

# 2016 BC Powerlifting Association Annual General Meeting: Saturday January 30

## Minutes

1. Call to Order: 1:44 PM
2. Review and approval of previous AGM minutes
  - moved: Joe Oliverira
  - seconded: Gabe Festing
  - 2015 minutes approved
3. Officers' Reports:

### President - Joe Oliveira

- BCPA hosted 8 contests in 2015; most contests ever
- Directly hosted 5: Winter Open, Centaur, Commonwealth, Provincials, Fall Classic
- New equipment purchases; probably the best equipped among the Provincial powerlifting federations
- Club meets: BLM Spring Showdown and Pronick Memorial, NXL Athletics Bent Iron Blitz
- 395 active members; second largest membership after Ontario; only due to our smaller size
- Drug tests: 6 in contest and 1 out of contest doping control test, resulting in 1 positive
- 9 meets scheduled in 2016; NXL Athletics submitting bid for 2016 Westerns
- Primary challenges: increased need to meet membership demand - more meets required to reduce sizes of wait lists
  - need Club development; unrealistic to expect Executive to put on all contests in the Province
  - Ontario hosted 30 contests through Club system; this is the way of the future

### Vice-President/Athlete & Volunteer Coordinator - Gabriel Festing

- only decline in participation this year has been Special Olympics; possibility of recruiting our members to work with Special O's to bring back participation
- Facebook page getting high traffic and likes; #1 way of reaching out to members
- records fee removed in June 2015 and has resulted in an increase in number of records, rather than minimum standards
- have been experimenting with online contest registrations; will be looking to standardize a method for consistency
- 2015 established Volunteer of Year Award and Athlete of Year award
- 2015 AoY: Pam Anderson and Kevin Weiss, VoY Wendy Yamazaki and Ben Nickerson
- had booth at FemSport; outreach with other organizations
- Current Clubs: BLM Barbell, PR Strength, NXL Athletics, The Bar, East Van Barbell

- membership retention: high turnover
- recent motion by Board to take \$10 off each entry for dedicated drug fund
- expecting this to bring in about \$4300 for dedicated drug fund
- future events: tentative Westerns date Aug 19-21, 4 meet bids in - 2 BLM, 1 PR, 1 Taranis
- Provincials: June at Clayton Secondary in Surrey

#### Treasurer – Brian Rock

- meet director of Fall Classic; will be in same venue in 2016 out in Abbotsford
- should be Oct 15/16, same format as last year with about 100 full power lifters plus Bench Only and Special O
- Financial data reports: Commonwealth was major addition to our operating funds
- membership up this year over last year
- CPU card returns item will be gone next year due to change in the CPU card issuing system
- Commonwealth Revenues \$90k, expenses \$71k, profit \$17k
- equipment sales: purchased new ER and Eleiko racks, sold some back to the membership
- some Sanction fees income for Club meets
- expenses: BCPA president at CPU AGM
- all executive memberships covered and added to Administration fee
- added Directors & Officers Insurance to Administration this year as well
- Promo - FemSport expenses and Muscle Insider Booth expenses
- Truck Storage is \$200/month
- Truck insurance, maintenance and gas
- Drug testing: expensed out in 2015, but half are expenses from 2014 which were added late
- 3 of our 6 tests were paid for by the CPU; our 3 in meet tests are approximately \$2000
- New Equipment: Eleiko set, 3 ER racks, 2 Eleiko racks, 3 new computers
- Donations: 50/50 draw at one of the meets
- Prepaid expenses: last year was to cover Commonwealths, this year Winter Open
- \$25,000 in bank at year end; some accounts receivable outstanding, but all 100% guaranteed

#### Secretary – Elizabeth Anderson

- move to modernize internal BCPA minutes and historical data online
- online volunteer coordinations: have employed VolunteerSpot software
- Commonwealths volunteer coordinations were challenging
- Winter Open is full and deadlines are coming up

#### Registrar – Noorita Biring

- 395 unique members in 2015; in 2012 we were at 137 members, huge growth over the past few years
- difficult to compare to last year due to the rollover to 12 month memberships

## Non-Voting Reports:

### Referee Chair – Justin Gray

- 2 new Cat 2 referees (Mehar Bhogal and Kevin Weiss), 1 new Cat 1 referee (Elizabeth Anderson), Chris Robb passed International Category 1 referee test
- total of 22 referees in the Province; however several people have not officiated in 3+ years
- we need more referees, especially in the face of increased numbers of contests
- CPU Bylaw provisions which are problematic for ref development:
  - Bylaw 15:7 requires all referees to be full CPU members
  - Bylaw requiring attendance at at least one CPU Nationals during 3-year electoral period
  - both problematic for referees who have retired but still wish to volunteer their time
- with rapid growth comes increase in Novice lifters; would like to assist new lifters in understanding the Rules
- Would like to run a rules Clinic or set up online Referees' Corner for technical questions

### Records Chair – Bette Festing

- many provincial records broken and reset after Provincials when Records fee removed
- submissions are athlete submissions; check if you may have broken records in multiple divisions
- 15 days to submit online records applications; no paper application
- in the case of multi day event, 15 days from the day you competed
- acknowledgment email will be sent; follow up if you don't receive them
- National records: your responsibility to advise Provincial records chair
- email report to be emailed to membership
- former records chair Kristine had family commitments and had to step down prematurely

### Webmaster – Nicole Belanger

- website will be refurbished; will also be mobile-friendly

## 4. New Business

### a) Proposed Constitutional Change: Provincial Qualifying Total

- discussion moved by Gabe Festing
- seconded by Wendy Yamazaki
- Amendment Proposal from Meara Mulholland: Open Women's increase to 295
  - about 30 women in open category would qualify at 305
  - seconded by Sarah Rathwell
  - vote: 37 in favor, motion passes

Current: BCPA members wishing to compete in a Provincial Championships must, in the 24 months preceding the contest, obtain a qualifying total equivalent to or greater than the current CPU Regional Championship qualifying standard for the relevant category. Lifters may compete in weight classes other than the one in which they obtained the qualifying total, and lifters who obtain the equipped qualifying total will automatically also qualify to compete unequipped.

Proposed: BCPA members wishing to compete in a Provincial Championships must, in the 24 months preceding the contest, obtain a qualifying total with a corresponding wilks score equivalent to or greater than the following:

Men's Wilks:

Open	350
Sub-Junior	N/A
Junior	300
Master 1	310
Master 2	N/A
Master 3	N/A
Master 4	N/A

Women's Wilks:

Open	300
Sub-Junior	N/A
Junior	245
Master 1	255
Master 2	N/A
Master 3	N/A

Lifters may compete in weight classes other than the one in which they obtained the qualifying total, and lifters who obtain the equipped qualifying total will automatically also qualify to compete unequipped.

- 31 in favor, 1 opposed, motion passes

b) Proposed Constitutional Change: Section 3:15

- motion by Gabe Festing: to remove "and has not been suspended"
- seconded: Tom Craig
- 45 in favor, motion passes

Current: A member in good standing present at a meeting of members is entitled to one vote.

Amended: A member in good standing present at a meeting of members is entitled to one vote. In the case of an AGM held in a calendar year after the year which the AGM is

convened to report upon, a member who was in good standing at any time during the previous year and has not been suspended is entitled to one vote.

- moved by Joe Oliveria, seconded Wendy Yamazaki, 41 in favor, motion passed

#### c) Proposed BCPA Annual Scholarship

The BCPA shall award two annual student scholarships in the amount of \$500 each. The amounts and number of awards may be increased or decreased annually at the discretion of the BCPA board. The criteria for this award will be determined by the BCPA Board. Eligible applicants must be BCPA members in good standing and must either be entering their first year of post-secondary application or in a full time post-secondary program

- discussion moved by Gabe Festing, seconded Cole Thevenot
- issue: grading schemes are different, GPA scales are not standardized
- members suggest standardized % rather than GPA to overcome this problem
- current form also excludes trades programs; if it was changed to a bursary it could include everyone (would include a financial need basis)
- motion by Don Lovell that executive be approved to create bursary, and committee struck to determine requirements; seconded Tanner Braaten
- moved by Don Lovell that “scholarship” to be changed to “bursary” to encompass trades and amended motion be voted on
  - seconded by Ben Nickerson, 45 in favor, amended motion passes

#### 5. Nominations for 2016-2018 Executive

- Joe Oliveira and Noorita Biring will be stepping down
- Brian, Elizabeth and Gabe will stay on
- Gabe Festing nominates: Wendy Yamazaki, Ben Nickerson, Gord Sjodin, Bonney Rempel, Cody Weeks, Joel Klassen
- Wendy accepts, Ben accepts, Bonney accepts, Gord accepts, Cody accepts
- Peter Radonic - self nomination
- Kama Guezelova - nominated by Izzy Anderson
- Tanner Braaten - self nominated
- Cole Thevenot - self nominated
- suggestion by Don Lovell for next year’s constitutional requirements: require advance nominations for Board, or set maximum number of Board members
- Bette would also like to stay on as non-voting records chair
- Sarah: motion for global vote and to elect all nominated members, seconded by Tanner Braaten
  - 26 in favor, 5 against out of 45 attendees

#### 6. Announcements

- recognition of Gordon Sjodin for his participation as co-Volunteer Coordinator at Commonwealths
- today is Mehar’s birthday

- Don Lovell - group of retired military people at Q centre in Colwood doing fundraiser for Post-Traumatic Stress Disorder Treatment for Soldiers by Hockey Heros: March 6 in Victoria
  - contact info for Don will be sent out through new executive for those who wish to support

7. Adjournment: 3:27 PM