

Oct. 12 and 13, 2019

2019 BCPA Fall Classic Powerlifting and Bench Press Championships - New Westminster, BC

Name	Category	BW	Class	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF Points
Unequipped Women														
Emily Kityan Lee	F-JR-U	43.46	47	47.5	50	55	30	32.5	35	72.5	77.5	85	175	341.001
Lucy Qiu	F-JR-U	45.97	47	52.5	57.5	62.5	27.5	32.5	35	62.5	67.5	77.5	175	332.3
Amerpreet Minhas	F-JR-U	51.79	52	-77.5	82.5	92.5	50	-55	55	92.5	97.5	105	252.5	472.826
Jessica Ho	F-JR-U	57	57	120	125	132.5	52.5	57.5	-60	112.5	117.5	-122.5	307.5	556.049
Jenna Wu	F-JR-U	52.63	57	95	102.5	107.5	47.5	50	-52.5	-105	105	112.5	270	504.101
Hannah Bugas	F-JR-U	79.39	84	-132.5	132.5	-142.5	60	62.5	-65	132.5	140	-145	335	524.31
Fraze Do	F-O-U	51.29	52	97.5	105	107.5	40	42.5	-47.5	102.5	112.5	125	275	520.928
Anh Chi Bui	F-O-U	55.86	57	85	92.5	97.5	47.5	52.5	55	92.5	100	110	262.5	475.213
Szee-won Lee	F-O-U	59.65	63	90	97.5	102.5	45	-50	-52.5	105	112.5	117.5	265	465.727
Jazmine Brimhall	F-O-U	60.2	63	95	97.5	-102.5	45	47.5	-50	-110	110	120	265	463.823
Karen Madi	F-O-U	57.45	63	75	82.5	85	47.5	52.5	55	102.5	110	117.5	257.5	459.613
Heather Blow	F-O-U	69.81	72	120	122.5	125	72.5	75	77.5	137.5	140	142.5	345	569.784
Samantha Luangphixay	F-O-U	70.3	72	100	105	110	50	-55	-55	112.5	120	132.5	292.5	480.537
Victoria Laaber	F-O-U	70.9	72	102.5	-110	-110	42.5	47.5	-50	112.5	-120	125	275	449.841
Britta Budden	F-O-U	81.85	84	100	-110	-110	47.5	52.5	-55	120	130	140	292.5	452.928
Anne Andres	F-O-U	92.66	84+	92.5	-102.5	102.5	75	77.5	80	142.5	145	150	332.5	491.03
Kristine Bayntun	F-O-U	89.47	84+	100	105	110	52.5	57.5	60	135	137.5	150	320	478.992
Jenna Mcneil	F-O-U	86.45	84+	90	100	110	50	55	-60	120	130	140	305	462.678
Shao Feng Sophia Wang	F-M2-U	51.8	52	50	-52.5	52.5	35	37.5	-40	70	-75	75	165	295.842
Katica Krakan	F-M2-U	68.1	72	77.5	-80	80	47.5	52.5	55	87.5	95	97.5	232.5	385.058

Unequipped Men														
Mandeep Shoker	M-SJR-U	88.94	93	135	165	-170	60	75	-82.5	157.5	175	182.5	422.5	375.757
Mohit Parmar	M-SJR-U	101.05	105	160	175	185	95	-105	115	175	187.5	202.5	502.5	425.261
Joshua Romero	M-JR-U	73.24	74	197.5	-210	-210	110	115	-120	-252.5	273	-282.5	585.5	634.314
Oliver Williams	M-JR-U	73.78	74	-187.5	187.5	197.5	102.5	107.5	-112.5	220	232.5	237.5	542.5	578.317
Jericho Kaus	M-JR-U	81.15	83	195	205	-212.5	-127.5	127.5	132.5	220	230	235	572.5	574.234
Michael Lee	M-JR-U	75.31	83	177.5	192.5	202.5	105	112.5	-115	192.5	205	-210	520	542.45
Aidan Richard	M-JR-U	81.91	83	-125	-125	125	72.5	-80	-80	155	170	172.5	370	338.714
Kevin Nguyen	M-JR-U	82.93	83	-185	-185	-185	-	-	-	-	-	-	-	-
Landyn Hickmott	M-JR-U	91.62	93	242.5	255	265	137.5	145	150	250	265	-275	680	643.887
Connor Trotter	M-JR-U	90.08	93	180	192.5	205	142.5	157.5	-170	185	197.5	210	572.5	534.68
Mitchell Johnson	M-JR-U	90.31	93	150	-165	-170	115	125	130	185	200	210	490	444.643
Jacob Andrew	M-JR-U	90.87	93	135	142.5	150	97.5	102.5	105	155	165	175	430	378.179
Robert Jastrzebski	M-JR-U	91.26	93	145	147.5	-160	87.5	-92.5	-95	182.5	195	-200	430	377.049
Parker Ram	M-JR-U	104.17	105	-210	210	227.5	120	127.5	135	245	255	265	627.5	541.838
Nathan Godden	M-JR-U	96.55	105	157.5	-172.5	180	115	125	132.5	165	180	190	502.5	438.101
Benjamin Yu	M-O-U	59.43	66	170	177.5	-180	125	132.5	-138.5	197.5	-205	-215	507.5	636.941
Andy Park	M-O-U	73.62	74	135	145	155	80	85	90	167.5	-180	190	435	447.655
Bryce Thomson	M-O-U	81.21	83	247.5	260	-265.5	132.5	-135	137.5	277.5	290	-295	687.5	706.258
Jonathan Cruz	M-O-U	78.02	83	192.5	212.5	227.5	132.5	142.5	150	225	-252.5	255	632.5	661.255
Bryan Wong	M-O-U	80.78	83	210	-220	225	125	130	-132.5	240	252.5	-270	607.5	616.484
Thomas Pham	M-O-U	81.98	83	177.5	187.5	197.5	130	132.5	147.5	227.5	245	260	605	607.338
Steven Pritula	M-O-U	82.85	83	180	190	200	130	137.5	142.5	215	227.5	232.5	575	568.823
Quoc Nguyen	M-O-U	81.48	83	185	192.5	-205	137.5	140	145	202.5	217.5	227.5	565	563.99
Wissam Nassrallah	M-O-U	80.81	83	165	175	185	-105	105	-115	220	235	245	535	532.651
Chad Nabe	M-O-U	82.11	83	167.5	175	-185	117.5	125	-127.5	195	207.5	212.5	512.5	500.952

Mickie Hildebrandt	M-SO-U	98.83	105	80	85	87.5	50	55	-57.5	97.5	105	-107.5	247.5	169.525
Callum Maclagan	M-SO-U	132.19	120+	132.5	-140	140	127.5	132.5	-137.5	182.5	190	200	472.5	334.183

BENCH PRESS ONLY

Name	Category	BW	Class	BP1	BP2	BP3	Total	IPF Points
Unequipped Women								
Diana Dina Tan	F-JR-U	62.6	63	52.5	57.5	-62.5	57.5	483.58
Equipped Women								
Wendy Pronick	F-O	61.17	63	-100	102.5	105	105	597.365
Lynne Desautels	F-O	79.91	84	-120.5	-120.5	-120.5	-	-
Unequipped Men								
Noa Fedyk	M-SJR-U	73.5	74	-125	125	-135	125	555.98
Jeremy Klaus	M-O-U	82.94	83	152.5	160	167.5	167.5	681.734
Arman Shahnaz	M-O-U	82.26	83	100	107.5	115	115	470.539
Adam Yusuf	M-O-U	89.93	93	77.5	82.5	90	90	346.339
David Noma	M-O-U	99.35	105	120	130	140	140	505.373
Joshua Hobson	M-M1-U	102.27	105	157.5	160	-170	160	567.262
Ward Plunet	M-M2-U	64.31	66	67.5	72.5	-75	72.5	358.492
Murray Fenwick	M-M4-U	73.1	74	35	55	57.5	57.5	255.938
Alan Beer	M-M4-U	75.69	83	80	-82.5	-82.5	80	347.432
Equipped Men								
Justin Saw	M-JR	62.57	66	-128	-128	-128	-	-

John Wesley Cummings	M-O	105	105	240	250	255	255	641.376
Benjamin Smith	M-O	106.27	120	175	195	210	210	550.83
Scott Robertson	M-M1	121.33	120+	-272.5	272.5	-275	272.5	625.373