



## 2019 BC Men's Bench Only Lifter Rankings



Rank	Name	Contest	Location	Date	Age Category	Weight Class	BW	Bench	Total	Points
1	Ryan Maclellan	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	83	82.37	182.5	182.5	746.5
2	Jan Mareels	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	74	69.4	65	205	712.02
3	Benjamin Yu	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	59	58.46	129.5	129.5	700.33
4	Gregory Young	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	120+	152.05	240	240	683.8
5	Jeremy Klaus	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Open	83	82.94	167.5	167.5	681.73
6	Terence Gregory Young	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	120+	152.77	237.5	237.5	675.12
7	Graham Aarsen	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	93	92.16	177.5	177.5	672.33
8	Ken Windsor	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	120	109.95	100	265	644.23
9	Justin Saw	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Junior	59	57.45	113	113	620.83
10	Jonathan Cruz	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	83	77.65	145	145	618.89
11	King To Wong	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Junior	74	69.4	130	130	605.16
12	Aaron Schlogl	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	59	46.5	42.5	95	597.04
13	Brian Rock	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Master 3	120	111.66	177	177	595.36
14	Minh Nguyen	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Junior	120+	140.4	195	195	578.66
15	Andrew Bryant	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 2	93	90.73	150	150	574.03
16	Jason Klaus	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	120+	157.19	202.5	202.5	567.95
17	Joshua Hobson	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Master 1	105	102.27	160	160	567.26
18	Gordon Sjodin	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Master 2	93	92.64	150	150	566.21
19	Sumeet Sharma	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	93	90.29	145	145	556.69
20	Noa Fedyk	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Sub-Junior	74	73.5	125	125	555.98
21	Scott Robertson	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Master 1	120	118.02	170	170	553.99
22	Tung Hsuan Yen	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Sub-Junior	74	71.5	120	120	545.3
23	Eric Brust	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	120+	155.8	192.5	192.5	542.34
24	Reid Umlah	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 2	120+	150	188	188	539.66
25	David Noma	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Open	105	99.35	140	140	505.37
26	Jerome Caraang	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	93	91.21	132.5	132.5	505.27
27	Ian Brannan	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	105	103.4	67.5	182.5	505.22
28	Shomari Powell	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	120+	129.43	160	160	495.73
29	Samuel Poirier	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	74	72.4	107.5	107.5	483.54
30	Graeme Gerlach	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Junior	93	90.72	125	125	478.36
31	Arman Shahnaz	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Open	83	82.26	115	115	470.54
32	Xuan Phong Bui	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	120	119.41	145	145	469.58
33	Eric McCooeey	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Master 4	83	80.2	110	110	458.27
34	Altan Thomas	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	120	107.5	55	152.5	438.08
35	Narinderjit Sidhu	2019 Western Canadians	Saskatoon, SK	Sep 06, 2019	Master 2	66	63.84	87.5	87.5	435.98
36	Julien Durant	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	74	70.7	95	95	435.16
37	Christopher Reed	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 1	120+	143.2	147.5	147.5	433.73
38	John Quinton	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Master 3	120+	130.25	135	135	417.08
39	Ivan Bartel	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Master 2	120	107.2	120	120	413.65
40	Jordan Spaan	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Junior	120+	131.15	130	130	400.22
41	Jonathan Michael	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 2	83	81.05	95	95	392.67
42	Ward Plunet	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Master 2	66	64.31	72.5	72.5	358.49
43	Alan Beer	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Master 4	83	75.69	80	80	347.43
44	Adam Yusuf	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Open	93	89.93	90	90	346.34
45	Brian Fisher	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 3	83	79.58	82.5	82.5	345.38
46	Murray Fenwick	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Master 4	74	73.1	57.5	57.5	255.94