



## **British Columbia Powerlifting Association 2021 Annual General Meeting Minutes**

Saturday, February 6 2021, 1:00 pm  
Zoom Videoconference

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### **1. Meeting Call to Order.**

#### **1.1. Establishment of Quorum; 23 presence.**

A meeting notice was sent to the members 14 days prior to the meeting date, in compliance with the requirements of BCPA's Bylaws. BCPA President Dennis Leong confirms that quorum is reached (5% of membership, which represents 6 members). There are 23 members present in total online and quorum is reached. The meeting is called to order at 1:05pm. Attendee list in Annex A.

Proposed by: Chris Robb

Seconded by: Carmela Smythe

Vote: All in favour

#### **1.2. Review and Approval of Agenda as amended.**

Shadie Bourget proposed one amendment; the addition of "4. Non-Voting Officer Reports and 4.1. Bette Festing, Officiating Chair". All subsequent numbers would be renumbered. Gabe Festing suggests to make this number 3.3 of the agenda, which was agreed.

Proposed by: Shadie Bourget

Seconded by: Don Lovell

Vote: All in favour

### **2. Review and approval of previous AGM minutes from February 2, 2020.**

Dennis Leong asked if there are any questions or corrections to make. None were observed.

Proposed by: Chris Robb

Seconded by: Kelly Wharton

Vote: All in favour

### **3. Officers' Reports.**

All reports were sent electronically and in advance with the AGM package, to give members the chance to review and ask questions during the AGM. The president and treasurer reports were read. All reports can be found in Annex B.

- 3.1. **Dennis Leong, President.** Overview of the 2020 year for the BPCA.
- 3.2. **Lynne Desautels, Treasurer.** Dennis Leong read the Treasurer report and provided an overview of the 2020 expenditures and revenues. There was a deficit for the first year, and CCES drug testing was paid.
- 3.3. **Bette Festing, Officiating Chair.** Dennis Leong read the Officiating Chair report.

Kelly Wharton asked one question regarding financials, regarding the recovery of fund loss through provincial funding for non-profit. The Board has not been able to secure provincial funding, but she will send more information to the Board regarding this.

Proposed by: Carmela Smythe

Seconded by: Meghan O'Connell

Vote: All in favour

#### 4. New Business.

##### 4.1. By-Laws Amendments.

<p><u>1. MEMBERSHIP</u></p> <p><b>Current:</b></p> <p>1:15 All BCPA members, competitions, operations, and drug testing protocols are subject to and conducted in accordance with the rules and regulations established by the International Powerlifting Federation (IPF) and the Canadian Powerlifting Federation (CPU).</p> <p><b>Proposed:</b></p> <p>1:15 All BCPA members, competitions, operations, and drug testing protocols are subject to and conducted in accordance with the rules and regulations established by the International Powerlifting Federation (IPF) and the Canadian Powerlifting <u>Union</u> (CPU).</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Mary-Ann Middleton</p> <p>Motion passed</p>
<p><u>4. DIRECTORS AND OFFICERS</u></p> <p><b>Current:</b></p> <p>4:05(c) Be submitted to the BCPA Secretary seven (7) days prior to the annual general meeting. This timeline may be extended by Ordinary Resolution of the Board.</p> <p><b>Proposed:</b></p> <p>4:05(c) Be submitted to the BCPA Secretary seven (7) days prior to the annual general meeting. This timeline may be extended by Ordinary Resolution of the Board <u>of Directors</u>.</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Stephanie Needham</p> <p>Motion passed</p>

<p><b><u>4. DIRECTORS AND OFFICERS (EDIT 4:06(b))</u></b></p> <p><b>Current:</b></p> <p>4:06(b) Two or more nominations ± The nominee(s) receiving the greatest number of votes will be elected. In the case of a tie, the nominee with the fewest amounts of votes will be removed from the pool and a second vote will be conducted. If there continues to be a tie, the process of removing the candidate with the fewest votes and re-voting will continue until the appropriate number of nominations remains. If there continues to be a tie, the winner(s) will be declared by a majority vote of the current Board.</p> <p><b>Proposed:</b></p> <p>4:06(b) Two or more nominations ± The nominee(s) receiving the greatest number of votes will be elected. In the case of a tie, the nominee with the fewest <u>amount</u> of votes will be removed from the pool and a second vote will be conducted. If there continues to be a tie, the process of removing the candidate with the fewest votes and re-voting will continue until the appropriate number of nominations remains. If there continues to be a tie, the winner(s) will be declared by a majority vote of the current Board <u>of Directors</u>.</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Chris Robb</p> <p>Motion passed</p>
<p><b><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:05)</u></b></p> <p><b>Current:</b></p> <p>13:05 The BCPA shall award up to two annual student bursaries in the amount of \$500 each. The amounts and number of awards may be increased or decreased annually at the discretion of the BCPA board. The criteria for this award will be determined by the BCPA Board. Eligible applicants must be BCPA members in good standing and must either be entering their first year of post- secondary application or in a full time post-secondary program.</p> <p><b>Proposed:</b></p> <p>13:05 The BCPA shall award up to two annual student bursaries in the amount of \$500 each. The amounts and number of awards may be increased or decreased annually at the discretion of the BCPA board. The criteria for this award will be determined by the Board <u>of Directors</u>. Eligible applicants must be BCPA members in good standing and must either be entering their first year of post-secondary application or in a full time post-secondary program.</p> <p>A blanket amendment was proposed by Shadie Bourget : To replace all mention of “BCPA Board” and “the Board” by “Board of Directors” throughout the bylaws. Dennis Leong agreed. Seconded by Stephanie Needham</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Stephanie Needham</p> <p>Motion passed</p>

<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:06)</u></p> <p><b>Current:</b></p> <p>13:06 The BCPA shall accept in-writing nominations for the Craig English award from any BCPA member who is in good standing at the time of submission. This award shall be presented to the member who best exhibits sportsmanship, perseverance, and dedication to the sport of Powerlifting in BC. Eligible nominees must have a minimum of 10 years involvement in the BCPA. The criteria and recipients for this award will be determined by the BCPA Board. The award will not necessarily be presented each year.</p> <p><b>Proposed:</b></p> <p>13:06 The BCPA shall accept in-writing nominations for the Craig English award from any BCPA member who is in good standing at the time of submission. This award shall be presented to the member who best exhibits sportsmanship, perseverance, and dedication to the sport of Powerlifting in BC. Eligible nominees must have a minimum of 10 years involvement in the BCPA <u>as both competitor and volunteer</u>. The criteria and recipients for this award will be determined by the Board <u>of Directors</u>. The award will not necessarily be presented each year.</p> <p>Gabe Festing proposed the addition of the term “as a volunteer” (and removed <u>both competitor and</u>). Dennis Leong agreed.</p> <p>There were discussions around the demonstration of sportsmanship as a volunteer, and clarifications on the Craig English award.</p> <p>Bette Festing: This award does not mean the recipient competed. There has been a recipient who never competed but she volunteered. This award is about showing the dedication to the sport itself. Craig English was a competitor but he was everything else that he was in addition. The Athlete of the Year awards are for recognizing athletes.</p> <p>Gabe Festing points out for future consideration that nominees will be selected by the Board of Directors and chosen by BCPA members.</p> <p><b>New proposed:</b></p> <p>13:06 The BCPA shall accept in-writing nominations for the Craig English award from any BCPA member who is in good standing at the time of submission. This award shall be presented to the member who best exhibits sportsmanship, perseverance, and dedication to the sport of Powerlifting in BC. Eligible nominees must have a minimum of 10 years involvement in the BCPA <u>as a volunteer</u>. The criteria and recipients for this award will be determined by the Board <u>of Directors</u>. The award will not necessarily be presented each year.</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Stephanie Needham</p> <p>Motion passed</p> <p>12 - in favour</p> <p>2 - against</p> <p>4 - abstentions</p>
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<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:07)</u></p> <p><b>Current:</b></p> <p>13:07 The BCPA shall present up to two (2) Athlete of the Year awards annually. This award is to recognize BCPA athletes performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the BCPA Board.</p> <p><b>Proposed:</b></p> <p>13:07 The BCPA shall present up to two (2) Athlete of the Year awards annually. This award is to recognize BCPA athletes' performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the Board of Directors.</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Mary-Ann Middleton</p> <p>Motion passed</p>
<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:08)</u></p> <p><b>Current:</b></p> <p>13:08 The BCPA shall present up to two (2) Bencher of the Year awards annually, named the Robert O. Smith award. This award is to recognize BCPA Bench Only athletes performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the BCPA Board of Directors.</p> <p><b>Proposed:</b></p> <p>13:08 The BCPA shall present up to two (2) Bencher of the Year awards annually, named the Robert O. Smith award. This award is to recognize BCPA Bench Only athletes performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the Board of Directors.</p> <p>This proposition was skipped as it is part of the blanket amendment.</p>	<p>Proposed by: Dennis Leong</p>
<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:09)</u></p> <p><b>Current:</b></p> <p>13:09 The BCPA shall accept in-writing nominations for the Chris Robb Award from any BCPA member who is in good standing at the time of submission. This award shall be presented to a BCPA referee who best demonstrates professionalism, dedication and knowledge of rules and policies governing the sport of powerlifting within the BCPA. The recipients for this award will be determined by the BCPA Board. The award will not necessarily be presented each year.</p> <p><b>Proposed:</b></p> <p>13:09 The BCPA shall accept in-writing nominations for the <u>Christopher</u> Robb Award from any BCPA member who is in good standing at the time of submission. This award shall be presented to a BCPA referee who best demonstrates professionalism,</p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Stephanie Needham</p> <p>Motion passed</p>

<p>dedication and knowledge of rules and policies governing the sport of powerlifting within the BCPA. The recipients for this award will be determined by the Board <u>of Directors</u>. The award will not necessarily be presented each year.</p> <p>The second part of this proposition was skipped as it is part of the blanket amendment.</p>	
<p><b><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (ADD 13:10)</u></b></p> <p><u>13:10 The BCPA shall present up to two (2) Volunteer of the Year awards annually. This award is to recognize exemplary BCPA volunteer performance in service to the BCPA. Recipients should have volunteered in a role with the BCPA or volunteered at a BCPA event in the past year to be considered. The criteria and recipients for this award will be determined by the BCPA Board. No standing BCPA Board member is eligible for the award.</u></p> <p>Gabe Festing proposed to add “or referee”. Dennis Leong agreed with the amendment.</p> <p><u>13:10 The BCPA shall present up to two (2) Volunteer of the Year awards annually. This award is to recognize exemplary BCPA volunteer performance in service to the BCPA. Recipients should have volunteered in a role with the BCPA or volunteered at a BCPA event in the past year to be considered. The criteria and recipients for this award will be determined by the board of directors. No standing BCPA Board member or referee is eligible for the award.</u></p>	<p>Proposed by: Dennis Leong</p> <p>Seconded by: Stephanie Needham</p> <p>Motion passed</p>

#### **4.2. Update to Qualifying Standards.**

Point of discussion. CPU announced changes in how competitions will be hosted.

- CPU Nationals in 2021 has been cancelled. Will be hosted in 2022 in St-John's.
  - To be eligible, an athlete will require the regional qualifying total 36 months before, and must have competed prior.
- CPU will focus on Regionals for 2021.
  - To be eligible, an athlete will require the regional qualifying total 36 months before.
- Team Canada for international meets will be decided based on 2020 National results.
- New weight classes were updated by CPU for both regional and national standards (posted on CPU website).
- For BC: in order to compete at Regionals, an athlete will have to have competed at Provincials 36 months before.

#### **5. Announcements.**

Dennis Leong announced that Gabe Festing is resigning from the Board of Directors. Gabe has been the face and driving force of BCPA for many years. Dennis, the Board and members thanked him for all his work within the BCPA. Gabe clarified that he resigned due to changes to CPU policies.

Dennis Leong also reminded members that next year is a voting year for the Board, and that the goal for this year is to host as many competitions as possible.

Gabe Festing then thanked everyone for their time during the AGM. He reminded members that BCPA always needs more volunteers, including referees.


**6. Adjournment.** Meeting is adjourned at 2:20 pm.

Proposed by: Mary-Ann Middleton

Seconded by: Stephanie Needham

Vote: Majority

Signed on this 10th day of April, 2021.

  
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Shadie Bourget  
BCPA Secretary

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**BCPA Mission: To provide infrastructure and support for provincial powerlifting competitions.**

**BCPA Vision: To be the number one most-recognized strength sport in BC.**

**GOAL #1 - Improve membership retention**

**GOAL #2 - Develop the powerlifting community**

**GOAL #3 - Solidify and improve internal processes**

- Annex A -

**Attendee List (name and CPU membership number)**

- |   |                                    |
|---|------------------------------------|
| 1. Shadie Bourget #119853                   | 13. Mary-Ann Middleton #75485      |
| 2. Sharlene Brunjes #110778                 | 14. Stephanie Needham #55603       |
| 3. Bette Festing #65048                     | 15. Meghan O'Connell #82764        |
| 4. Gabe Festing #54712                      | 16. Robin O'Toole CPU #273068      |
| 5. Morgan Haupt #232059                     | 17. Chris Robb #53713              |
| 6. Kim Hess #199427                         | 18. Brian Rock #55607              |
| 7. Kevin Christopher Hingley (K.C.) #302651 | 19. Carmela Smythe #133679         |
| 8. Hailey Holliday #194941                  | 20. Jennifer Luther Thomas #244656 |
| 9. Pat Kowal #157050                        | 21. Kelly Wharton #25051           |
| 10. Dennis Leong #54860                     | 22. Monica Wille #131469           |
| 11. Don Lovell #54966                       | 23. Benjamin Yu #131757            |
| 12. Tyler McPhail #258038                   |                                    |





## British Columbia Powerlifting Association 2020 Annual Reports

Saturday, February 6, 2021, 1:00 pm  
Videoconference

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### **President Report – Dennis Leong**

2020 was a trying year for the world, and the BCPA was no exception. As the coronavirus pandemic spread across the world, almost all BCPA events were shut down, resulting in a drastic membership decrease. The BCPA Board of Directors were cautiously optimistic and organized competitions throughout the year. Unfortunately, each one was struck down by Provincial Health Orders beyond our control.

Despite the loss of so many competitions, we were in hindsight lucky enough to hold one club-run competition, UBC New Years Powerlifting Championships, in January 2020. Many BC lifters were able to compete at CPU Nationals in Winnipeg, a mere week before the coronavirus arrived there. Those two bright spots in our events calendar showed that BC Powerlifting is still a force in Canada, taking home 40 medals in total from CPU Nationals.

We celebrated our athletes and volunteers with the following awards:

- **Athlete of the Year** to Jenna Sabino and Matthew Lewis Vena
- **Robert O. Smith Award** for Bencher of the Year to Magdalena Kijak and Gordon Sjodin
- **Volunteer of the Year Award** to Wendy Yamazaki and Amy Moore
- **Christopher Robb Award**, with the first recipient being its namesake, for BCPA referee who best demonstrates professionalism, dedication, and knowledge of rules and policies governing the sport of powerlifting

2021 will be a year of hope as we rebuild our sport in BC. The Board of Directors and Officers will work hard to bring competitions back for our members. We will ensure that our athletes can compete in a safe manner by following our Return to Play guidelines introduced in August. It will not be an easy year: The pandemic is still active and the

threat is not yet over. It is expected to abate over the year but we will take every opportunity to ramp up activities and events in a safe manner. I ask that our members contribute where possible. Together, we can return to action and provide avenues for our athletes to achieve their goals at the local, provincial, regional, national, and world levels once again.

I would like to thank my fellow Officers on the Board of Directors for their continued service throughout the past year. I would also like to thank all of our volunteers. It is your selfless dedication and hard work that makes our community strong.

Dennis Leong  
BCPA President

BRITISH COLUMBIA POWERLIFTING ASSOCIATION						
<b><u>REVENUES</u></b>	<b><u>2015</u></b>	<b><u>2016</u></b>	<b><u>2017</u></b>	<b><u>2018</u></b>	<b><u>2019</u></b>	<b><u>2020</u></b>
Memberships	\$12,375.00	\$17,000.00	\$18,286.00	\$22,250.00	\$22,711.00	\$10,009.56
BCPA Meets	\$112,381.00	\$56,800.00	\$51,200.00	\$50,800.00	\$47,400.00	\$0.00
Equipment Sales	\$3,000.00	\$1,750.00	\$0.00	\$10,320.00	\$0.00	\$0.00
Sanction Fees	\$200.00	\$500.00	\$500.00	\$700.00	\$2,000.00	\$250.00
Interest	\$25.00	\$20.00	\$30.00	\$30.00	\$40.00	\$14.00
BCPA Apparel	\$0.00	\$0.00	\$7,501.00	\$2,450.00	\$1,200.00	\$0.00
<b>TOTAL</b>	<b>\$140,326.00</b>	<b>\$76,070.00</b>	<b>\$77,517.00</b>	<b>\$86,550.00</b>	<b>\$73,351.00</b>	<b>\$10,273.56</b>
<b><u>EXPENSE</u></b>	<b><u>2015</u></b>	<b><u>2016</u></b>	<b><u>2017</u></b>	<b><u>2018</u></b>	<b><u>2019</u></b>	<b><u>2020</u></b>
Meets	\$90,571.00	\$36,500.00	\$29,500.00	\$29,400.00	\$29,100.00	\$2,194.50
Meetings/Seminars	\$1,552.00	\$2,166.00	\$2,889.00	\$1,490.00	\$780.00	\$653.00
Office/Stationary	\$761.00	\$1,664.00	\$1,340.00	\$652.00	\$1,263.00	\$11.00
Administration	\$1,920.00	\$1,470.00	\$1,218.00	\$1,155.00	\$1,246.00	\$910.00
Supplies	\$382.00	\$809.00	\$1,173.00	\$1,051.00	\$992.00	\$1,425.00
Supplies (BCPA medals)	\$0.00	\$0.00	\$4,355.00	\$0.00	\$2,396.00	\$2,184.00
Advertising	\$823.00	\$1,530.00	\$1,398.00	\$0.00	\$1,450.00	\$0.00
Equipment Storage	\$2,400.00	\$2,900.00	\$4,230.00	\$4,721.00	\$2,400.00	\$2,400.00
Truck Ins/Maint	\$2,573.00	\$1,530.00	\$800.00	\$2,000.00	\$950.68	\$0.00
Equipment Purchase	\$27,000.00	\$4,073.00	\$15,898.00	\$11,729.00	\$6,833.00	\$4,576.00
Trailer Purchase	\$0.00	\$7,000.00	\$0.00	\$0.00	\$0.00	\$0.00
Drug Testing	\$3,800.00	\$8,711.00	\$7,464.00	\$3,900.00	\$7,875.00	\$5,235.75
CPU Sanction Fees	\$500.00	\$500.00	\$500.00	\$500.00	\$1,190.00	\$584.00
Trailer Ins/Maint	\$0.00	\$320.00	\$320.00	\$320.00	\$943.84	\$233.00
Judges Professional	\$0.00	\$1,067.00	\$784.00	\$1,290.00	\$606.00	\$214.00
Bursary	\$0.00	\$1,000.00	\$500.00	\$1,000.00	\$1,000.00	\$0.00
BCPA Apparel	\$0.00	\$0.00	\$8,121.00	\$5,040.00	\$800.00	\$0.00
<b>TOTAL EXPENSES</b>	<b>\$132,282.00</b>	<b>\$71,240.00</b>	<b>\$80,490.00</b>	<b>\$64,248.00</b>	<b>\$59,825.52</b>	<b>\$20,620.25</b>
	<b><u>2015</u></b>	<b><u>2016</u></b>	<b><u>2017</u></b>	<b><u>2018</u></b>	<b><u>2019</u></b>	<b><u>2020</u></b>
<b>Sub Total</b>	<b>\$132,282.00</b>	<b>\$71,240.00</b>	<b>\$80,490.00</b>	<b>\$64,248.00</b>	<b>\$59,825.52</b>	<b>\$20,620.25</b>
<b>Surplus/Deficit</b>	<b>\$8,044.00</b>	<b>\$4,830.00</b>	<b>\$ (2,973.00)</b>	<b>\$22,302.00</b>	<b>\$13,525.48</b>	<b>\$ (10,346.69)</b>
<b>Year End Total</b>	<b>\$0.00</b>	<b>\$8,044.00</b>	<b>\$12,874.00</b>	<b>\$9,901.00</b>	<b>\$32,203.00</b>	<b>\$45,728.48</b>
<b>Year End Balance</b>	<b>\$8,044.00</b>	<b>\$12,874.00</b>	<b>\$9,901.00</b>	<b>\$32,203.00</b>	<b>\$45,728.48</b>	<b>\$35,381.79</b>

BCPA VICE-PRESIDENT'S REPORT  
AGM-FEBRUARY 6/2021

GREETINGS TO ALL MEMBERS,

2020 HAS COME AND GONE WITH THE BCPA HOLDING ONLY 2 MEETS BECAUSE OF COVID 19 RESTRICTIONS AND GOVERNMENT HEALTH ORDERS.

THE SAFETY OF OUR MEMBERS AND VOLUNTEERS WILL CONTINUE TO BE THE NUMBER ONE CONCERN OF THIS BOARD AS WE MOVE INTO 2021 AND PLAN FOR THE YEAR'S MEET SCHEDULE.

THERE SEEMS TO BE A LIGHT AT THE END OF THE TUNNEL. THE BCPA BOARD LOOKS FORWARD TO SANCTIONING AND HOSTING A VARIETY OF MEETS IN 2021.

TRAIN HARD AND STAY SAFE

REGARDS  
BRIAN ROCK

## **Secretary Report – Shadie Bourget**

In 2020, the main projects and duties for the secretary were the following:

- **Administrative Duties:** BCPA maintained accurate documentation and continued to meet non-profit society's legal requirements with the help of Hamilton Duncan Law firm. Important records such as BC Registry filing, executive meeting and annual general meeting minutes, etc. are completed on a continuous basis. BCPA's bylaws were also updated with the BC Registry following the 2020 AGM.
- **BCPA Apparel:** In 2020, BCPA diversified its apparel; a collaboration with Inner Strength Products was created to raise money for athletes. Inner Strength also created three logos, and members chose their favorite one by voting on social media. The limited-edition launch was available for purchase on the Inner Strength Products during the month of November, and over 80 items were sold. The apparel launch included sweaters, t-shirts and baseball shirts. Moreover, competition t-shirts and deadlift socks are still available to purchase at cost through the BCPA website. Lastly, team BC apparel was handed over the National Competition Committee.

Shadie Bourget  
BCPA Secretary

## **Registrar and Social Media Report – Jennifer Luther Thomas**

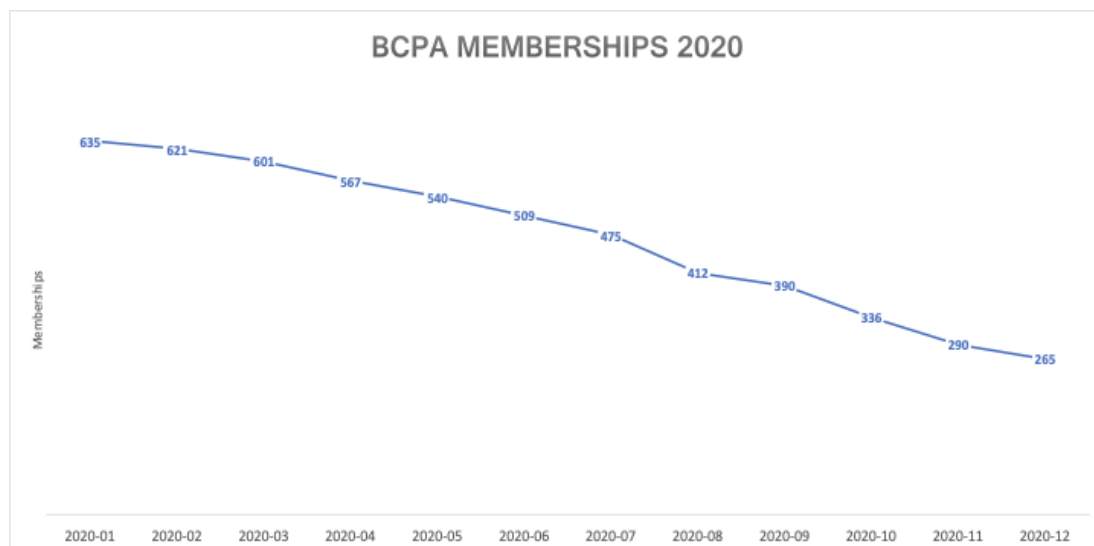
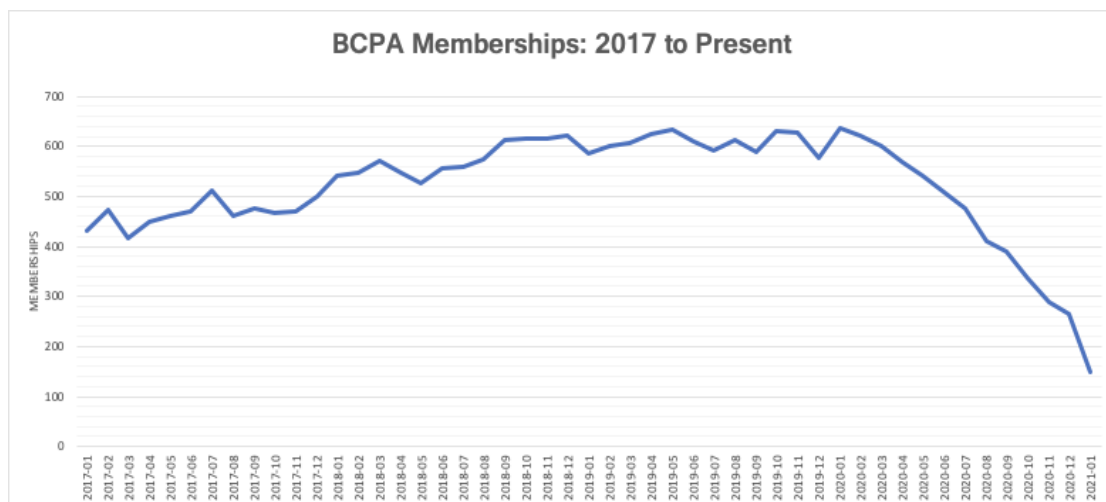
Memberships are currently the lowest ever based on record, which was to be expected due to restrictions in place for COVID-19. If the BCPA is unable to host a meet before October/November 2021 it is forecast that we will have lost our entire membership (assuming no members renew without a competition to register for). BC Government is hopeful that by Fall 2021 many activities will return.

Current active memberships are 162

General Memberships - 86

First Time Lifters - 51

Special Olympians - 25



## Social Media:

Instagram Followers increased from 1145 to 1714

Facebook likes increased from 2100 to 2375

This year we tried to engage the members in other ways than meet announcements.  
Initiatives that were successful on social media:

- 'Get to know the BCPA Executives quiz' - We awarded BCPA swag to the highest scorers.
- 'Ask Bette Anything' - We asked Bette Festing to take over our Instagram account for the day to answer any questions.
- 2019 Award Winners - All recipients of awards from 2019 were announced and highlighted on social media.
- BCPA Apparel - A 'survey' was given to our followers to choose the design of apparel they would be most likely to purchase.
- CPU Nationals recaps - Every session at CPU Nationals that a BC lifter attended, we posted their results to the BCPA social media.
- CPU Reposts - Any information important to BC lifters gets shared on our pages.

## **Records Chair Report – Cody Weeks**

In 2020, there were 71 records broken or set across a whopping 2 competitions. Below is the breakdown which shows how many records were set in each competition category.

Starting in 2020, we removed the option to have the record certificates sent by mail. This removed any cost for records going forward and allows us to process records quicker.

Thanks,

Cody

### **Breakdown of 2020 Provincial Records Broken / Set**

**Total Records Set: 71**

<b>UBC</b>	<b>Open</b>	<b>Junior</b>	<b>Sub-Jr</b>	<b>Master 1</b>	<b>Master 2</b>	<b>Master 3</b>	<b>Master 4</b>
Women		2					

<b>Nationals</b>	<b>Open</b>	<b>Junior</b>	<b>Sub-Jr</b>	<b>Master 1</b>	<b>Master 2</b>	<b>Master 3</b>	<b>Master 4</b>
Men	10	7	2	6	5	7	
Women	2			5	3	3	1
<b>Equipped</b>							
Men	9	5		2	2		



## **Scorekeepers Chair Report – Sara Youd**

From the few sessions that we were able to hold last year, there were only a handful of people willing to step up. It appears as though it is always the same handful of people.

Once restrictions are lifted, I would like to hold a Scorekeepers clinic on the Island as well the lower mainland.

This year due to the pandemic I do not think it would be fair to remove anyone from the roster.

Thank you,  
Sara Youd

## **Special Olympics Committee Report – Gillian Reyes and Lauren Allard**

An exposure risk assessment and guidelines document were completed using the WorkSafe BC framework in regard to training at public gym facilities during the Covid19 climate. Protocols such as frequent hand washing, keeping 2 metres apart from others, wiping equipment with disinfectant before and after use and staying home if feeling sick were all included. Links for best practices outlined by our Federal and Provincial health authorities were included in this risk assessment as well. It should be noted that the risk assessment was created in September 2020 when it was not declared that masks be mandatory in public spaces. Presently, masks are now mandatory in public spaces as per the order of Dr. Henry, thus, an additional protocol to the risk assessment would be to wear a mask.

# **Officiating Chair's Report**

**Bette Festing  
January 24, 2021**

The year started off with the annual UBC New Year's Powerlifting competition. At this competition Lawrence Berceanu successfully completed his Category 1 referee practical exam.

On February 15, 2020, the Special Olympics Regional Qualifier took place in Surrey. The BCPA was able to supply them with enough referees to have a successful competition.

At the 2020 CPU Nationals, Gabe Festing, successfully completed his National practical exam and BC gained a new National referee.

In May, a Rules Clinic was scheduled for Victoria. Response from members was good and there were 6 candidates that were interested in taking the Category II Referee exam. Unfortunately, due to the restrictions put on by Covid-19, the clinic was cancelled.

In September, I received an email from Lucas Tetrault, who had moved from Saskatchewan to North Vancouver. Lucas is a National referee and he is looking forward to becoming involved with the BCPA.

In October, I participated on the BCPA Instagram page with a "Ask Bette Anything" with a good response. This provided an opportunity for members to ask me any questions relating to the IPF rules, BCPA and CPU bylaws.

As a result, the BCPA now has a total of 28 referees:

- 2 International
- 5 National
- 11 Category I
- 10 Category II

It is my hope that the BCPA will be able to host a Rules Clinic in the near future to be able to provide an opportunity for all interested members to participate in the Category II Referee exam. However, it is not a requirement to attend a Rules Clinic before taking the exam. Members may wish to take the exam at any time that can be coordinated with myself. The IPF has made changes to the rulebook. A Rules Clinic will give an opportunity for members to ask any questions regarding these changes and to review the rules generally.

To my knowledge, there are no competitions scheduled for 2021. Hopefully, this will change soon.