



2017 AGM Meeting Agenda

Saturday, January 28, 2017, 1:00pm

Fortius Health & Sport Centre, 3713 Kensington Ave, Burnaby, BC

BCPA Executive Members:

- | | | |
|---|---|--|
| <input type="checkbox"/> Gabriel Festing, President | <input type="checkbox"/> Elizabeth Anderson, Vice President | <input type="checkbox"/> Brian Rock, Treasurer |
| <input type="checkbox"/> Gorden Sjodin, Registrar | <input type="checkbox"/> Bonney Rempel, Secretary | <input type="checkbox"/> Tanner Braaten |
| <input type="checkbox"/> Cody Weeks | <input type="checkbox"/> Peter Radonic | <input type="checkbox"/> Wendy Yamazaki |
| <input type="checkbox"/> Joel Klassen | <input type="checkbox"/> Kama Guezelova | <input type="checkbox"/> Cole Thevenot |
| <input type="checkbox"/> Ben Nickerson | | |

1. Call to Order

2. Review and approval of previous AMG meeting minutes from January, 2016.

3. Officer's Reports

Gabe, President – Overview of the year, Mission, Vision, Goals

Elizabeth, Vice President – Overview

Brian, Treasurer – 2016 expenditures and revenues

Gord, Registrar – Membership Numbers

Bonney, Secretary – BCPA Branding, Team BC uniforms, Website, newsletter, videos

Cody – Bursary program

4. New Business

- Drug Testing 2017
- Event Updates
- AGM/ Constitution revisions

6. Announcements

7. Adjournment

BCPA Mission: To provide infrastructure and support for provincial powerlifting competitions.

BCPA Vision: To be the number one most-recognized strength sport in BC.

GOAL #1 - Improve membership retention

GOAL #2 - Develop the Powerlifting Community

GOAL #3 - Solidify and improve internal processes

BCPA President's Report BCPA AGM – January 28, 2017

2017 is going to be a busy year in BCPA. So far, we have had one competition already with 9 more scheduled competitions and possibly one more in the works.

2016 IN REVIEW

In 2016, the BCPA awarded two Athlete of the Year awards and two Volunteer of the Year awards. In addition, the BCPA introduced a Bursary award. Our Executive member, Cody Weeks, will provide more information relating to these awards and the recipients.

Our social media has exploded. Our Facebook page has increased by 22% in likes in just one year making this our primary information source for the community. The BCPA Instagram has become more popular. The athletes have been tagging the #bcpa and #bcpowerlifting and sharing all of their highlights from each of their competitions or sharing their experiences from their training. It has been a great avenue for our community of lifters to communicate and socialize.

We have seen an increase in membership by 29%. Our Registrar, Gord Sjodin, will be able to elaborate more about the specific numbers.

In an effort to accommodate all of its' new members, the Executive did its best to sanction as many competitions as possible and assisted the Clubs in hosting. In 2016, there were 9 competitions held in BC in comparison to the 8 competitions that were held in 2015.

The BCPA was proud to be able to host the Canadian Western Championships in Kamloops. Not only were we able to showcase BC's top lifters, but the BCPA was able to host a competition in the scenic Okanagan.

During these competitions, the CCES attended and conducted 7 In-Competition tests.

THE FUTURE OF THE BCPA

2016 was an election year and we have many new members on our Executive. Our Executive has been busy working at improving the BCPA on many different levels.

As mentioned, 2017 is looking to be a busy but exciting year. In addition to more competitions, we will be focussing on:

- Increased anti-doping at each competition;
- Increased Club development;
- Increased Meet hosting by either a Club or an individual;

- Increased education to our membership on both the IPF Rules and anti-doping;
- Increased Referee recruitment; and
- Forming and outfitting our National team.

Already implemented within the BCPA is the new logo and website. We hope everyone have been able to visit the new website.

This year we are looking to implement team uniforms for our BC athletes travelling to Nationals. Our Secretary, Bonney Rempel, will speak further about this.

I would like to extend my gratitude to my fellow Executive members who have helped with all of the changes and progress that we have made. As well, I would like to thank all of our Referees who come out to every competition and spent endless hours to officiate. Finally, I wish to personally thank each and every one of our volunteers. You are the reason that we are able to have our quality competitions.

Gabe Festing
BCPA President

BRITISH COLUMBIA POWERLIFTING ASSOCIATION

	<u>2015</u> ACTUAL	<u>2016</u> ACTUAL
REVENUES		
Membership	12,375	17,000
BCPA Meets	112,381	56,800
Equipment Sales	3,000	1,750
Sanction Fees	200	500
Interest	25	20
Total	\$140,326	\$76,070
EXPENSE		
Meets	90,571	36,500
Meetings/Seminars	1,552	2,166
Office/Stationary	761	1,664
Administration	1,920	1,470
Supplies	382	809
Advertising	823	1,530
Equipment Storage	2,400	2,900
Truck Insurance/Maint	2,573	1,530
Equipment Purchase	27,000	4,073
Trailer Purchase	0	7,000
Drug Testing	3,800	6,680
CPU Sanction Fees	500	500
Trailer Ins/Maint	0	320
Judges Professional	0	1067
Bursary	0	1000
Sub Total	\$132,282	\$67,142
Surplus/Deficit	8044	8928
Year Ending Total		8044
Year End Balance	8044	\$16,972

2016 BCPA FINANCIAL NOTES

REVENUES

1) EQUIPMENT SALES (\$1750) SALE OF CUBE VAN

EXPENSES

1) MEETING/SEMINARS (\$850) CPU AGM
(\$700) STRATEGIC PLANNING SESSION

2) ADMIN (\$300) JOT FORM
(\$910) DIRECTOR INSURANCE

3) OFFICE/STAT/POST (FULL TIME RECORD CHAIR)

4) SUPPLIES (\$214) PLYWOOD

5) EQUIPMENT (\$600) LIGHTING SYSTEM (2)
(\$850) SCALES (2)
(\$700) PLATFORM CARPET
(\$700) PLATFORM TREES

6) TRAILER (\$7000) REPLACED CUBE VAN WITH NEW TRAILER
PURCHASE

7) BCPA BURSARY (\$1000) 2 BURSARIES...2@\$500

8 JUDGES (\$1067) NEW CRESTS AND JACKET ALLOWANCE
PROFESSIONALISM

Secretary's Report

WEBSITE COMPLETED in 2016 I worked closely with Nicole Belanger on updating and completing the new BCPA website. Which is now compatible to all digital platforms. Most of the sections have been reformatted and information updated. The overall rankings for 2015 & 2016 have been uploaded – special thanks to Meara Muholland. We've also started an eClub Membership – over 145 people have signed up and we sent out our first eNewsletter just before Christmas . We are hoping to publish them quarterly. Going forward into 2017 I would like to put some more effort into recreating a stronger HISTORY component of the website to ensure that information is not lost.

LOGO REBRAND

Change is never easy but this board made the decision to update the BCPA logo. The existing version was very difficult to reproduce, there were several colours involved, and the source files could not be located (I suspect some were copied off of the web), again difficult to rebrand. With the new logo we have updated our event signage and coordinated table covers etc to replicate that same look. Referees have been given their new patches.

TEAM BC

As part of our mandate to increase membership retention, we wanted to create a stronger “Team” environment amongst our lifters. Starting in Quebec at the National this year we have created a Provincial uniform which of course will be available at cost for the participating athletes. T-shirts will be provided at no cost but need to be worn on the platform when lifting.

VIDEO – In 2017 I am hoping to produce short BCPA training videos of our three lifts. This project would be done in conjunction with one of our three major competitions. We want to provide our membership with the tools that promote proper lifting techniques. Videos will also showcase the proper referee commands in conjunction with the lifts.

2017 BCPA AGM – January 28, 2017

BCPA Records Chair Report – Bette Festing

2016 was a busy year with a total of 405 records either broken or set in all BCPA sanctioned competitions as well as CPU / IPF sanctioned competitions. These records were either broken or set in 14 competitions in total.

The online Records Application has shown to be more efficient as the application form itself is very user friendly. Once the applicant has submitted the form, I receive it almost immediately via the BCPA Records Chair email address. The applicant then receives an automated confirmation email from Jotform and an email from myself as the Records Chair confirming receipt of the records application. There has been only instance where an application did not come through. Once the 15 day deadline has passed, I will review all the applications and update the Provincial records and prepare the Certificates accordingly.

In addition, to the 405 records from 2016, the records prior and up to January 12, 2016 were updated to correct Bench Press Only records. Following 2012, Bench Press Only records were not updated to award a lifter with that single lift record while it was attained in the 3-lift competition. As a result 45 Certificates had been prepared for 38 lifters. Those Certificates were sent out to the respective lifters with an explanation letter.

Attached is a summary and breakdown of all the Provincial records to give everyone an idea of where the records were broken / set.

2016 Summary of BC Records Broken / Set

Unequipped

Women

Open	Jr.	Sub-Jr.	Master 1	Master 2	Master 3
50	52	9	36	8	

Men

Open	Jr.	Sub-Jr.	Master 1	Master 2	Master 3	Master 4
50	56	31	28	29	15	4

Equipped

Women

Open	Jr.	Sub-Jr.	Master 1	Master 2	Master 3
				3	3

Men

Open	Jr.	Sub-Jr.	Master 1	Master 2	Master 3	Master 4
5	2		4	12	8	

Total Records Broken / Set: 405

Breakdown of 2016 Provincial Records Broken / Set

Total Records Broken / Set: 405
Total Certificates Issued: 393

[illegible]

	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
BLM Spring Showdown							
Men	3	4	1	1			
Women	4	5		5			

Total: 23 (7 certificates not issued)

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Classic Worlds	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men							3
Women	2			2			

Total: 7

Edmonton Powersurge	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men			7				
Women				4			

Total: 11

Fall Classic	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men		3	6		2	1	
Women	5	5	4	12	4		

Total: 42 (3 certificates not issued)

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Nationals	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	1			5	6	2	1
Women	3			2	4		
<i>Equipped</i>							
Men	4	2		3	9	3	

Total: 45

New Years' Revolution	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	3	1	2		4	9	
Women	2	6					

Total: 27

Open Worlds	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
<i>Equipped</i>							
Men	1						

Total: 1

PEI Provincials	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men		1					

Total: 1

Pronick Invitational	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	8						
Women	3	4					
<i>Equipped</i>							
Women					1		

Total: 16

Provincials	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	18	17	5	16	10	3	
Women	10	12	5	6			

Total: 102

Taranis	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	1	5	4				
<i>Equipped</i>							
Men				1	2	5	
Women					2	3	

Total: 23

Westerns	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	10	9	2	4			
Women	10	8		5			
<i>Equipped</i>							
Men					1		

Total: 49

(2 certificates not issued)

Winter Open	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	4	4	4	2	1		
Women	7	5					

Total: 27

Winter Open Redux	Open	Junior	Sub-Jr	Master 1	Master 2	Master 3	Master 4
Men	2	12			6		
Women	4	7					

Total: 31



2017 AGM Meeting Minutes

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Gabe, President – Overview of the year, Mission, Vision, Goals

Elizabeth, Vice President – Overview

2016 has been a busy year for the BCPA. Near the start of the year, the executive members participated in a strategic planning session which helped us to focus our goals and direct our efforts with a new and larger board. We have continued to see new clubs form and take on meet hosting roles, and are committed to strengthening the club system and having this trend continue by helping to make the meet hosting process more transparent and accessible. The BCPA will continue to run its three core meets of the Winter Open, Provincials, and Fall Classic, and we have continued to see growth in these meets, with registration filling up within minutes or hours of opening, even with the addition of more days and more lifting slots.

We are also aiming to create a better community for our lifters who travel to regional, national and international meets, by developing a more cohesive BC team whose members know and can support each other. Eventually, we would like to be able to send Team BC coaches who can assist our athletes at these away meets.

We have also been working to deepen our pool of key skilled volunteers. We rely heavily on all types of volunteers, but have been making a special effort to increase our complement of referees and scorekeepers. We have also had several new platform chiefs step into that role with great success. Our Referee Chair will report on the increases in the ranks of our officials, and in 2017 we are hoping to implement a more official register of qualified scorekeepers and train additional people who can fill this important seat.

We are open to your feedback and ideas for moving BC Powerlifting forward in a positive direction. Thank you for taking the time to attend your AGM and provide your input into your provincial sport organization!

Brian, Treasurer – 2016 expenditures and revenues

Gord, Registrar – Membership Report

436 Active members at 1/25/2017

758 Total members since 9/3/2014

The start of the online memberships	212 female 28%	546 male 72%
ACTIVE 436 active members	124 Female 28%	312 male 72%
Associate Active		2 Male 100%
190 First Time lifters active	59 Female 31%	131 Male 69%
197 general members active	56 Female 28%	141 Male 72%
47 Special O	9 Female 19%	38 Male 81%

EXPIRED

322 Expired members	89 Female 27%	233 Male 73%
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Bonney, Secretary – BCPA Branding, Team BC uniforms, Website, newsletter, videos

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