



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - OPEN



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	175.0	Benjamin Yu	2019 Mar 04	Ottawa, ON
66	248.0	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	250.5	Bryce Thomson	2018 Jun 24	Surrey, BC
83	260.5	Randy Yee	2016 Aug 7	Victoria, BC
93	300.0	Newton Ly	2018 Feb 23	Calgary, AB
105	333.0	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	352.5	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	320.0	Tanner Braaten	2019 Mar 04	Ottawa, ON

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	132.5	Benjamin Yu	2019 Jun 04	Helsingborg, Sweden
66	138.0	Andrew Lang	2019 Jan 19	Vancouver, BC
74	150.5	Taylor Danggas	2017 Apr 8	Abbotsford, BC
83	194.0	Adam Ramzy	2018 Feb 22	Calgary, AB
93	197.5	Cody Weeks	2018 Feb 23	Calgary, AB
105	195.0	Ruslan Yarullin	2019 May 05	Sidney, BC
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	212.5	Pete Williams	2018 Feb 22	Calgary, AB
66	277.5	Jake Allison	2018 Feb 21	Calgary, AB
74	281.5	Bryce Thomson	2018 Jun 24	Surrey, BC
83	315.0	Adam Ramzy	2018 Feb 22	Calgary, AB
93	302.5	Matthew Lewis Vena	2019 Mar 04	Ottawa, ON
105	320.0	Ruslan Yarullin	2019 May 05	Sidney, BC
120	340.0	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	333.0	Joel Klassen	2016 Aug 21	Kamloops, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	505.0	Pete Williams	2018 Feb 22	Calgary, AB
66	660.5	Stephen Cascioli	2017 Mar 4	Columbus, OH
74	662.0	Bryce Thomson	2018 Jun 24	Surrey, BC
83	771.5	Adam Ramzy	2018 Feb 22	Calgary, AB
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	820.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	890.0	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	850.0	Josh Simpson	2018 Feb 23	Calgary, AB

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	132.5	Benjamin Yu	2019 Jun 04	Helsingborg, Sweden
66	138.0	Andrew Lang	2019 Jan 19	Vancouver, BC
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	194.0	Adam Ramzy	2018 Feb 22	Calgary, AB
93	197.5	Cody Weeks	2018 Feb 23	Calgary, AB
105	195.0	Ruslan Yarullin	2019 May 05	Sidney, BC
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	242.5	Gregory Young	2019 May 18	Tokyo, Japan



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - SUB-JUNIOR



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	90.5	minimum standard		
59	130.0	Julian Mok	2018 Sep 15	Abbotsford, BC
66	185.0	Reiley Zarate	2017 Oct 14	New Westminster, BC
74	195.0	Damian Hu	2019 Feb 23	Burnaby, BC
83	220.0	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	227.5	Nicholas Tunzi	2019 Feb 23	Burnaby, BC
105	210.0	William Buhler	2016 Aug 7	Victoria, BC
120	220.0	William Buhler	2016 Nov 12	Edmonton, AB
120+	250.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	65.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	115.0	Kaeden Ottenbreit	2018 Nov 18	Victoria, BC
74	123.0	Damian Hu	2019 Feb 23	Burnaby, BC
83	132.5	Alexander Domingo	2017 Nov 18	Abbotsford, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	125.0	Gavin Appleton	2018 Jun 23	Surrey, BC
120	129.0	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	87.5	minimum standard		
59	195.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	212.5	Zachary Jackson	2018 Mar 24	Abbotsford, BC
74	232.5	James Gleave	2018 May 6	Victoria, BC
83	245.0	Kailen Smith	2016 Mar 20	Richmond, BC
93	239.0	Nicholas Tunzi	2019 Feb 23	Burnaby, BC
105	227.5	William Buhler	2016 Aug 7	Victoria, BC
120	237.5	William Buhler	2016 Nov 12	Edmonton, AB
120+	270.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	225.5	minimum standard		
59	390.5	Jackie Yu	2017 Jun 11	Surrey, BC
66	490.0	Zachary Jackson	2018 Mar 24	Abbotsford, BC
74	545.5	Damian Hu	2019 Feb 23	Burnaby, BC
83	575.0	Matthew Lewis Vena	2016 Aug 20	Kamloops, BC
93	576.5	Nicholas Tunzi	2019 Feb 23	Burnaby, BC
105	550.0	William Buhler	2016 Aug 7	Victoria, BC
120	585.0	William Buhler	2016 Nov 12	Edmonton, AB
120+	670.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	66.5	minimum standard		
59	87.5	Dickson Giang	2017 Apr 8	Abbotsford, BC
66	115.0	Kaeden Ottenbreit	2018 Nov 18	Victoria, BC
74	123.0	Damian Hu	2019 Feb 23	Burnaby, BC
83	135.0	James Taylor	2012 Jun 3	Vancouver, BC
93	137.5	Eric Lee	2014 Jun 22	Vancouver, BC
105	187.5	Roberto Villalta	2012 Apr 12	Calgary, AB
120	129.0	Jaston Dhaliwal	2017 Jun 11	Surrey, BC
120+	150.0	Damjan Bulatovic	2014 Jun 22	Vancouver, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - JUNIOR



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	130.0	Anthony Kong	2019 Jan 19	Vancouver, BC
59	155.0	Daniel Lu	2016 Jun 25	Surrey, BC
66	227.5	Jake Allison	2018 Feb 21	Calgary, AB
74	225.0	Logan Tarasoff	2016 Aug 20	Kamloops, BC
83	255.0	Logan Tarasoff	2019 Mar 04	Ottawa, ON
93	300.0	Newton Ly	2018 Feb 23	Calgary, AB
105	333.0	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	352.5	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	287.5	Dylan Roach	2019 Jan 19	Vancouver, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	80.0	minimum standard		
59	112.5	Daniel Lu	2016 Jun 25	Surrey, BC
66	137.5	Jake Allison	2018 Feb 21	Calgary, AB
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	152.5	Logan Tarasoff	2019 Mar 04	Ottawa, ON
93	175.0	An Dinh	2016 Aug 20	Kamloops, BC
105	185.5	Jayden Lucier	2019 Mar 16	Burnaby, BC
120	200.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	185.0	Dylan Roach	2019 Jan 19	Vancouver, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	160.5	Sam Firouzli	2019 Apr 13	Richmond, BC
59	197.5	Derek Situ	2018 Jun 23	Surrey, BC
66	277.5	Jake Allison	2018 Feb 21	Calgary, AB
74	260.0	Mark Robles	2019 Jan 19	Vancouver, BC
83	275.0	Randy Yee	2015 Dec 3	Richmond, BC
93	302.5	Matthew Lewis Vena	2019 Mar 04	Ottawa, ON
105	315.0	Cameron St. Amand	2019 Mar 04	Ottawa, ON
120	340.0	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	322.5	Dylan Roach	2019 Jan 19	Vancouver, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	357.5	Anthony Kong	2019 Jan 19	Vancouver, BC
59	447.5	Derek Situ	2018 Jun 23	Surrey, BC
66	642.5	Jake Allison	2018 Feb 21	Calgary, AB
74	590.0	Liam Wharton	2019 Mar 04	Ottawa, ON
83	672.5	Logan Tarasoff	2019 Mar 04	Ottawa, ON
93	757.5	Newton Ly	2017 Mar 17	Saguenay, QC
105	820.5	Cameron St. Amand	2018 Feb 24	Calgary, AB
120	890.0	Jackson Spencer	2018 Jun 12	Calgary, AB
120+	795.0	Dylan Roach	2019 Jan 19	Vancouver, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	80.0	minimum standard		
59	113.0	Justin Saw	2019 Feb 23	Burnaby, BC
66	137.5	Jake Allison	2018 Feb 21	Calgary, AB
74	150.0	Henry Vu Michaelson	2016 Jun 25	Surrey, BC
83	170.0	Ryan Maclellan	2016 Jun 25	Surrey, BC
93	182.5	Ryan Maclellan	2016 Dec 3	Montague, PEI
105	200.0	Roberto Villalta	2013 Mar 19	Richmond, BC
120	200.0	Jackson Spencer	2018 Feb 24	Calgary, AB
120+	185.5	Minh Nguyen	2019 Feb 23	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER I



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	112.5	minimum standard		
66	147.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	220.0	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	247.5	Gabriel Festing	2018 Feb 23	Calgary, AB
105	252.5	Joe Oliveira	2019 Apr 13	Richmond, BC
120	285.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	310.0	Josh Simpson	2017 Oct 14	New Westminster, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	82.5	minimum standard		
66	129.0	Sean Sikorski	2016 Jun 26	Surrey, BC
74	100.0	minimum standard		
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	177.5	Gordon Langfield	2018 Jun 8	Calgary, AB
105	180.0	Gordon Langfield	2017 Sep 8	Winnipeg, MB
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	120.0	minimum standard		
66	180.0	Don Lovell	2018 Feb 21	Calgary, AB
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	238.0	Kyle Larson	2019 Mar 16	Burnaby, BC
93	265.0	Kevin Weiss	2015 Dec 3	Richmond, BC
105	270.0	Bayard Smith	2016 Mar 20	Richmond, BC
120	2725.0	Scott Robertson	2018 Jun 23	Surrey, BC
120+	285.0	Josh Simpson	2017 Oct 14	New Westminster, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	300.5	minimum standard		
66	451.5	Sean Sikorski	2016 Jun 26	Surrey, BC
74	505.0	Bob Hindley	2016 Jun 26	Surrey, BC
83	610.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	660.0	Kevin Weiss	2015 Dec 3	Richmond, BC
105	652.5	Joe Oliveira	2016 Jun 25	Surrey, BC
120	765.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	850.0	Josh Simpson	2018 Feb 23	Calgary, AB

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	85.0	minimum standard		
66	129.0	Sean Sikorski	2016 Jun 26	Surrey, BC
74	145.5	Bill You	2012 Apr 12	Calgary, AB
83	165.5	Kevin Weiss	2016 Aug 21	Kamloops, BC
93	175.0	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175.5	Gordon Langfield	2017 Jun 11	Surrey, BC
120	210.0	Scott Robertson	2019 Mar 04	Ottawa, ON
120+	237.5	Josh Simpson	2018 Feb 23	Calgary, AB



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER II



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	85.0	minimum standard		
66	142.5	Ian Worland	2019 Feb 23	Burnaby, BC
74	182.5	Bob Hindley	2016 Jun 26	Surrey, BC
83	210.0	Andrew Bryant	2018 Jun 7	Calgary, AB
93	215.0	Gordon Langfield	2018 Jun 8	Calgary, AB
105	252.5	Joe Oliveira	2019 Apr 13	Richmond, BC
120	200.0	David Andrews	2017 Jan 14	Vancouver, BC
120+	175.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	65.0	minimum standard		
66	75.0	Ian Worland	2019 Feb 23	Burnaby, BC
74	92.5	Bob Hindley	2014 Jun 21	Vancouver, BC
83	140.0	Andrew Bryant	2018 Feb 21	Calgary, AB
93	177.5	Gordon Langfield	2018 Jun 8	Calgary, AB
105	175.0	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	135.0	Steve Mahon	2016 Oct 15	Abbotsford, BC
120+	140.0	John Quinton	2017 Sep 16	Abbotsford, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	92.5	minimum standard		
66	180.0	Don Lovell	2018 Feb 21	Calgary, AB
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	232.5	Bob Hindley	2015 Dec 3	Richmond, BC
93	255.0	Steven Reade	2019 Mar 04	Ottawa, ON
105	267.5	Patrick Selby	2018 Dec 08	Richmond, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	185.0	John Quinton	2017 Sep 16	Abbotsford, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	225.0	minimum standard		
66	367.5	Ian Worland	2019 Feb 23	Burnaby, BC
74	505.0	Bob Hindley	2016 Jun 26	Surrey, BC
83	567.5	Andrew Bryant	2018 Jun 7	Calgary, AB
93	627.5	Steven Reade	2019 Mar 04	Ottawa, ON
105	647.5	Joe Oliveira	2019 Apr 13	Richmond, BC
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	490.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	65.0	minimum standard		
66	80.0	Narinderjit Sidhu	2018 Sep 15	Abbotsford, BC
74	95.0	Gable Wang	2013 Nov 02	Abbotsford, BC
83	145.0	Andrew Bryant	2018 Feb 20	Calgary, AB
93	175.0	Gordon Langfield	2018 Feb 21	Calgary, AB
105	175.0	Gordon Sjodin	2017 Jan 14	Vancouver, BC
120	160.0	Gordon Sjodin	2016 Jan 16	Richmond, BC
120+	182.5	Reid Umlah	2019 Feb 23	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER III



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	115.0	Don Lovell	2018 Jun 7	Calgary, AB
74	180.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	137.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	210.0	Walt Dengler	2018 Feb 21	Calgary, AB
105	135.0	Terry Peters	2016 Jan 16	Richmond, BC
120	200.0	David Andrews	2017 Jan 14	Vancouver, BC
120+	175.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	90.0	Gable Wang	2019 Feb 23	Burnaby, BC
83	107.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	120.0	Walt Dengler	2018 Feb 21	Calgary, AB
105	102.5	Terry Peters	2016 Jan 16	Richmond, BC
120	140.0	Grant Armour	2015 Jun 28	Vancouver, BC
120+	130.0	John Quinton	2019 Feb 23	Burnaby, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	180.0	Don Lovell	2018 Feb 21	Calgary, AB
74	236.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	187.5	Ronald Heron	2019 Feb 23	Burnaby, BC
93	237.5	Jack Chin	2019 May 05	Sidney, BC
105	205.0	Terry Peters	2016 Jan 16	Richmond, BC
120	217.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	185.0	John Quinton	2019 Feb 23	Burnaby, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	354.0	Don Lovell	2016 Feb 17	Regina, SK
74	501.0	Bob Hindley	2017 Jun 11	Surrey, BC
83	412.5	Barry Stewart	2017 Nov 18	Abbotsford, BC
93	557.5	Walt Dengler	2018 Feb 21	Calgary, AB
105	442.5	Terry Peters	2016 Jan 16	Richmond, BC
120	547.5	David Andrews	2017 Jan 14	Vancouver, BC
120+	490.0	John Quinton	2019 Feb 23	Burnaby, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	70.0	Don Lovell	2013 Mar 22	Richmond, BC
74	90.0	Gable Wang	2019 Feb 23	Burnaby, BC
83	110.0	Stephen Williams	2018 Feb 11	Burnaby, BC
93	120.0	Walt Dengler	2018 Feb 21	Calgary, AB
105	155.0	William Belich	2018 Jun 23	Surrey, BC
120	157.5	William Belich	2017 Jun 10	Surrey, BC
120+	145.0	John Quinton	2018 Feb 11	Burnaby, BC



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER IV



SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	77.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	85.0	Thomas Cragg	2018 Jun 23	Surrey, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	0.0	no minimum		
120	0.0	no minimum		
120+	0.0	no minimum		

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	50.0	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	45.0	Thomas Cragg	2017 Jun 10	Surrey, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	0.0	no minimum		
120	0.0	no minimum		
120+	0.0	no minimum		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	135.0	Thomas Cragg	2016 Jun 19	Killeen, TX
74	147.5	Thomas Cragg	2018 Jun 23	Surrey, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	0.0	no minimum		
120	0.0	no minimum		
120+	0.0	no minimum		

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	257.5	Thomas Cragg	2016 Jun 19	Killeen, TX
74	280.0	Thomas Cragg	2018 Feb 21	Calgary, AB
83	0.0	no minimum		
93	0.0	no minimum		
105	0.0	no minimum		
120	0.0	no minimum		
120+	0.0	no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	50.0	Thomas Cragg	2014 Jun 22	Vancouver, BC
74	46.0	Richard Mosher	2018 Sep 15	Abbotsford, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	0.0	no minimum		
120	0.0	no minimum		
120+	0.0	no minimum		