



2019 BC Women's Top 50 Lifter Rankings



Rank	Name	Contest	Location	Date	Age Category	Weight Class	BW	Squat	Bench	Dead	Total	Points
1	Victoria Clayton	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	72	66.81	160.5	87.5	182.5	430.5	727.85
2	Tu Le	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	57	56.33	152.5	72.5	160	385	707.36
3	Jenna Sabino	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	57	56.79	140	80	163.5	383.5	701.47
4	Marie Joaquin	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	52	50.75	137.5	70	152.5	360	698.18
5	Elizabeth Fragione	2019 Rally in the Valley	Kelowna, BC	Jul 27, 2019	Open	63	62.64	163	77.5	157.5	398	693.28
6	Cynthia Leighton	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	57	55.99	135	80	160	375	690.47
7	Jessica Bill	2019 Vancouver Island Powerlifting Championships	Victoria, BC	May 04, 2019	Open	72	70.57	152.5	95	157.5	405	666.88
8	Hannah Southwood	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	57	55.48	122.5	83	152.5	358	661.04
9	Jennifer Luther Thomas	2019 Western Canadians	Saskatoon, SK	Sep 06, 2019	Open	63	62.33	145	67.5	165	377.5	658.27
10	Olivia Lim	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Junior	84	82.74	155	80	192.5	427.5	656.86
11	Madison Arnold	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	72	69.6	142.5	72.5	180	395	654.36
12	Bianca Broadbent	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	84+	117.04	190	115	182.5	487.5	654.05
13	Emily Wiggins	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	72	66.59	130	90	165	385	650.73
14	Chloe Burnham	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	84	83.21	160	82.5	180	422.5	647.72
15	Colette Jesson	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	84	73.99	150	90	160	400	644.78
16	Sabina Wu	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	52	51.36	122.5	70	142.5	335	642.62
17	Pier Briggeman	2019 Rally in the Valley	Kelowna, BC	Jul 27, 2019	Open	72	67.87	142.5	82.5	157.5	382.5	640.74
18	Marina McCain	2019 Western Canadians	Saskatoon, SK	Sep 06, 2019	Open	72	69.44	150	75	160	385	638.26
19	Lily Riggs	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	72	70.74	142.5	77.5	167.5	387.5	637.09
20	Elysee Wong	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	63	61.42	137.5	75	150	362.5	635.94
21	Elisse Cataford	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	84+	85.88	167.5	80	170	417.5	631.93
22	Denae Swadden	2019 Western Canadians	Saskatoon, SK	Sep 06, 2019	Open	72	69.46	122.5	82.5	175	380	629.79
23	Lucy Botelho	2019 Western Canadians	Saskatoon, SK	Sep 06, 2019	Master 1	57	56.5	122.5	60	160	342.5	625.21
24	Angela Welch	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	72	71.76	132.5	87.5	160	380	620.67
25	Michelle Gnrya	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	72	69.63	147.5	75	150	372.5	616.52
26	Pei Chen	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	57	55.5	120	60	152.5	332.5	611.71
27	Zoe Peterson	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	63	62.43	120	67.5	162.5	350	608.56
28	Mackenzie Lee	2019 Rumble in the Jungle Vol. 2	Richmond, BC	Dec 07, 2019	Open	84+	105.44	180	105	150	435	608.25
29	Momoka Koshikawa	2019 The Silverback Blitz	Richmond, BC	Apr 13, 2019	Open	63	62.64	135	75	140	350	607.59
30	Bianca Amanda Broadbent	2019 UBC New Years Championships	Vancouver, BC	Jan 19, 2019	Open	84+	104.6	170	97.5	165	432.5	606.62
31	Aimee Mergaert	2019 The Legend of the Three Lifts	Burnaby, BC	Mar 16, 2019	Master 1	84+	126.71	185	100	177.5	462.5	605.31
32	Shadie Bourget	2019 Rally in the Valley	Kelowna, BC	Jul 27, 2019	Open	72	71.23	122.5	87.5	157.5	367.5	602.03
33	Kimberley Williams	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	72	71.44	110	82.5	175	367.5	601.25
34	Jasmine St. Godard	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	72	70.56	130	70	165	365	600.4
35	Karen Lewis	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	84	82.14	142.5	85	160	387.5	597.67
36	Katherine Lawrence	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Master 2	84	79.55	151	72.5	157.5	381	595.47
37	Andrea Chee	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	84	76.06	147.5	72.5	152.5	372.5	593.23
38	Alyx Romaniuk	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	84	80.67	137.5	85	157.5	380	590.51
39	Letitia Marien	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	84	79.12	145	72.5	157.5	375	587.45
40	Lynne Desautels	2019 The Legend of the Three Lifts	Burnaby, BC	Mar 16, 2019	Open	72	71.91	137.5	80	142.5	360	587.19
41	Fiona Chen	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	57	53.87	117.5	55	142.5	315	586.87
42	Jennifer Hotner	2019 Vancouver Island Powerlifting Championships	Victoria, BC	May 04, 2019	Master 1	84	75.74	147.5	72.5	147.5	367.5	586.3
43	Teesh Castillo	2019 Rally in the Valley	Kelowna, BC	Jul 27, 2019	Open	72	70.82	135	82.5	137.5	355	582.82
44	Caitlin Chan Mcleod	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	72	69.3	135	67.5	147.5	350	580.03
45	Alexandria Schellenberg	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	84+	87.9	142.5	75	167.5	385	578.07
46	Eva Leitin	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Junior	72	71.71	117.5	62.5	172.5	352.5	575.54
47	Melissa Kasper	2019 BCPA Womens Provincials	New Westminster, BC	Oct 12, 2019	Open	84	83.23	137.5	65	172.5	375	575.5
48	Colleen O'Toole	2019 CPU Nationals	Ottawa, ON	Mar 04, 2019	Open	57	56.29	115	75	125	315	573.84
49	Jessica Kalyln	2019 The Silverback Blitz	Richmond, BC	Apr 13, 2019	Open	57	54.55	107.5	72.5	130	310	573.32
50	Heather Blow	2019 BCPA Fall Classic	New Westminster, BC	Oct 12, 2019	Open	72	69.81	125	77.5	142.5	345	569.78