202.5	122.5	192.5	517.5	408.36
28	Kevin Weiss	Western Canadian Championship	19-Aug-16	Kamloops, BC	82.8	83	Master 1	220	165.5	225	610.5	408.12
29	Connor Elliott	Western Canadian Championship	19-Aug-16	Kamloops, BC	96.8	105	Junior	227.5	152.5	280	660	407.15
30	Gabriel Gomez	BCPA Winter Open	20-Mar-16	Richmond, BC	101.4	105	Junior	247.5	152.5	272.5	672.5	407.06
31	Kevin Yoon	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	73.6	74	Junior	205	115	242.5	562.5	406.18
32	Navin Abeyesundara	BC Provincials	25-Jun-16	Surrey, BC	59	59	Open	160	102.5	205	467.5	404.95

33	Brian Clark	New Year's Revolution	18-Dec-16	Richmond, BC	91.7	93	Open	215	152.5	272.5	640	404.8
34	Daniel Lewis	BCPA Fall Classic	15-Oct-16	Abbotsford, BC	103.1	105	Junior	227.5	167.5	275	670	403.01
35	Kevin Chu	BC Provincials	25-Jun-16	Surrey, BC	82.5	83	Junior	227.5	140	232.5	600	401.94
36	Dawson Kluss	Western Canadian Championship	19-Aug-16	Kamloops, BC	91.8	93	Junior	245	137.5	252.5	635	401.38
37	Pete Williams	Western Canadian Championship	19-Aug-16	Kamloops, BC	63.6	66	Open	167.5	122.5	205	495	400.95
38	Jason Viera	BC Provincials	25-Jun-16	Surrey, BC	80.2	83	Open	197.5	155	235	587.5	400.44
39	Colton Polsom	BC Provincials	25-Jun-16	Surrey, BC	134.9	120+	Open	270	172.5	270	712.5	400.43
40	Scott Robertson	BC Provincials	25-Jun-16	Surrey, BC	108.3	120	Master 1	235	185	257	677	400.38
41	Ritchy Tran	New Year's Revolution	18-Dec-16	Richmond, BC	87.4	93	Junior	227.5	127.5	262.5	617.5	400.33
42	Edward Leung	BCPA Winter Open	20-Mar-16	Richmond, BC	55.4	59	Open	147.5	122.5	165	435	400.2
43	Ryan Gallo	Pronick Invitational	27-Nov-16	Abbotsford, BC	104.7	105	Open	242.5	160	265	667.5	399.37
44	Connor Visagie	Western Canadian Championship	19-Aug-16	Kamloops, BC	102.7	105	Junior	240	142.5	275	657.5	396.08
45	Brogan Pratt	Western Canadian Championship	19-Aug-16	Kamloops, BC	69.9	74	Junior	197.5	120	210	527.5	395.73
46	Jason Lau	BLM Spring Showdown	30-Apr-16	Abbotsford, BC	63.9	66	Junior	170	120	200	490	395.28
47	Graham Aarsen	Western Canadian Championship	19-Aug-16	Kamloops, BC	81.5	83	Open	192.5	162.5	230	585	394.82
48	Antony Tsang	BC Provincials	25-Jun-16	Surrey, BC	72.6	74	Open	187.5	115	237.5	540	393.82
49	Angelo Trinidad	BC Provincials	25-Jun-16	Surrey, BC	58.8	59	Open	155	97.5	200.5	453	393.61
50	Matthew Lewis Vena	Western Canadian Championship	19-Aug-16	Kamloops, BC	79.7	83	Sub-Junior	220	115	240	575	393.47