



BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
MEN'S UNEQUIPPED RECORDS



MEN'S OPEN

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	173.0	David Lee	2018 Feb 11	Burnaby, BC
66	248.0	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	250.0	Bryce Thomson	2018 Feb 22	Calgary, AB
83	260.5	Randy Yee	2016 Aug 7	Victoria, BC
93	300.0	Newton Ly	2018 Feb 23	Calgary, AB
105	333.0	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	345.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	312.5	Tanner Braaten	2017 Jul 8	Kamloops, BC

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	127.5	Brian Truong	2016 Aug 21	Kamloops, BC
66	137.5	Andrew Lang	2017 Oct 14	New Westminster, BC
74	150.5	Taylor Danggas	2017 Apr 8	Abbotsford, BC
83	194.0	Adam Ramzy	2018 Feb 22	Calgary, AB
93	197.5	Cody Weeks	2018 Feb 23	Calgary, AB
105	182.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	200.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	212.5	Pete Williams	2018 Feb 22	Calgary, AB
66	277.5	Jake Allison	2018 Feb 21	Calgary, AB
74	280.0	Bryce Thomson	2018 Feb 22	Calgary, AB
83	315.0	Adam Ramzy	2018 Feb 22	Calgary, AB
93	300.0	Adam Ramzy	2016 Nov 26	Abbotsford, BC
105	307.5	Gordon Wong	2017 Jun 11	Surrey, BC
120	307.5	Cameron St. Amand	2017 Nov 18	Abbotsford, BC
120+	333.0	Joel Klassen	2016 Aug 21	Kamloops, BC

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	505.0	Pete Williams	2018 Feb 22	Calgary, AB
66	660.5	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	657.5	Bryce Thomson	2018 Feb 22	Calgary, AB
83	771.5	Adam Ramzy	2018 Feb 22	Calgary, AB
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	820.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	860.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	850.0	Josh Simpson	2018 Feb 23	Calgary, AB

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	127.5	Brian Truong	2016 Aug 21	Kamloops, BC
66	137.5	Andrew Lang	2017 Oct 14	New Westminster, BC
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	194.0	Adam Ramzy	2018 Feb 22	Calgary, AB
93	197.5	Cody Weeks	2018 23	Calgary, AB
105	190.0	Vahid Lotfi	2016 Mar 20	Richmond, BC
120	217.5	Vahid Lotfi	2016 Jun 25	Surrey, BC
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB



**BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
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**MEN'S SUB-JUNIOR**

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	90.5	minimum standard		
59	127.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	185.0	Reiley Zarate	2017 Oct 14	New Westminster, BC
74	192.5	Burkely Theriault	2018 Feb 10	Burnaby, BC
83	220.0	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	207.5	Lukas Nering	2017 Sep 9	Winnipeg, MB
105	210.0	William Buhler	2016 Aug 7	Victoria, BC
120	220.0	William Buhler	2016 Nov 12	Edmonton, AB
120+	250.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	65.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	103.0	Anthony Hu	2016 Oct 15	Abbotsford, BC
74	115.0	Liam Wharton	2016 Nov 12	Edmonton, AB
83	132.5	Alexander Domingo	2017 Nov 18	Abbotsford, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	117.5	Gurpreet Mann	2017 Sep 16	Abbotsford, BC
120	129.0	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	87.5	minimum standard		
59	195.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	200.0	Reiley Zarate	2017 Oct 14	New Westminster, BC
74	217.5	Shamlo Faek	2015 Jun 28	Vancouver, BC
83	245.0	Kailen Smith	2016 Mar 20	Richmond, BC
93	237.5	Lukas Nering	2017 Nov 18	Abbotsford, BC
105	227.5	William Buhler	2016 Aug 7	Victoria, BC
120	237.5	William Buhler	2016 Nov 12	Edmonton, AB
120+	270.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	225.5	minimum standard		
59	390.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	465.0	Reiley Zarate	2017 Feb 18	Burnaby, BC
74	515.0	Burkely Theriault	2018 Feb 10	Burnaby, BC
83	575.0	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	567.5	Lukas Nering	2017 Nov 18	Abbotsford, BC
105	550.0	William Buhler	2016 Aug 7	Victoria, BC
120	585.0	William Buhler	2016 Nov 12	Edmonton, AB
120+	670.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	66.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	108.0	Benjamin Wagler	2016 Oct 16	Abbotsford, BC
74	115.0	Liam Wharton	2016 Nov 12	Edmonton, AB
83	135.0	James Taylor	2012 Jun 3	Vancouver, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	187.5	Roberto Villalta	2012 Apr 12	Calgary, AB
120	129.0	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
MEN'S UNEQUIPPED RECORDS



MEN'S JUNIOR

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	110.5	minimum standard		
59	155.0	Daniel Lu	2016 Jun 25	Surrey, BC
66	227.5	Jake Allison	2018 Feb 21	Calgary, AB
74	225.0	Logan Tarasoff	2016 Aug 20	Kamloops, BC
83	250.5	Logan Tarasoff	2017 Sep 16	Abbotsford, BC
93	300.0	Newton Ly	2018 Feb 23	Calgary, AB
105	333.0	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	345.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	255.0	Matt Rud	2018 Feb 10	Burnaby, BC

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	80.0	minimum standard		
59	112.5	Daniel Lu	2016 Jun 25	Surrey, BC
66	137.5	Jake Allison	2018 Feb 21	Calgary, AB
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	145.0	Logan Tarasoff	2018 Feb 22	Calgary, AB
93	182.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
105	165.0	Gabriel Gomez	2015 Oct 18	Abbotsford, BC
120	200.00	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	155.0	Matt Rud	2018 Feb 10	Burnaby, BC

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	107.5	minimum standard		
59	187.5	Aaron Fulgencio	2018 Jan 14	Vancouver, BC
66	277.5	Jake Allison	2018 Feb 21	Calgary, AB
74	248.0	Joshua Romero	2018 Jan 14	Vancouver, BC
83	275.0	Randy Yee	2015 Dec 3	Richmond, BC
93	285.0	William Murphy	2016 Jun 25	Surrey, BC
105	305.0	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	207.5	Cameron St. Amand	2017 Nov 18	Abbotsford, BC
120+	272.5	Matt Rud	2018 Feb 10	Burnaby, BC

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	287.5	minimum standard		
59	420.0	Daniel Lu	2016 Jun 25	Surrey, BC
66	642.5	Jake Allison	2018 Feb 21	Calgary, AB
74	575.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	665.0	Randy Yee	2105 Dec 3	Richmond, BC
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	820.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	860.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	682.5	Matt Rud	2018 Feb 10	Burnaby, BC

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
53	80.0	minimum standard		
59	112.5	Daniel Lu	2016 Jun 25	Surrey, BC
66	137.5	Jake Allison	2018 Feb 21	Calgary, AB
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	170.0	Ryan Maclellan	2016 Jun 25	Surrey, BC
93	182.5	Ryan Maclellan	2016 Dec 3	Montague, PEI
105	200.0	Roberto Villalta	2013 Mar 19	Richmond, BC
120	200.00	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	155.0	Matt Rud	2018 Feb 10	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
MEN'S UNEQUIPPED RECORDS



MEN'S MASTER I (40-49)

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	112.5	minimum standard		
66	147.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	220.0	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	247.5	Gabriel Festing	2018 Feb 23	Calgary, AB
105	250.0	Joe Oliveira	2016 Jun 25	Surrey, BC
120	235.0	Scott Robertson	2016 Jun 26	Surrey, BC
120+	310.0	Josh Simpson	2017 Oct 14	New Westminster, BC

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	82.5	minimum standard		
66	129.0	Sean Sikorski	2016 Jun 26	Surrey, BC
74	100.0	minimum standard		
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	175.0	Gordon Langfield	2018 Feb 21	Calgary, AB
105	180.0	Gordon Langfield	2017 Sep 8	Winnipeg, MB
120	190.0	Scott Robertson	2015 Nov 8	Abbotsford, BC
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	120.0	minimum standard		
66	180.0	Don Lovell	2018 Feb 21	Calgary, AB
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	236.0	Ben Nickerson	2016 Jun 26	Surrey, BC
93	265.0	Kevin Weiss	2015 Dec 3	Richmond, BC
105	270.0	Bayard Smith	2016 Mar 20	Richmond, BC
120	257.0	Scott Robertson	2016 Jun 26	Surrey, BC
120+	285.0	Josh Simpson	2017 Oct 14	New Westminster, BC

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	300.5	minimum standard		
66	451.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	505.0	Bob Hindley	2016 Jun 26	Surrey, BC
83	610.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	660.0	Kevin Weiss	2015 Dec 3	Richmond, BC
105	652.5	Joe Oliveira	2016 Jun 25	Surrey, BC
120	677.0	Scott Robertson	2016 Jun 26	Surrey, BC
120+	850.0	Josh Simpson	2018 Feb 23	Calgary, AB

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	85.0	minimum standard		
66	129.0	Sean Sikorski	2016 Jun 26	Surrey, BC
74	145.5	Bill You	2012 Apr 12	Calgary, AB
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	175.0	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175.5	Gordon Langfield	2017 Jun 11	Surrey, BC
120	190.0	Scott Robertson	2015 Nov 8	Abbotsford, BC
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB



BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
MEN'S UNEQUIPPED RECORDS



MEN'S MASTER II (50-59)

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	85.0	minimum standard		
66	113.0	Don Lovell	2017 Aug 6	Victoria, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	195.0	Andrew Bryant	2016 Jun 26	Surrey, BC
93	210.0	Andrew Bryant	2017 Jun 11	Surrey, BC
105	215.0	Sterling Nering	2017 Apr 8	Abbotsford, BC
120	200.0	David Andrews	2017 Jan 14	Vancouver, BC
120+	160.0	John Quinton	2017 Sep 16	Abbotsford, BC

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	65.0	minimum standard		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	97.5	Gable Wang	2014 Dec 11	Melbourne, AU
83	140.0	Andrew Bryant	2018 Feb 21	Calgary, AB
93	175.0	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175.0	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	135.0	Steve Mahon	2016 Oct 15	Abbotsford, BC
120+	140.0	John Quinton	2017 Sep 16	Abbotsford, BC

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	92.5	minimum standard		
66	180.0	Don Lovell	2018 Feb 21	Calgary, AB
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	232.5	Bob Hindley	2015 Dec 3	Richmond, BC
93	230.0	Steven Reade	2018 Feb 10	Burnaby, BC
105	262.5	Patrick Selby	2018 Feb 10	Burnaby, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	185.0	John Quinton	2017 Sep 16	Abbotsford, BC

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	225.0	minimum standard		
66	354.0	Don Lovell	2016 Feb 17	Regina, SK
74	505.0	Bob Hindley	2016 Jun 26	Surrey, BC
83	540.0	Andrew Bryant	2018 Feb 21	Calgary, AB
93	612.5	Gordon Langfield	2018 Feb 21	Calgary, AB
105	610.0	Sterling Nering	2018 Feb 21	Calgary, AB
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	485.0	John Quinton	2017 Sep 16	Abbotsford, BC

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59	65.0	minimum standard		
66	72.5	minimum standard		
74	97.5	Gable Wang	2014 Dec 11	Melbourne, AU
83	145.0	Andrew Bryant	2018 Feb 20	Calgary, AB
93	175.0	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175.0	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	160.0	Gordon Sjodin	2016 Jan 16	Richmond, BC
120+	145.0	John Quinton	2017 Feb 19	Burnaby, BC



**BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
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**MEN'S MASTER III (60-69)**

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	113.0	Don Lovell	2017 Aug 6	Victoria, BC
74	180.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	137.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	210.0	Walt Dengler	2018 21	Calgary, AB
105	135.0	Terry Peters	2016 Jan 16	Richmond, BC
120	200.0	David Andrews	2017 Jan 14	Vancouver, BC
120+		no minimum		

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	85.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	107.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	120.0	Walt Dengler	2018 Feb 21	Calgary, AB
105	102.5	Terry Peters	2016 Jan 16	Richmond, BC
120	140.0	Grant Armour	2015 Jun 28	Vancouver, BC
120+		no minimum		

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	180.0	Don Lovell	2018 Feb 21	Calgary, AB
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	167.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	227.5	Walt Dengler	2018 Feb 21	Calgary, AB
105	205.0	Terry Peters	2016 Jan 16	Richmond, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+		no minimum		

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	354.0	Don Lovell	2016 Feb 17	Regina, SK
74	501.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	412.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	557.5	Walt Dengler	2018 Feb 21	Calgary, AB
105	442.5	Terry Peters	2016 Jan 16	Richmond, BC
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+		no minimum		

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	85.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	110.0	Stephen Williams	2018 Feb 11	Burnaby, BC
93	120.0	Walt Dengler	2018 Feb 21	Calgary, AB
105	112.5	Wayne Keith	2015 May 23	Abbotsford, BC
120	157.5	William Belich	2017 Jun 10	Surrey, BC
120+	145.0	John Quinton	2018 Feb 11	Burnaby, BC



**BRITISH COLUMBIA POWERLIFTING ASSOCIATION  
MEN'S UNEQUIPPED RECORDS**



**MEN'S MASTER IV (70+)**

**SQUAT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	77.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	70.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

**BENCH PRESS**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	50.0	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	45.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

**DEADLIFT**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	135.0	Thomas Cragg	2016 Jun 19	Killeen, TX
74	142.5	Thomas Cragg	2018 Feb 21	Calgary, AB
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

**TOTAL**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	257.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	280.0	Thomas Cragg	2018 Feb 21	Calgary, AB
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

**BENCH PRESS ONLY**

Weight Class(kg)	Weight (kg)	Name	Date	Location
59		no minimum		
66	50.0	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	45.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		