



2019 BC Women's Bench Only Lifter Rankings



Rank	Name	Contest	Location	Date	Age Category	Weight Class	BW	Bench	Total	Points
1	Wendy Pronick	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Open	63	61.17	105	105	834.84
2	Magdalena Kijak	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Master 1	57	55.79	86	86	722.89
3	Hannah Southwood	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	57	54.54	77.5	77.5	664.07
4	Angela Welch	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	72	71.75	77.5	77.5	597.01
5	Dana Lester	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Master 1	72	68.85	76	76	595.65
6	Sylvia Stockall-Douglas	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Master 3	63	61.55	67.5	67.5	559.41
7	Juliette Neidig	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Junior	72	71.84	70	70	545.93
8	Ekaterina Slivko	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Open	72	71.57	67.5	67.5	529.68
9	Pat Kowal	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Master 3	72	64.14	63	63	518.71
10	Diana Dina Tan	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Junior	63	62.6	57.5	57.5	483.58
11	Kelly Wharton	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 2	63	62.2	52.5	52.5	448.44
12	Sarah Brown	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	84+	99.95	47.5	145	439.4
13	Asia Mya Young	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 1	57	55.39	47.5	47.5	429.25
14	Teresa Taylor	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 2	57	56.64	45	45	406.82
15	Kathlyn Jensen	2019 BCPA Mens Provincials	Langley, BC	Jun 22, 2019	Master 3	63	59.77	45	45	399.35
16	Nihleen Sharma	2019 Winter Open	Burnaby, BC	Feb 23, 2019	Open	57	56.4	37.5	37.5	350.33