



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - OPEN



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------------|-------------|------------------|
| 59 | 172.5 | minimum standard | | |
| 66 | 190 | minimum standard | | |
| 74 | 207.5 | minimum standard | | |
| 83 | 352.5 | Adam Ramzy | 2017 Jul 25 | Wroclaw, PL |
| 93 | 280 | William Steep | 2018 Feb 23 | Calgary, AB |
| 105 | 317.5 | John Wesley Cummings | 2018 Nov 08 | Halmstad, Sweden |
| 120 | 275 | Zack Currie | 2017 Feb 19 | Burnaby, BC |
| 120+ | 265 | minimum standard | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 59 | 125 | minimum standard | | |
| 66 | 137.5 | minimum standard | | |
| 74 | 150 | minimum standard | | |
| 83 | 255 | Adam Ramzy | 2017 Jul 25 | Wroclaw, PL |
| 93 | 182.5 | William Steep | 2018 Feb 23 | Calgary, AB |
| 105 | 240 | Chad Rogers | 2011 Nov 6 | Vancouver, BC |
| 120 | 228 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 192.5 | minimum standard | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 167.5 | minimum standard | | |
| 66 | 189 | Don Lovell | 2018 Jun 23 | Surrey, BC |
| 74 | 202.5 | minimum standard | | |
| 83 | 318 | Adam Ramzy | 2016 Feb 9 | Regina, SK |
| 93 | 265 | William Steep | 2018 Feb 23 | Calgary, AB |
| 105 | 295 | Chad Rogers | 2011 Nov 6 | Vancouver, BC |
| 120 | 273.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 320 | Joel Klassen | 2016 Apr 30 | Abbotsford, BC |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 445 | minimum standard | | |
| 66 | 490 | minimum standard | | |
| 74 | 535 | minimum standard | | |
| 83 | 917.5 | Adam Ramzy | 2017 Jul 25 | Wroclaw, PL |
| 93 | 727.5 | William Steep | 2018 Feb 23 | Calgary, AB |
| 105 | 845 | Chad Rogers | 2011 Nov 6 | Vancouver, BC |
| 120 | 734.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 760 | Joel Klassen | 2016 Apr 30 | Abbotsford, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 59 | 125 | minimum standard | | |
| 66 | 162.5 | Andrew Lang | 2018 Jun 23 | Surrey, BC |
| 74 | 167.5 | Andrew Lang | 2018 Sep 7 | Edmonton, AB |
| 83 | 255 | Adam Ramzy | 2017 Jul 25 | Wroclaw, PL |
| 93 | 195 | Barry Antoniow | 2012 Apr 12 | Calgary, AB |
| 105 | 240 | Chad Rogers | 2011 Nov 6 | Vancouver, BC |
| 120 | 228 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 240 | Warren Orr | 2012 Apr 12 | Calgary, AB |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - SUB-JUNIOR



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 53 | 117.5 | minimum standard | | |
| 59 | 130 | minimum standard | | |
| 66 | 145 | minimum standard | | |
| 74 | 155 | minimum standard | | |
| 83 | 185 | Tristin Davies | 2013 Nov 2 | Abbotsford, BC |
| 93 | 180 | minimum standard | | |
| 105 | 187.5 | minimum standard | | |
| 120 | 272.5 | Jake McMillan | 2011 Feb 13 | Vancouver, BC |
| 120+ | 200 | minimum standard | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|------|----------|
| 53 | | | | |
| 59 | 95 | minimum standard | | |
| 66 | 105 | minimum standard | | |
| 74 | 115 | minimum standard | | |
| 83 | 122.5 | minimum standard | | |
| 93 | 130 | minimum standard | | |
| 105 | 135 | minimum standard | | |
| 120 | 142.5 | minimum standard | | |
| 120+ | 145 | minimum standard | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 53 | 115 | minimum standard | | |
| 59 | 130 | minimum standard | | |
| 66 | 142.5 | minimum standard | | |
| 74 | 155 | minimum standard | | |
| 83 | 172.5 | Tristin Davies | 2013 Nov 2 | Abbotsford, BC |
| 93 | 177.5 | minimum standard | | |
| 105 | 187.5 | minimum standard | | |
| 120 | 272.5 | Jake McMillan | 2011 Feb 13 | Vancouver, BC |
| 120+ | 197.5 | minimum standard | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 53 | 297.5 | minimum standard | | |
| 59 | 332.5 | minimum standard | | |
| 66 | 365 | minimum standard | | |
| 74 | 397.5 | minimum standard | | |
| 83 | 462.5 | Tristin Davies | 2013 Nov 2 | Abbotsford, BC |
| 93 | 455 | minimum standard | | |
| 105 | 480 | minimum standard | | |
| 120 | 680 | Jake McMillan | 2011 Feb 13 | Vancouver, BC |
| 120+ | 505 | minimum standard | | |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|------|----------|
| 53 | 87.5 | minimum standard | | |
| 59 | 97.5 | minimum standard | | |
| 66 | 107.5 | minimum standard | | |
| 74 | 117.5 | minimum standard | | |
| 83 | 127.5 | minimum standard | | |
| 93 | 135 | minimum standard | | |
| 105 | 142.5 | minimum standard | | |
| 120 | 147.5 | minimum standard | | |
| 120+ | 150 | minimum standard | | |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - JUNIOR



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 53 | 145 | minimum standard | | |
| 59 | 162.5 | minimum standard | | |
| 66 | 177.5 | minimum standard | | |
| 74 | 195 | minimum standard | | |
| 83 | 235 | Mehar Bhogal | 2017 Mar 18 | Saguenay, QC |
| 93 | 262.5 | Blake Taylor | 2019 Jan 19 | Vancouver, BC |
| 105 | 235 | minimum standard | | |
| 120 | 275.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 260 | Michael Cho | 2011 Nov 06 | Vancouver, BC |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 53 | 105 | minimum standard | | |
| 59 | 115 | minimum standard | | |
| 66 | 127.5 | minimum standard | | |
| 74 | 140 | minimum standard | | |
| 83 | 165.5 | Mehar Bhogal | 2017 Nov 18 | Abbotsford, BC |
| 93 | 160 | minimum standard | | |
| 105 | 167.5 | minimum standard | | |
| 120 | 186.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 177.5 | minimum standard | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 53 | 142.5 | minimum standard | | |
| 59 | 157.5 | minimum standard | | |
| 66 | 175 | minimum standard | | |
| 74 | 190 | minimum standard | | |
| 83 | 265 | Mehar Bhogal | 2018 Feb 23 | Calgary, AB |
| 93 | 227.5 | Blake Taylor | 2019 Jan 19 | Vancouver, BC |
| 105 | 227.5 | minimum standard | | |
| 120 | 273.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 290 | Michael Cho | 2011 Nov 06 | Vancouver, BC |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 53 | 380 | minimum standard | | |
| 59 | 422.5 | minimum standard | | |
| 66 | 465 | minimum standard | | |
| 74 | 507.5 | minimum standard | | |
| 83 | 660 | Mehar Bhogal | 2018 Feb 23 | Calgary, AB |
| 93 | 615.0 | Blake Taylor | 2019 Jan 19 | Vancouver, BC |
| 105 | 612.5 | minimum standard | | |
| 120 | 734.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 715 | Michael Cho | 2011 Nov 06 | Vancouver, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 53 | 105 | minimum standard | | |
| 59 | 115 | minimum standard | | |
| 66 | 127.5 | minimum standard | | |
| 74 | 140 | minimum standard | | |
| 83 | 165.5 | Mehar Bhogal | 2017 Nov 18 | Abbotsford, BC |
| 93 | 160 | minimum standard | | |
| 105 | 167.5 | minimum standard | | |
| 120 | 186.0 | William Buhler | 2018 Nov 18 | Victoria, BC |
| 120+ | 177.5 | minimum standard | | |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - MASTER I



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|--------------------|
| 59 | 147.5 | minimum standard | | |
| 66 | 162.5 | minimum standard | | |
| 74 | 177.5 | minimum standard | | |
| 83 | 250 | Andrew Bryant | 2017 Mar 18 | Saguenay, QC |
| 93 | 257.5 | Jason Allard | 2013 Feb 10 | Richmond, BC |
| 105 | 310 | Joe Oliveira | 2011 Sep 30 | St. Catharines, ON |
| 120 | 222.5 | minimum standard | | |
| 120+ | 225 | minimum standard | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|--------------|---------------|
| 59 | 107.5 | minimum standard | | |
| 66 | 117.5 | minimum standard | | |
| 74 | 130 | minimum standard | | |
| 83 | 220 | Barry Antoniow | 2013 Jun 9 | Richmond, BC |
| 93 | 167.5 | Jason Allard | 2013 Feb 10 | Richmond, BC |
| 105 | 230 | Joe Oliveira | 2015 April 6 | St John's, NL |
| 120 | 228 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 215 | Warren Orr | 2011 Feb 13 | Vancouver, BC |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 59 | 155 | minimum standard | | |
| 66 | 189 | Don Lovell | 2018 Jun 23 | Surrey, BC |
| 74 | 188 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 230 | Andrew Bryant | 2017 Mar 18 | Saguenay, QC |
| 93 | 250 | Blaine Harrison | 2011 Feb 13 | Vancouver, BC |
| 105 | 285 | Joe Oliveira | 2012 Oct 05 | Killeen, TX |
| 120 | 235 | minimum standard | | |
| 120+ | 237.5 | minimum standard | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|--------------|---------------|
| 59 | 397.5 | minimum standard | | |
| 66 | 440 | minimum standard | | |
| 74 | 480 | minimum standard | | |
| 83 | 650 | Andrew Bryant | 2017 Mar 18 | Saguenay, QC |
| 93 | 672.5 | Jason Allard | 2013 Feb 10 | Richmond, BC |
| 105 | 820 | Joe Oliveira | 2015 April 6 | St John's, NL |
| 120 | 600 | minimum standard | | |
| 120+ | 615 | Warren Orr | 2011 Feb 13 | Vancouver, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|---------------|----------------|
| 59 | 110 | minimum standard | | |
| 66 | 120 | minimum standard | | |
| 74 | 165 | Bill You | 2012 April 12 | Calgary, AB |
| 83 | 222.5 | Barry Antoniow | 2012 April 21 | Denver, CO |
| 93 | 195 | Barry Antoniow | 2012 April 12 | Calgary, AB |
| 105 | 230 | Joe Oliveira | 2015 April 11 | St. John's, NL |
| 120 | 228 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 240 | Warren Orr | 2012 April 12 | Calgary, AB |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - MASTER II



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 59 | 110 | minimum standard | | |
| 66 | 144.5 | Don Lovell | 2018 Jun 23 | Surrey, BC |
| 74 | 135.5 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 250 | Andrew Bryant | 2017 Mar 18 | Saguenay, QC |
| 93 | 220 | Blaine Harrison | 2011 Feb 13 | Vancouver, BC |
| 105 | 160 | minimum standard | | |
| 120 | 170 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 170 | minimum standard | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|--------------|---------------|
| 59 | 82.5 | minimum standard | | |
| 66 | 90 | minimum standard | | |
| 74 | 115 | Gable Wang | 2015 July 23 | Hong Kong |
| 83 | 175 | Andrew Bryant | 2016 Feb 19 | Regina, SK |
| 93 | 120 | Blaine Harrison | 2011 Feb 13 | Vancouver, BC |
| 105 | 120 | minimum standard | | |
| 120 | 228 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 125 | minimum standard | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------|
| 59 | 120 | minimum standard | | |
| 66 | 189 | Don Lovell | 2018 Jun 23 | Surrey, BC |
| 74 | 188 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 230 | Andrew Bryant | 2017 Mar 18 | Saguenay, QC |
| 93 | 250 | Blaine Harrison | 2011 Feb 13 | Vancouver, BC |
| 105 | 175 | minimum standard | | |
| 120 | 180 | minimum standard | | |
| 120+ | 185 | minimum standard | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|--------------|---------------|
| 59 | 295 | minimum standard | | |
| 66 | 407.5 | Don Lovell | 2016 Jun 26 | Surrey, BC |
| 74 | 410 | Gable Wang | 2015 July 23 | Hong Kong |
| 83 | 650 | Andrew Bryant | 2017 Mar 18 | Saguenay, QC |
| 93 | 590 | Blaine Harrison | 2011 Feb 13 | Vancouver, BC |
| 105 | 430 | minimum standard | | |
| 120 | 565.5 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 455 | minimum standard | | |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 82.5 | minimum standard | | |
| 66 | 92.5 | minimum standard | | |
| 74 | 115 | Gable Wang | 2015 Oct 17 | Abbotsford, BC |
| 83 | 175 | Andrew Bryant | 2016 Aug 19 | Kamloops, BC |
| 93 | 185 | Andrew Bryant | 2016 Feb 17 | Regina, SK |
| 105 | 120 | minimum standard | | |
| 120 | 228 | Brian Rock | 2017 Jun 10 | Surrey, BC |
| 120+ | 125 | minimum standard | | |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - MASTER III



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|----------------|
| 59 | | no minimum | | |
| 66 | 144.5 | Don Lovell | 2018 Jun 23 | Surrey, BC |
| 74 | 135.5 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 82.5 | Herb Wagner | 2012 Nov 3 | Abbotsford, BC |
| 93 | | no minimum | | |
| 105 | 182.5 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|----------------|
| 59 | | no minimum | | |
| 66 | 80 | Don Lovell | 2016 Jun 26 | Surrey, BC |
| 74 | 82.5 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 80 | Herb Wagner | 2012 Nov 3 | Abbotsford, BC |
| 93 | | no minimum | | |
| 105 | 120 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|----------------|
| 59 | | no minimum | | |
| 66 | 189 | Don Lovell | 2018 Jun 23 | Surrey, BC |
| 74 | 188.5 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 147.5 | Herb Wagner | 2012 Nov 3 | Abbotsford, BC |
| 93 | | no minimum | | |
| 105 | 195 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|----------------|
| 59 | | no minimum | | |
| 66 | 407.5 | Don Lovell | 2016 Jun 26 | Surrey, BC |
| 74 | 406 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 310 | Herb Wagner | 2012 Nov 3 | Abbotsford, BC |
| 93 | 335 | no minimum | | |
| 105 | 497.5 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|----------------|
| 59 | | no minimum | | |
| 66 | 80 | Don Lovell | 2013 Jun 9 | Richmond, BC |
| 74 | 82.5 | Don Lovell | 2016 Aug 7 | Victoria, BC |
| 83 | 80 | Herb Wagner | 2012 Nov 3 | Abbotsford, BC |
| 93 | 85 | Ken Huffman | 2012 Jan 15 | Vancouver, BC |
| 105 | 120 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S EQUIPPED RECORDS - MASTER IV



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|---------------|
| 59 | | no minimum | | |
| 66 | | no minimum | | |
| 74 | | no minimum | | |
| 83 | | no minimum | | |
| 93 | | no minimum | | |
| 105 | 182.5 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|---------------|
| 59 | | no minimum | | |
| 66 | | no minimum | | |
| 74 | | no minimum | | |
| 83 | | no minimum | | |
| 93 | | no minimum | | |
| 105 | 120 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|---------------|
| 59 | | no minimum | | |
| 66 | | no minimum | | |
| 74 | | no minimum | | |
| 83 | | no minimum | | |
| 93 | | no minimum | | |
| 105 | 195 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|---------------|
| 59 | | no minimum | | |
| 66 | | no minimum | | |
| 74 | | no minimum | | |
| 83 | | no minimum | | |
| 93 | | no minimum | | |
| 105 | 497.5 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------|-------------|---------------|
| 59 | | no minimum | | |
| 66 | | no minimum | | |
| 74 | | no minimum | | |
| 83 | | no minimum | | |
| 93 | | no minimum | | |
| 105 | 120 | Darshan Gill | 2011 Jun 12 | Vancouver, BC |
| 120 | | no minimum | | |
| 120+ | | no minimum | | |