



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - OPEN



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	175.0	Benjamin Yu	2019 Mar 04	Ottawa, ON
66	248	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	250.5	Bryce Thomson	2018 Jun 24	Surrey, BC
83	260.5	Randy Yee	2016 Aug 7	Victoria, BC
93	300	Newton Ly	2018 Feb 23	Calgary, AB
105	333	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	352.5	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	320.0	Tanner Braaten	2019 Mar 04	Ottawa, ON

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	130.5	Benjamin Yu	2019 Mar 04	Ottawa, ON
66	138.0	Andrew Lang	2019 Jan 19	Vancouver, BC
74	150.5	Taylor Danggas	2017 Apr 8	Abbotsford, BC
83	194	Adam Ramzy	2018 Feb 22	Calgary, AB
93	197.5	Cody Weeks	2018 Feb 23	Calgary, AB
105	185	Jayden Lucier	2018 Aug 11	Kelowna, BC
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	212.5	Pete Williams	2018 Feb 22	Calgary, AB
66	277.5	Jake Allison	2018 Feb 21	Calgary, AB
74	281.5	Bryce Thomson	2018 Jun 24	Surrey, BC
83	315	Adam Ramzy	2018 Feb 22	Calgary, AB
93	302.5	Matthew Lewis Vena	2019 Mar 04	Ottawa, ON
105	315.0	Cameron St. Amand	2019 Mar 04	Ottawa, ON
120	340	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	333	Joel Klassen	2016 Aug 21	Kamloops, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	505	Pete Williams	2018 Feb 22	Calgary, AB
66	660.5	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	662	Bryce Thomson	2018 Jun 24	Surrey, BC
83	771.5	Adam Ramzy	2018 Feb 22	Calgary, AB
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	820.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	890	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	850	Josh Simpson	2018 Feb 23	Calgary, AB

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	130.5	Benjamin Yu	2019 Mar 04	Ottawa, ON
66	138.0	Andrew Lang	2019 Jan 19	Vancouver, BC
74	150	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	194	Adam Ramzy	2018 Feb 22	Calgary, AB
93	197.5	Cody Weeks	2018 Feb 23	Calgary, AB
105	187.5	Roberto Villalta	2012 Apr 12	Calgary, AB
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	240.0	Greg Young	2019 Mar 04	Ottawa, ON



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - SUB-JUNIOR



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	90.5	minimum standard		
59	130.0	Julian Mok	2018 Sep 15	Abbotsford, BC
66	185	Reiley Zarate	2017 Oct 14	New Westminster, BC
74	195.0	Damian Hu	2019 Feb 23	Burnaby, BC
83	220	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	227.5	Nicholas Tunzi	2019 Feb 23	Burnaby, BC
105	210	William Buhler	2016 Aug 7	Victoria, BC
120	220	William Buhler	2016 Nov 12	Edmonton, AB
120+	250	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	65.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	115.0	Kaeden Ottenbreit	2018 Nov 18	Victoria, BC
74	123.0	Damian Hu	2019 Feb 23	Burnaby, BC
83	132.5	Alexander Domingo	2017 Nov 18	Abbotsford, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	125	Gavin Appleton	2018 Jun 23	Surrey, BC
120	129	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	87.5	minimum standard		
59	195.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	212.5	Zachary Jackson	2018 Mar 24	Abbotsford, BC
74	232.5	James Gleave	2018 May 6	Victoria, BC
83	245	Kailen Smith	2016 Mar 20	Richmond, BC
93	239.0	Nicholas Tunzi	2019 Feb 23	Burnaby, BC
105	227.5	William Buhler	2016 Aug 7	Victoria, BC
120	237.5	William Buhler	2016 Nov 12	Edmonton, AB
120+	270	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	225.5	minimum standard		
59	390.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	490	Zachary Jackson	2018 Mar 24	Abbotsford, BC
74	545.5	Damian Hu	2019 Feb 23	Burnaby, BC
83	575	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	576.5	Nicholas Tunzi	2019 Feb 23	Burnaby, BC
105	550	William Buhler	2016 Aug 7	Victoria, BC
120	585	William Buhler	2016 Nov 12	Edmonton, AB
120+	670	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	66.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	115.0	Kaeden Ottenbreit	2018 Nov 18	Victoria, BC
74	123.0	Damian Hu	2019 Feb 23	Burnaby, BC
83	135	James Taylor	2012 Jun 3	Vancouver, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	187.5	Roberto Villalta	2012 Apr 12	Calgary, AB
120	129	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150	Damjan Bulatovic	2014 Jun 22	Vancouver, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - JUNIOR



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	130.0	Anthony Kong	2019 Jan 19	Vancouver, BC
59	155	Daniel Lu	2016 Jun 25	Surrey, BC
66	227.5	Jake Allison	2018 Feb 21	Calgary, AB
74	225	Logan Tarasoff	2016 Aug 20	Kamloops, BC
83	255.0	Logan Tarasoff	2019 Mar 04	Ottawa, ON
93	300	Newton Ly	2018 Feb 23	Calgary, AB
105	333	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	352.5	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	287.5	Dylan Roach	2019 Jan 19	Vancouver, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	80	minimum standard		
59	112.5	Daniel Lu	2016 Jun 25	Surrey, BC
66	137.5	Jake Allison	2018 Feb 21	Calgary, AB
74	150	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	152.5	Logan Tarasoff	2019 Mar 04	Ottawa, ON
93	175	An Dinh	2016 Aug 20	Kamloops, BC
105	185	Jayden Lucier	2018 Aug 11	Kelowna, BC
120	200	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	185.0	Dylan Roach	2019 Jan 19	Vancouver, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	160.0	Anthony Kong	2019 Jan 19	Vancouver, BC
59	197.5	Derek Situ	2018 Jun 23	Surrey, BC
66	277.5	Jake Allison	2018 Feb 21	Calgary, AB
74	260.0	Mark Robles	2019 Jan 19	Vancouver, BC
83	275	Randy Yee	2015 Dec 3	Richmond, BC
93	302.5	Matthew Lewis Vena	2019 Mar 04	Ottawa, ON
105	315.0	Cameron St. Amand	2019 Mar 04	Ottawa, ON
120	340	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	322.5	Dylan Roach	2019 Jan 19	Vancouver, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	357.5	Anthony Kong	2019 Jan 19	Vancouver, BC
59	447.5	Derek Situ	2018 Jun 23	Surrey, BC
66	642.5	Jake Allison	2018 Feb 21	Calgary, AB
74	590.0	Liam Wharton	2019 Mar 04	Ottawa, ON
83	672.5	Logan Tarasoff	2019 Mar 04	Ottawa, ON
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	820.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	890	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	795.0	Dylan Roach	2019 Jan 19	Vancouver, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	80	minimum standard		
59	113.0	Justin Saw	2019 Feb 23	Burnaby, BC
66	137.5	Jake Allison	2018 Feb 21	Calgary, AB
74	150	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	170	Ryan Maclellan	2016 Jun 25	Surrey, BC
93	182.5	Ryan Maclellan	2016 Dec 3	Montague, PEI
105	200	Roberto Villalta	2013 Mar 19	Richmond, BC
120	200	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	185.5	Minh Nguyen	2019 Feb 23	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER I



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	112.5	minimum standard		
66	147.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	220	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	247.5	Gabriel Festing	2018 Feb 23	Calgary, AB
105	250	Joe Oliveira	2016 Jun 25	Surrey, BC
120	285.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	310	Josh Simpson	2017 Oct 14	New Westminster, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	82.5	minimum standard		
66	129	Sean Sikorski	2016 Jun 26	Surrey, BC
74	100	minimum standard		
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	177.5	Gordon Langfield	2018 Jun 8	Calgary, AB
105	180	Gordon Langfield	2017 Sep 8	Winnipeg, MB
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	120	minimum standard		
66	180	Don Lovell	2018 Feb 21	Calgary, AB
74	236	Bob Hindley	2017 Jun 11	Surrey, BC
83	237.5	Cosmin Olteanu	2019 Mar 04	Ottawa, ON
93	265	Kevin Weiss	2015 Dec 3	Richmond, BC
105	270	Bayard Smith	2016 Mar 20	Richmond, BC
120	272.5	Scott Robertson	2018 Jun 23	Surrey, BC
120+	285	Josh Simpson	2017 Oct 14	New Westminster, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	300.5	minimum standard		
66	451.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	505	Bob Hindley	2016 Jun 26	Surrey, BC
83	610.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	660	Kevin Weiss	2015 Dec 3	Richmond, BC
105	652.5	Joe Oliveira	2016 Jun 25	Surrey, BC
120	765.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	850	Josh Simpson	2018 Feb 23	Calgary, AB

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	85	minimum standard		
66	129	Sean Sikorski	2016 Jun 26	Surrey, BC
74	145.5	Bill You	2012 Apr 12	Calgary, AB
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	175	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175.5	Gordon Langfield	2017 Jun 11	Surrey, BC
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER II



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	85	minimum standard		
66	142.5	Ian Worland	2019 Feb 23	Burnaby, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	210	Andrew Bryant	2018 Jun 7	Calgary, AB
93	215	Gordon Langfield	2018 Jun 8	Calgary, AB
105	215	Sterling Nering	2017 Apr 8	Abbotsford, BC
120	200	David Andrews	2017 Jan 14	Vancouver, BC
120+	175.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	65	minimum standard		
66	75.0	Ian Worland	2019 Feb 23	Burnaby, BC
74	97.5	Gable Wang	2014 Dec 11	Melbourne, AU
83	140	Andrew Bryant	2018 Feb 21	Calgary, AB
93	177.5	Gordon Langfield	2018 Jun 8	Calgary, AB
105	175	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	135	Steve Mahon	2016 Oct 15	Abbotsford, BC
120+	140	John Quinton	2017 Sep 16	Abbotsford, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	92.5	minimum standard		
66	180	Don Lovell	2018 Feb 21	Calgary, AB
74	236	Bob Hindley	2017 Jun 11	Surrey, BC
83	232.5	Bob Hindley	2015 Dec 3	Richmond, BC
93	255.0	Steven Reade	2019 Mar 04	Ottawa, ON
105	267.5	Patrick Selby	2018 Dec 08	Richmond, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	185	John Quinton	2017 Sep 16	Abbotsford, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	225	minimum standard		
66	367.5	Ian Worland	2019 Feb 23	Burnaby, BC
74	505	Bob Hindley	2016 Jun 26	Surrey, BC
83	567.5	Andrew Bryant	2018 Jun 7	Calgary, AB
93	627.5	Steven Reade	2019 Mar 04	Ottawa, ON
105	610	Sterling Nering	2018 Feb 21	Calgary, AB
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	490.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	65	minimum standard		
66	80.0	Narinderjit Sidhu	2018 Sep 15	Abbotsford, BC
74	97.5	Gable Wang	2014 Dec 11	Melbourne, AU
83	145	Andrew Bryant	2018 Feb 20	Calgary, AB
93	175	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	160	Gordon Sjodin	2016 Jan 16	Richmond, BC
120+	182.5	Reid Umlah	2019 Feb 23	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER III



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	115	Don Lovell	2018 Jun 7	Calgary, AB
74	180	Bob Hindley	2017 Jun 11	Surrey, BC
83	137.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	210	Walt Dengler	2018 Feb 21	Calgary, AB
105	135	Terry Peters	2016 Jan 16	Richmond, BC
120	200	David Andrews	2017 Jan 14	Vancouver, BC
120+	175.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	70	Don Lovell	2013 Mar 22	Richmond, BC
74	90.0	Gable Wang	2019 Feb 23	Burnaby, BC
83	107.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	120	Walt Dengler	2018 Feb 21	Calgary, AB
105	102.5	Terry Peters	2016 Jan 16	Richmond, BC
120	140	Grant Armour	2015 Jun 28	Vancouver, BC
120+	130.0	John Quinton	2019 Feb 23	Burnaby, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	180	Don Lovell	2018 Feb 21	Calgary, AB
74	236	Bob Hindley	2017 Jun 11	Surrey, BC
83	187.5	Ronald Heron	2019 Feb 23	Burnaby, BC
93	230	Jack Chin	2018 May 6	Victoria, BC
105	205	Terry Peters	2016 Jan 16	Richmond, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	185.0	John Quinton	2019 Feb 23	Burnaby, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	354	Don Lovell	2016 Feb 17	Regina, SK
74	501	Bob Hindley	2017 Jun 11	Surrey, BC
83	412.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	557.5	Walt Dengler	2018 Feb 21	Calgary, AB
105	442.5	Terry Peters	2016 Jan 16	Richmond, BC
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	490.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	70	Don Lovell	2013 Mar 22	Richmond, BC
74	90.0	Gable Wang	2019 Feb 23	Burnaby, BC
83	110	Stephen Williams	2018 Feb 11	Burnaby, BC
93	120	Walt Dengler	2018 Feb 21	Calgary, AB
105	155	William Belich	2018 Jun 23	Surrey, BC
120	157.5	William Belich	2017 Jun 10	Surrey, BC
120+	145	John Quinton	2018 Feb 11	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER IV



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	77.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	85	Thomas Cragg	2018 Jun 23	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	50	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	45	Thomas Cragg	2017 Jun 10	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	135	Thomas Cragg	2016 Jun 19	Killeen, TX
74	147.5	Thomas Cragg	2018 Jun 23	Surrey, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	257.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	280	Thomas Cragg	2018 Feb 21	Calgary, AB
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59		no minimum		
66	50	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	46.0	Richard Mosher	2018 Sep 15	Abbotsford, BC
83		no minimum		
93		no minimum		
105		no minimum		
120		no minimum		
120+		no minimum		