

TOP 50 - 2017 Men's Unequipped BC Rankings

Rank	Name	Contest	Date	Location	BDW	BW-CL	Age Category	Squat	Bench	Deadlift	Total	Wilks
1	Stephen Cascioli	Arnold Slingshot Pro American	21-Mar-17	Columbus, Ohio	64.9	66	Open	248	155	257.5	660.5	525.626
2	Adam Ramzy	Pronick Invitational	18-Nov-17	Abbotsford, BC	83	83	Open	262.5	188	316.5	767	511.97
3	Cameron St. Amand	Pronick Invitational	18-Nov-17	Abbotsford, BC	107.8	120	Open	335	185	307.5	827.5	490.13
4	Jackson Spencer	5th IPF World Classic Championship	15-Jun-17	Minsk, Belarus	118.3	120	Junior	327.5	192.5	320	840	484.6
5	Newton Ly	Canadian National Championship	13-Mar-17	Saguenay, QU	92.9	93	Junior	297.5	177.5	282.5	757.5	476.089
6	Cody Weeks	BC Provincial Championship	10-Jun-17	Surrey, BC	91.2	93	Open	262.5	193	287.5	743	471.211
7	Bryce Thomson	5th IPF World Classic Championship	15-Jun-17	Minsk, Belarus	73.2	74	Open	245	122.5	277.5	645	467.63
8	Randy Yee	Pronick Invitational	18-Nov-17	Abbotsford, BC	80.1	83	Open	252.5	155	277.5	685	467.31
9	Josh Simpson	Vancity Showdown	14-Oct-17	New Westminster, BC	141.3	120+	Open	310	230	285	825	460.35
10	Austyn Ryan	NXL Bent Iron Blitz	08-Jul-17	Kamloops, BC	104.6	105	Open	285	180	277.5	742.5	444.31
11	Jason Dellatolla	BC Provincial Championship	10-Jun-17	Surrey, BC	90.9	93	Open	255	155	285	695	441.464
12	Divine Wekwa	Vancity Showdown	14-Oct-17	New Westminster, BC	82.7	83	Open	242.5	147.5	165	655	438.13
13	Sean Hayes	Lift The Rock	06-Aug-17	Victoria, BC	142.5	120+	Open	290	177.5	317.5	785	437.56
14	Pete Williams	Pronick Memorial	18-Nov-17	Abbotsford, BC	59	59	Open	170	122.5	210	502.5	435.27
15	Logan Tarasoff	BC Fall Classic	16-Sep-17	Abbotsford, BC	81.8	83	Junior	250.5	137.5	257.5	645.5	434.68
16	Gordon Wong	BC Provincial Championship	10-Jun-17	Surrey, BC	101.6	105	Open	260	150	307.5	717.5	433.944
17	Tanner Braaten	NXL Bent Iron Blitz	08-Jul-17	Kamloops, BC	168.3	120+	Open	312.5	217.5	255	785	427.04
18	Sean Janzer	BC Provincial Championship	10-Jun-17	Surrey, BC	73.5	74	Open	205	130	255	590	426.452
19	Brogan Pratt	Canadian National Championship	13-Mar-17	Saguenay, QU	72.7	74	Open	220	132.5	227.5	580	422.762
20	Colton Polsom	BCPA Winter Open	18-Feb-17	Burnaby, BC	135.7	120+	Open	282.5	180	290	752.5	422.53
21	Troy Martins	Vancity Showdown	14-Oct-17	New Westminster, BC	159.9	120+	Open	300	180	290	770	422.19
22	David Lee	Vancity Showdown	14-Oct-17	New Westminster, BC	57.9	59	Open	168	105	205.5	478.5	421.85
23	Ryun Laniec	BLM Spring Showdown	08-Apr-17	Abbotsford, BC	65.4	66	Open	180	132.5	215	527.5	417.31
24	George Shami	BC Provincial Championship	10-Jun-17	Surrey, BC	92.7	93	Open	245	150	267.5	662.5	416.845
25	Andrew Stewart	Pronick Memorial	18-Nov-17	Abbotsford, BC	106.3	120	Open	257.5	170	272.5	700	416.5
26	Vincent Wong	BC Fall Classic	16-Sep-17	Abbotsford, BC	72.2	74	Open	210	133	225	567.5	415.52
27	Henry Vu-Michaelson	BC Provincial Championship	10-Jun-17	Surrey, BC	74	74	Junior	210	142.5	222.5	575	413.598
28	Tony Vuong	Vancity Showdown	14-Oct-17	New Westminster, BC	64.3	66	Open	195	130	190	515	413.29
29	Ryan Gallo	Western Canadian Championship	08-Sep-17	Winnipeg, MB	104.4	105	Open	250	167.5	270	687.5	411.68
30	Ritchy Tran	BLM Spring Showdown	08-Apr-17	Abbotsford, BC	88.2	93	Junior	230	135	272.5	637.5	411.25
31	Eric Olsson	Canadian National Championship	13-Mar-17	Saguenay, QU	92.8	93	Open	237.5	135	280	652.5	410.423
32	Derek Goodswimmer	BLM Spring Showdown	08-Apr-17	Abbotsford, BC	118.5	120	Open	255	150	305	710	409.39
33	William Steep	Western Canadian Championship	08-Sep-17	Winnipeg, MB	90	93	Open	240	140	260	640	408.58
34	Ming-Yang Lin	Western Canadian Championship	08-Sep-17	Winnipeg, MB	73.5	74	Open	205	140	220	565	408.44
35	Praneeth Ellanti	BC Provincial Championship	10-Jun-17	Surrey, BC	71.3	74	Open	200	120	232.5	552.5	408.298
36	Matthew Lewis Vena	BC Provincial Championship	10-Jun-17	Surrey, BC	87	93	Junior	240	125	260	625	406.188
37	Timothy Alex Hannaford	BC Provincial Championship	10-Jun-17	Surrey, BC	73.3	74	Junior	205	115	240	560	405.552
38	Matthew Taylor	BC Provincial Championship	10-Jun-17	Surrey, BC	79.4	83	Junior	210	143	237.5	590.5	405.083
39	Nicholas Lung Sanz	Canadian National Championship	13-Mar-17	Saguenay, QU	65.6	66	Open	187.5	117.5	207.5	512.5	404.414
40	Daniel Nhung	BC Provincial Championship	10-Jun-17	Surrey, BC	71.8	74	Open	190	142.5	217.5	550	404.36
41	Christopher Soo	Lift The Rock	06-Aug-17	Victoria, BC	102.9	105	Open	232.5	150	287.5	670	403.27
42	Andrew Lang	Vancity Showdown	14-Oct-17	New Westminster, BC	65.1	66	Open	162.5	137.5	207.5	507.5	403.06
43	Dilawar Paul	BC Provincial Championship	10-Jun-17	Surrey, BC	107.3	120	Junior	225	162.5	290	677.5	401.893
44	James Audas	BCPA Winter Open	18-Feb-17	Burnaby, BC	117.5	120	Open	260	170	262.5	692.5	400.13
45	Sam Glennie	BC Provincial Championship	10-Jun-17	Surrey, BC	104.3	105	Open	220	165	282.5	667.5	399.833
46	Landyn Hickmott	Western Canadian Championship	08-Sep-17	Winnipeg, MB	90.1	93	Junior	240	135	250	625	398.69
47	Michael Paine	BC Provincial Championship	10-Jun-17	Surrey, BC	89.5	93	Open	215	142.5	265	622.5	398.525
48	Jonathan Muller	BCPA Winter Open	18-Feb-17	Burnaby, BC	102.5	105	Open	227.5	155	277.5	660	397.85
49	Nathan Ly	BLM Spring Showdown	08-Apr-17	Abbotsford, BC	73.2	74	Open	200	115	232.5	547.5	397.1
50	Jason Lau	Vancity Showdown	14-Oct-17	New Westminster, BC	72.7	74	Open	190	135	220	545	397.03