

May 4 - 5

## 2019 VANCOUVER ISLAND POWERLIFTING CHAMPIONSHIPS, VICTORIA, BC

Name	Cat.	B/W	Cls.	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF Points
<b>Unequipped Women</b>														
Catherine Nguyen	F-JR-U	50.93	52	85	87.5	92.5	-42.5	45	50	-107.5	115	122.5	265	502.37
Lauren Allard	F-JR-U	67.95	72	95	105	-112.5	55	-60	-60	125	140	-145	300	500.13
Hannah Southwood	F-O-U	55.12	57	107.5	115	120	72.5	77.5	80	147.5	155	-160	355	657.50
Jessica Bill	F-O-U	70.57	72	140	145	152.5	90	92.5	95	145	152.5	157.5	405	666.89
Aimee Thompson	F-O-U	82.95	84	97.5	105	110	55	60	-62.5	100	110	115	285	439.30
Asia Young	F-M1-U	55.63	57	60	65	70	40	45	50	90	100	-107.5	220	394.28
Nicole Hart	F-M1-U	57.46	63	97.5	102.5	107.5	47.5	50	-	110	117.5	-120	275	492.58
Jennifer Hotner	F-M1-U	75.74	84	142.5	-147.5	147.5	65	72.5	-75	132.5	142.5	147.5	367.5	586.30
Hali Jo Shular	F-M1-U	120.1	84+	110	115	120	60	65	-70	125	130	135	320	434.77
Teresa Taylor	F-M2-U	56.4	57	60	62.5	65	40	42.5	-45	95	100	-105	207.5	368.09
Sherry Eustace	F-M3-U	55.68	57	55	60	62.5	27.5	32.5	-37.5	67.5	75	85	180	317.12
<b>Equipped Women</b>														
Sylvia Stockall-Douglas	F-M3	63.81	72	42.5	92.5	102.5	62.5	72.5	77.5	117.5	-132.5	-132.5	297.5	431.00
<b>Unequipped Men</b>														
Kai Hatt	M-SJR-U	70.78	74	110	120	-130	70	75	77.5	110	120	132.5	330	329.71
Benjamin Fisher	M-SJR-U	78.62	83	165	172.5	-182.5	102.5	110	-115	212.5	227.5	232.5	515	519.75
Robert Embree	M-SJR-U	103.36	105	90	100	110	-87.5	95	100	137.5	145	-155	355	271.24
Druv Sobti	M-SJR-U	125.82	120+	160	165	-180	105	112.5	-115	210	230	-250	507.5	375.91
Sawyer Pay	M-JR-U	73.76	74	165	185	195	95	97.5	115	185	200	210	520	550.92
Mike Lennon	M-JR-U	72.84	74	-120	120	135	65	72.5	75	145	155	160	370	371.24
Darius Mavis	M-JR-U	80.58	83	175	190	200	80	90	95	220	-235	235	530	527.95
Johnson Nguyen	M-JR-U	76.28	83	167.5	175	187.5	122.5	130	-137.5	187.5	-205	-205	505	519.40

Fadi Abu-awwad	M-JR-U	90.13	93	170	182.5	190	125	135	-137.5	215	225	230	555	515.55
Matthew Ziolkowski	M-JR-U	87.84	93	-130	145	160	92.5	105	112.5	182.5	-195	-205	455	414.78
Brody Reid	M-JR-U	91.38	93	125	137.5	-147.5	67.5	72.5	77.5	135	145	155	370	312.32
William Van Den Broek	M-JR-U	93.89	105	-197.5	205	-217.5	112.5	122.5	-127.5	222.5	240	250	577.5	525.56
Eric Vila	M-JR-U	96.25	105	190	205	-210	105	110	-112.5	227.5	235	-245	550	488.51
Maxwell Byrne	M-JR-U	103.9	105	137.5	140	157.5	102.5	110	115	180	190	-200	462.5	377.74
Nicholas Ziolkowski	M-JR-U	110.46	120	172.5	190	205	117.5	127.5	137.5	-215	-215	-215	-	-
Anton Lin	M-O-U	70.98	74	145	152.5	160	87.5	92.5	95	192.5	202.5	-217.5	457.5	488.82
Alexandre Fedorchuk	M-O-U	72.42	74	-145	150	-162.5	82.5	87.5	-92.5	185	200	205	442.5	462.69
Tameer Aldean	M-O-U	67.98	74	140	150	157.5	95	100	102.5	155	162.5	172.5	432.5	473.53
Kenny Price	M-O-U	77.91	83	227.5	-235	-235	135	137.5	-140	205	215	-227.5	580	599.93
Tyler Cunningham	M-O-U	81.41	83	110	122.5	137.5	75	82.5	-87.5	142.5	155	165	385	357.53
Nathan Valsangkar	M-O-U	89.99	93	200	210	222.5	137.5	142.5	-145	-240	242.5	260	625	591.87
Tyler Parrotta	M-O-U	88.31	93	187.5	202.5	207.5	120	127.5	130	232.5	242.5	-247.5	580	550.04
Mitchell Lange	M-O-U	86.61	93	137.5	142.5	-150	90	95	102.5	152.5	-162.5	-162.5	397.5	355.27
Ruslan Yarullin	M-O-U	98.83	105	250	265	-	180	195	-197.5	300	310	320	780	716.47
Morgan Boghean	M-O-U	101.58	105	170	180	190	110	120	-125	192.5	200	210	520	441.54
Cameron Aitken	M-O-U	103.45	105	160	175	182.5	102.5	105	-110	190	205	215	502.5	418.89
Cordell Payne	M-O-U	99.84	105	142.5	147.5	157.5	-125	-130	-130	-	-	-	-	-
Judah Ratzlaff	M-O-U	113.2	120	-187.5	197.5	202.5	142.5	147.5	150	255	265	272.5	625	512.98
Tim Collins	M-M1-U	90.72	93	142.5	152.5	160	80	85	90	157.5	167.5	177.5	427.5	375.92
Joe Whonnock	M-M1-U	103.39	105	-165	165	175	97.5	107.5	112.5	160	177.5	190	477.5	393.99
Kevin Dent	M-M1-U	103.11	105	162.5	170	177.5	92.5	-100	-100	162.5	167.5	-175	437.5	354.52
Michael Cowen	M-M2-U	86.6	93	-155	-155	155	92.5	100	105	205	217.5	227.5	487.5	454.94
Luke Kratz	M-M2-U	112.47	120	185	-187.5	-205	125	130	-135	185	190	197.5	512.5	407.03
Jack Chin	M-M3-U	90.64	93	160	-162.5	-182.5	70	-	-	210	-225	237.5	467.5	419.28
<b>Equipped Men</b>														
Donald Lovell	M-M3	64.22	66	125	135	145	40	60	-70	170	180	-190	385	406.62

**SPECIAL OLYMPICS**

<b>3-LIFT</b>	<b>Cat.</b>	<b>B/W</b>	<b>Cls.</b>	<b>SQ1</b>	<b>SQ2</b>	<b>SQ3</b>	<b>BP1</b>	<b>BP2</b>	<b>BP3</b>	<b>DL1</b>	<b>DL2</b>	<b>DL3</b>	<b>Total</b>
Thomas Tenney	M-O-U	56.68	59	-45	-45	45	40	-45	-45	60	70	-80	155
Jotham Polege	M-O-U	59.92	66	42.5	47.5	52.5	37.5	-42.5	42.5	-72.5	72.5	75	170
Malcolm Gendall	M-O-U	67.29	74	82.5	87.5	95	67.5	75	80	107.5	112.5	117.5	292.5
Dennis Monchamp	M-O-U	73.62	74	50	70	-80	60	-67.5	-72.5	-110	110	-117.5	240
Scott Fattedad	M-O-U	70.09	74	-65	-77.5	-77.5	-	-	-	-	-	-	-
John Bee	M-O-U	74.68	83	85	102.5	-105	77.5	82.5	85	145	165	167.5	355
Dominic Parsons	M-O-U	82.42	83	67.5	80	82.5	-62.5	62.5	-80	87.5	112.5	115	260
Robert Allison	M-O-U	78.77	83	50	60	70	40	45	50	82.5	95	100	220
Rhys Obersat-Rose	M-O-U	83.6	93	52.5	57.5	60	52.5	57.5	60	77.5	80	85	205
Callum Waters	M-O-U	94.43	105	85	90	95	70	72.5	75	90	105	115	285
Mickie Hildebrandt	M-O-U	101.75	105	72.5	80	85	50	52.5	55	92.5	97.5	105	245
Tye Cranton	M-O-U	116.24	120	72.5	80	-82.5	-72.5	72.5	82.5	135	142.5	150	312.5
Anthony Cardiff	M-O-U	115.26	120	85	92.5	95	-80	-85	85	110	117.5	122.5	302.5
Anthony Schofield	M-O-U	120.82	120+	67.5	75	-82.5	67.5	72.5	-82.5	105	127.5	130	277.5

<b>PUSH/PULL</b>	<b>Cat.</b>	<b>B/W</b>	<b>Cls.</b>	<b>BP1</b>	<b>BP2</b>	<b>BP3</b>	<b>DL1</b>	<b>DL2</b>	<b>DL3</b>	<b>Total</b>
Ruth Caldwell	F-O-U	68.97	72	27.5	30	-32.5	57.5	62.5	70	100
Hailey Whitcomb	F-O-U	81.66	84	32.5	37.5	42.5	72.5	80	85	127.5
Diana Bramble	F-O-U	86.88	84+	32.5	-37.5	37.5	72.5	80	85	122.5
Marinka Vanhage	F-O-U	102.18	84+	30	-32.5	32.5	65	72.5	77.5	110
Jennifer Germann	F-O-U	103.3	84+	30	-32.5	-32.5	-67.5	67.5	75	105
Mens Push/Pull										
Calvin Vanderwoerd	M-O-U	54.55	59	32.5	37.5	42.5	65	72.5	77.5	120
Samuel Russell	M-O-U	64.28	66	-55	55	60	90	100	105	165
Sean Demers	M-O-U	81.87	83	32.5	37.5	42.5	70	77.5	85	127.5
Helpard Benjamin	M-O-U	81.97	83	-25	-25	25	40	50	-65	75
Leif Skuggedal	M-O-U	86.04	93	55	-62.5	62.5	120	127.5	137.5	200