



**British Columbia Powerlifting Association
2022 Annual General Meeting Minutes**

Saturday, February 5 2022, 12:00 pm
Zoom Videoconference

1. Meeting Call to Order.

1.1. Establishment of Quorum; 31 presence.

A meeting notice was sent to the members 14 days prior to the meeting date, in compliance with the requirements of BCPA's Bylaws. BCPA President Dennis Leong confirms that quorum is reached (5% of membership, which represents 29 members). There are 31 members present in total online and quorum is reached. The meeting is called to order at 12:06pm. Attendee list in Annex A.

Proposed by: Dennis Leong Seconded by: Lynne Desautels Vote: Majority (26)

1.2. Review and Approval of Agenda as amended.

Dennis proposed an amendment of point Nomination officer to director (Dennis/Chris).

The Agenda approved as amended.

Proposed by: Dennis Leong Seconded by: Sara Youd Vote: All in favour

2. Review and approval of previous AGM minutes from February 6, 2021.

Dennis Leong asked if there are any questions or corrections to make. None were observed.

Proposed by: Dennis Leong Seconded by: Diana Foxall Vote: All in favour

3. Officers' Reports.

All reports were sent electronically and in advance with the AGM package, to give members the chance to review and ask questions during the AGM. The president and treasurer reports were read. All reports can be found in Annex B.

3.1. **Dennis Leong, President.** Overview of the 2021 year for the BPCA.

3.2. **Lynne Desautels, Treasurer.** Overview of the 2021 expenditures and revenues for the BCPA. There were revenue increases and less expenses due to having less items to purchase. Ended up in a positive year.

Proposed by: Dennis Leong

Seconded by: Don Lovell

Vote: All in favour

4. New Business.

4.1. By-Laws Amendments.

<p><u>4. DIRECTORS AND OFFICERS (EDIT 4:18)</u></p> <p>Current:</p> <p>4:18 The Officers of the Society shall be elected by the Directors from among Directors at the first meeting of the Directors next following the meeting of members at which the Directors are elected.</p> <p>Proposed:</p> <p>4:18 The Officers of the Society shall be elected by the Directors from among Directors at the first meeting of the Directors next following the annual general meeting in an election year. of members at which the Directors are elected</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Sara Youd</p> <p>Motion passed by majority</p>
<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (ADD 13:02.2)</u></p> <p>Addition:</p> <p>13:02.2 All existing Provincial Records for the women's 72kg class were retired as of December 31, 2020.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Mary Ann Middleton</p> <p>Motion passed by majority; 1 objection</p>

13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:06)

Current:

13:03 The Society shall accept applications for new Provincial Records in the following age categories in each of the equipped and unequipped categories: Minimum standards to be 80% of CPU equipped standard, with the following exceptions noted below:

- (a) Sub-junior
- (b) Junior
- (c) Open
- (d) Master I
- (e) Master II (No minimum standard for Women's Master II)
- (f) Master III (No minimum standard for Men's or Women's Master III)
- (g) Master IV (No minimum standard for Men's or Women's Master IV)

Proposed:

13:03 The Society shall accept applications for new Provincial Records in the following age categories in each of the equipped and unequipped categories: Minimum standards to be 80% of CPU equipped standard, with the following exceptions noted below:

- (a) Youth1 (unequipped only)
- (b) Youth 2 (unequipped only)
- (c) Youth 3 (unequipped only)
- (d) Sub-junior
- (e) Junior
- (f) Open
- (g) Master I
- (h) Master II (No minimum standard for Women's Master II)
- (i) Master III (No minimum standard for Men's or Women's Master III)
- (j) Master IV (No minimum standard for Men's or Women's Master IV)

Friendly amendment proposed by Renae Witzaney and seconded by Angela Thompson: add the words "(unequipped only)" after each youth category. Gabe Festing agreed.

Proposed by:
Gabe Festing

Seconded by:
Carmela
Smythe

Motion passed
by majority
with a friendly
amendment;
29 in favour

<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:06)</u></p> <p>Current:</p> <p>13:06 The BCPA shall accept in-writing nominations for the Craig English award from any BCPA member who is in good standing at the time of submission. This award shall be presented to the member who best exhibits sportsmanship, perseverance, and dedication to the sport of Powerlifting in BC. Eligible nominees must have a minimum of 10 years involvement in the BCPA as a volunteer. The criteria and recipients for this award will be determined by the Board of Directors. The award will not necessarily be presented each year</p> <p>Proposed:</p> <p>13:06 The BCPA shall accept in-writing nominations for the Craig English award from any BCPA member who is in good standing at the time of submission. Nominations for this award shall be submitted to the Board of Directors 30 days prior to the date of the Provincial Championships. This award shall be presented to the member who best exhibits sportsmanship, perseverance, and dedication to the sport of Powerlifting in BC. Eligible nominees must have a minimum of 10 years involvement in the BCPA as a volunteer. The criteria and recipients for this award will be determined by the Board of Directors. The award will not necessarily be presented each year.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: David Noma</p> <p>Motion passed by majority; 30 in favour</p>
<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:07)</u></p> <p>Current:</p> <p>13:07 The BCPA shall present up to two (2) Athlete of the Year awards annually. This award is to recognize BCPA athletes' performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the Board of Directors.</p> <p>Proposed:</p> <p>13:07 The BCPA shall present up to two (2) Athlete of the Year awards annually at its Provincial Championships. This award is to recognize BCPA athletes' performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the Board of Directors.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Sara Youd</p> <p>Motion passed by majority; 29 in favour 3 opposed</p>

<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:08)</u></p> <p>Current:</p> <p>13:08 The BCPA shall present up to two (2) Bencher of the Year awards annually, named the Robert O. Smith award. This award is to recognize BCPA Bench Only athletes' performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the Board of Directors.</p> <p>Proposed:</p> <p>13:08 The BCPA shall present up to two (2) Bencher of the Year awards annually, named the Robert O. Smith award annually at its Provincial Championships. This award is to recognize BCPA Bench Only athletes' performance on the platform. Recipients should have competed nationally and/or internationally in the past year to be considered. The criteria and recipients for this award will be determined by the Board of Directors.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Tyler McPhail</p> <p>Motion passed by majority; 29 in favour 2 abstention</p>
<p><u>13. RECORDS, AWARDS, AND CLASSIFICATIONS (EDIT 13:09)</u></p> <p>Current:</p> <p>13:09 The BCPA shall accept in-writing nominations for the Christopher Robb Award from any BCPA member who is in good standing at the time of submission. This award shall be presented to a BCPA referee who best demonstrates professionalism, dedication and knowledge of rules and policies governing the sport of powerlifting within the BCPA. The recipients for this award will be determined by the Board of Directors. The award will not necessarily be presented each year.</p> <p>Proposed:</p> <p>13:09 The BCPA shall accept in-writing nominations for the Christopher Robb Award from any BCPA member who is in good standing at the time of submission. Nominations for this award shall be submitted to the Board of Directors 30 days prior to the date of the Provincial Championships. This award shall be presented to a BCPA referee who best demonstrates professionalism, dedication and knowledge of rules and policies governing the sport of powerlifting within the BCPA. The recipients for this award will be determined by the Board of Directors. The award will not necessarily be presented each year.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Lynne Desautels</p> <p>Motion passed by majority; 30 in favour 2 opposed</p>

<p><u>14. COMPETITIONS (EDIT 14:02)</u></p> <p>Current:</p> <p>14:02 The Society shall conduct Provincial championships in each accepted category as per the current CPU constitution.</p> <p>Proposed:</p> <p>14:02 The Society shall conduct <u>BCPA sanctioned competitions</u> Provincial championships in each accepted category as per the current CPU <u>constitution policies</u>.</p> <p>Discussion by Dennis to clarify the competition type and effectively alter the bylaw to read BCPA competitions and not Provincials. Gabe confirmed.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Margo Croft</p> <p>Motion passed by majority; 30 in favour 1 opposed</p>
<p><u>14. COMPETITIONS (EDIT 14:03)</u></p> <p>Current:</p> <p>14:03 Bids to host a sanctioned Society competition must be in writing, clearly stated, and signed by the submitting individual(s). All bids to host a Provincial Championships shall be presented for consideration to the President of the Society by November 30 of the preceding year. All bids must be accompanied by a payment in the amount of \$500.00 as a Pro-Forma Bond, which will be returned to the bidding individual(s) if all conditions of the competition bid have been met. If all conditions are not met, then the payment will be used by the Society to cover any costs it incurs to fix the problem.</p> <p>Proposed:</p> <p>14:03 Bids to host a sanctioned Society competition must be in writing, clearly stated, and signed by the submitting individual(s). All bids to host a Provincial Championships <u>BCPA sanctioned competition</u> shall be presented for consideration to the President of the Society by November 30 of the preceding year. All bids must be accompanied by a payment in the amount of \$500.00 as a Pro-Forma Bond, which will be returned to the bidding individual(s) if all conditions of the competition bid have been met. If all conditions are not met, then the payment will be used by the Society to cover any costs it incurs to fix the problem.</p> <p>Dennis proposed a friendly amendment to remove the following requirement: "by November 30 of the preceding year".</p> <p>Gabe does not want to accept the friendly amendment because it does not</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by: Mary Ann Middleton</p> <p>Motion tabled</p>

<p>go with the spirit of his proposal and should ask for a vote.</p> <p>Dennis revoked the amendment because it was not in the spirit of Gabe's amendment. Gabe wishes to table this discussion for next year's AGM for the purposes of cleaning up the bylaws.</p>	
<p><u>14. COMPETITION (EDIT 14:06)</u></p> <p>Current:</p> <p>14:06 Guest lifters are not eligible to be awarded Best Overall Athlete or set BC Provincial records or place at a BCPA Provincial Championships.</p> <p>Proposed:</p> <p>14:06 Guest lifters are not eligible to be awarded Best Overall Athlete or set BC Provincial records or place at the a BCPA Provincial Championships.</p>	<p>Proposed by: Gabe Festing</p> <p>Seconded by Margo Croft</p> <p>Motion passed by majority; 29 in favour 1 opposed 0 abstention</p>
<p><u>14 COMPETITIONS (EDIT 14:08)</u></p> <p>Current:</p> <p>14:08 The entry closing dates for all Provincial championships must be stated as 20 - 30 days prior to the date of the Championship.</p> <p>Proposed:</p> <p>14:08 The entry closing dates for all Provincial championships must be stated as 45 20—30 days prior to the date of the Championship.</p> <p>Britta commented that the deadline is cutting it short for entries, for example for individuals in the interior trying to qualify. Gabe clarifies that it is only for BC Provincials.</p> <p>Britta proposed a friendly amendment from “all provincial championships” to “Provincials” and Dennis corrected to “the BCPA Provincial Championships” to be similar to other bylaws. Gabe accepted.</p> <p>Revised proposed with friendly amendment:</p> <p>14:08 The entry closing dates for the BCPA Provincial Championships must be stated as 45 20—30 days prior to the date of the Championship.</p> <p>Renaë clarified that you don't need the qualifying total to be able to register at Provincials and can be achieved after registration which alleviated Britta's concern.</p>	<p>Proposed by Gabe Festing</p> <p>Seconded by JW Cummins</p> <p>Motion passed with friendly amendment by majority; 27 in favour 1 opposed 0 abstention</p>

14.COMPETITION (MOVE 14:09 to 17:02)

Current:

14:09 In order to be eligible to compete at a CPU Regional Championships or CPU National Championships members must:

- a) Fulfill any CPU requirements;
- b) Obtain the relevant CPU qualifying standard at a sanctioned IPF member federation competition consisting of 5 or more lifters;
- c) Compete at any CPU Provincial Championships within the 24 months preceding a CPU Regional Championships, if the member has not previously competed at a CPU Regional or higher event;
- d) If they have competed at a CPU Regional or higher event previously, compete at or volunteer at their Provincial Championships within the 12 months preceding the CPU Regional or higher event that they wish to compete in. For clarity, each member must compete at or volunteer at the Provincial Championships they would be eligible to compete in themselves within the 12 months preceding the CPU Regional or higher event such member wishes to compete in. The minimum obligation of volunteer time shall be determined by the Board of Directors. For an exemption under this section 14:08(iv), a member must submit in writing a request for exemption to the Board of Directors at least fourteen days prior to the date of the BC Provincial Championships such member is scheduled to compete or volunteer at. An exemption will be granted only in extenuating circumstances and solely at the discretion of the Board of Directors. Members of the Board of Directors and committee members may be exempt from these requirements upon request.

Proposed:

~~14:09 In order to be eligible to compete at a CPU Regional Championships or CPU National Championships members must:~~

- ~~a) Fulfill any CPU requirements;~~
- ~~b) Obtain the relevant CPU qualifying standard at a sanctioned IPF member federation competition consisting of 5 or more lifters;~~
- ~~c) Compete at any CPU Provincial Championships within the 24 months preceding a CPU Regional Championships, if the member has not previously competed at a CPU Regional or higher event;~~

Proposed by:
Gabe Festing

Seconded by:
Chris Robb

Motion passed
by majority;
28 in favour
1 abstention

~~d) If they have competed at a GPU Regional or higher event previously, compete at or volunteer at their Provincial Championships within the 12 months preceding the GPU Regional or higher event that they wish to compete in. For clarity, each member must compete at or volunteer at the Provincial Championships they would be eligible to compete in themselves within the 12 months preceding the GPU Regional or higher event such member wishes to compete in. The minimum obligation of volunteer time shall be determined by the Board of Directors. For an exemption under this section 14:08(iv), a member must submit in writing a request for exemption to the Board of Directors at least fourteen days prior to the date of the BC Provincial Championships such member is scheduled to compete or volunteer at. An exemption will be granted only in extenuating circumstances and solely at the discretion of the Board of Directors. Members of the Board of Directors and committee members may be exempt from these requirements upon request.~~

To be moved to bylaw 17:02 under qualifying total.

14. COMPETITION (EDIT 14:09)

Current:

d) If they have competed at a CPU Regional or higher event previously, compete at or volunteer at their Provincial Championships within the 12 months preceding the CPU Regional or higher event that they wish to compete in. For clarity, each member must compete at or volunteer at the Provincial Championships they would be eligible to compete in themselves within the 12 months preceding the CPU Regional or higher event such member wishes to compete in. The minimum obligation of volunteer time shall be determined by the Board of Directors. For an exemption under this section 14:08(iv), a member must submit in writing a request for exemption to the Board of Directors at least fourteen days prior to the date of the BC Provincial Championships such member is scheduled to compete or volunteer at. An exemption will be granted only in extenuating circumstances and solely at the discretion of the Board of Directors. Members of the Board of Directors and committee members may be exempt from these requirements upon request.

Proposed:

d) If they have competed at a CPU Regional or higher event previously:

- Compete at or volunteer at their Provincial Championships within the 12 months preceding the CPU Regional or higher event that they wish to compete in. For clarity, each member must compete at or volunteer at the Provincial Championships they would be eligible to compete in themselves within the 12 months preceding the CPU Regional or higher event such member wishes to compete in. The minimum obligation of volunteer time shall be determined by the Board of Directors.
- Acted as a meet director for a sanctioned powerlifting or bench press competition within the province of BC during the previous twelve (12) months, or
- Assisted in two (2) local competitions as an official or other volunteer role as assigned by the meet director between the previous year's National Championships and upcoming National Championships.

For an exemption under this section 14:08(iv), a member must submit in writing a request for exemption to the Board of Directors at least fourteen days prior to the date of the BC Provincial Championships such member is scheduled to compete or volunteer at. An exemption will be granted only in extenuating circumstances and solely at the discretion of the Board of Directors. Members of the Board of Directors and committee members may

Proposed by:
Rena
Witzaney

Seconded by:
Harveer
Dhupar

<p>be exempt from these requirements upon request.</p> <p>Friendly amendment proposed to add “As an official” to assist in any BCPA executive run competition. Renae believes it excludes club meets but provides three avenues to qualify. The friendly amendment was refused.</p> <p>Brian Rock proposed an amendment: add the words “one BCPA executive run meet” instead of “two (2) local competitions as an official or other volunteer”</p> <p>Dennis Leong commented on the volunteer requirement. Bette Festing also provided clarifications, when it came to competing at Provincials and volunteer requirements: club run meet rely on their own volunteers but can ask BCPA to use their volunteer base. She clarified that the exemption includes those who cannot make any competition to meet the requirement for qualification.</p> <p>Renae Witzaney raised concerns about the division between club run competitions and BCPA run competitions as a member coming from another province. Dennis explained the workload of directing competition was on the Board of Directors and trying to steer away from that, while increasing volunteer engagement, and that this requirement is not meant to volunteer at local meets.</p> <p>Dennis Leong proposed a friendly amendment, to change 14 to 17. Renae Witzaney agreed.</p>	<p>Amendment proposed by Brian Rock</p> <p>Seconded by Mary Ann Middleton</p> <p>24 in favour 2 opposed 3 abstention</p> <p>Motion passed as amended; 25 in favour 1 opposed 1 abstention</p>
<p><u>14. COMPETITION (EDIT 14.10) (now 14:09)</u></p> <p>14:10 All BCPA-sanctioned competitions must be adjudicated by at least one referee of Category I Provincial rank or higher at all times, with all remaining referees of Category II Provincial Rank or higher.</p> <p>Proposed:</p> <p>14:10 All BCPA-sanctioned BCPA sanctioned competitions must be adjudicated by at least one referee of Category I Provincial rank or higher at all times, with all remaining referees of Category II Provincial Rank or higher.</p>	<p>Proposed by Gabe Festing</p> <p>Seconded by Bette Festing</p> <p>Motion passed by majority; 27 in favour 1 opposed 1 abstention</p>

16. OFFICIATING (ADD 16:01, 16:06 (now 17:07) and 16:07 (now 17:08))

16:01 The Officiating Chairperson will be appointed by the Directors at the first meeting of the Directors following the annual general meeting in an election year.

The Officiating Chairperson is responsible for the following:

- a) Testing of provincial referees.
- b) Maintain an up-to-date list of all provincial referees.
- c) Maintaining regular communication with the provincial referees concerning developments which involve referees and changes to the IPF Technical rules.
- d) Submitting an annual report for the AGM.
- e) Conducting at least one referee clinic for all potential and current referees annually.
- f) Having the final authority on matters involving interpretation of the IPF Technical Rules in the BCPA, with the option of contacting the CPU Officiating Chairperson for clarification when necessary.
- g) Coordinate referees for all BCPA sanctioned competitions.

Friendly amendment by Morgan Haupt to add the word “regular” instead of “constant” in subsection (c), agreed by Gabe.

Addition:

16:07 If the Officiating Chairperson concludes a provincial referee requires further development and remedial work due to the following, but not limited to:

- a) An outdated understanding of the IPF rules;
- b) Demonstrates calls on the platform that are unreasonable or incorrect interpretations of the IPF Rules;
- c) Shows disrespect to athletes and/or other officials;
- d) Does not show up on time or leaves early without a prearranged agreement; and/or;
- e) Arrives unprepared for their scheduled session;

The referee will be put on probation for one (1) year to allow for enough time to develop and improve any issues. The Officiating Chairperson will work to assist these referees by providing detailed debriefs (verbal or written), workshops, organized practical reviews, and any other measures deemed necessary. Should the referee complete the probationary period with improvement, the referee shall keep their status. If after the one (1) year probationary period the referee fails to improve to the BCPA standard, their status will be revoked. The revoked referee may apply to take the BCPA provincial referee process after six (6) months of the date of revocation.

Proposed by
Gabe Festing

Seconded by
Sara Youd

Motion passed
by majority;
28 in favour
1 abstention

<p>Addition:</p> <p>16:08 Individuals who wish to referee in the BCPA and have obtained their referee status from outside of British Columbia who now reside in the province will be subject to a one (1) year probationary period. These individuals will be reviewed by the BCPA Officiating Chairperson. The probationary period will allow for enough time to evaluate the individual and assist them by providing detailed debriefs (verbal or written), workshops, organized practical reviews, and any other measures deemed necessary. Should the BCPA Officiating Chair decide that the individual's skills are satisfactory they shall be awarded their BCPA referee status. If after the one (1) year probationary period the referee fails to meet the BCPA standards, they will not be permitted to referee in the BCPA. The individual may apply to take their BCPA referee process six (6) months after the end date of their probationary period.</p>	
<p><u>17. QUALIFYING TOTALS</u></p> <p>Current:</p> <p>17. QUALIFYING TOTALS</p> <p>Proposed:</p> <p>17. QUALIFYING TOTALS STANDARDS</p>	<p>Proposed by Gabe Festing</p> <p>Seconded by Lynne Desautels</p> <p>Motion passed by majority; 25 in favour</p>
<p><u>17:02</u></p> <p>Does not need to be addressed as it was modified earlier.</p>	<p>NA</p>
<p><u>ADD 17:03, proposed by Gabe Festing</u></p> <p>Addition:</p> <p>17:03 In extenuating circumstances, qualifying standards may be adjusted or removed at the discretion of the Board of Directors.</p> <p>Rationale:</p> <p>The board should be given the power to make these changes if needed in the best interest of the members and the Society.</p>	<p>Proposed by Gabe Festing</p> <p>Seconded by: Tyler McPhail</p> <p>Motion passed by majority; 28 in favour 1 abstention</p>

5. Nomination of Voting Officers.

The following incumbent members accepted their nomination: Dennis Leong, Shadie Bourget, Jennifer Luther Thomas and Blake Taylor. Lynne Desautels and Brian Rock are stepping down; Dennis thanked them for their contributions over the last few years.

BCPA received five (5) new nominations:

- David Noma nominated by Dennis Leong
- Justin Schubert nominated by Shadie Bourget
- Teesh Castillo nominated by Jennifer Luther Thomas
- Graeme Gerlach nominated by Jennifer Luther Thomas
- Harveer Dhupar nominated by Jennifer Luther Thomas

All five individuals have accepted their nominations. There are no objections to any of these nine nominations. There will not be any nominations from the floor because there were nine (9) nominations which is the maximum number of directors on the Board.

6. Election of Officers

Incumbents

Shadie Bourget: 29 in favour; 1 abstention

Dennis Leong: majority

Jennifer Luther Thomas: 28 in favour; 2 opposed; 1 abstention

Blake Taylor: 28 in favour; 2 opposed; 2 abstention

Nominations

Teesh Castillo: 24 in favour; 1 opposed; 4 abstentions

Harveer Dhupar: 24 in favour; 2 opposed; 3 abstentions

Graeme Gerlach: 26 in favour; 2 abstentions

David Noma: 22; 1 opposed; 4 abstentions

Justin Schubert: 26 in favour; 2 abstentions

All nine (9) officers are elected.

7. Announcements.

Gabe Festing thanked the two members who are stepping down from the Board of Directors; Brian Rock contributed for over 10 years on the Board of the BCPA and Lynne Desautel kept the books. Both provided notable contributions and BCPA wouldn't be here without them

Motion to thank Brian Rock and Lynne Desautels from Don Lovell and seconded by Megan O'Connell; passed.

Don Lovell also asked about provincial championships. Dennis confirmed towards the end of June and announced that Gabe and Bette Festing will be hosting.

8. Adjournment. Meeting is adjourned at 14:31 pm.

Proposed by: Dennis Leong

Seconded by: Sara Youd

Vote: Majority

BCPA Mission: To provide infrastructure and support for provincial powerlifting competitions.

BCPA Vision: To be the number one most-recognized strength sport in BC.

GOAL #1 - Improve membership retention

GOAL #2 - Develop the powerlifting community

GOAL #3 - Solidify and improve internal processes

- Annex A -

Attendee List

1. Shadie Bourget
2. Britta Budden
3. Margot Croft
4. Jonathan Cruz
5. John Wesley Cummings
6. Lynne Desautels
7. Harvir Dhupar
8. Bette Festing
9. Gabe Festing
10. Diana Foxall
11. Joel Gagnon
12. Graeme Gerlach
13. Morgan Haupt
14. Kim Hess
15. Pat Kowal
16. Dennis Leong
17. Don Lovell
18. Tyler McPhail
19. Mary-Ann Middleton
20. David Noma
21. Meghan O'Connell
22. Rolf Popp
23. Chris Robb
24. Brian Rock
25. Justin Schubert
26. Carmela Smythe
27. Jennifer Luther Thomas
28. Angela Thompson
29. Monica Wille
30. Renae Witzaney
31. Sara Youd



British Columbia Powerlifting Association 2021 Annual Reports

Saturday, February 5, 2022, 12:00 pm
Videoconference

President Report – Dennis Leong

The British Columbia Powerlifting Association was fortunate to hold three competitions in 2021. In lieu of Provincials, we held the Summer Open Powerlifting and Bench Press Championships on August 28 and 29 in Langley, BC with 103 athletes competing, many of them new to the BCPA. This was our first competition open to all members since January 2020 and it was a great success. Just two weeks later we held another competition in Victoria, BC, to satisfy athletes on Vancouver Island. On December 4, 2021, we held our annual Fall Classic Powerlifting and Bench Press Championships in Abbotsford, BC. By then, the difficulties with holding a competition during the pandemic were further deepened with the weather crisis in the weeks leading up to the competition. We persevered and held a solid competition despite the hardships.

The BCPA also assisted with the 2021 Western Canadian Powerlifting and Bench Press Championships from November 13 to 15, 2021 in Richmond, BC. This competition was organized by Gabe and Bette Festing, both of whom have been cornerstones in the BCPA over the last decade. The competition was a success despite the onset of the aforementioned weather crisis that weekend.

We recognized that there will be an uphill battle to return to where we left off before the pandemic. Membership in the BCPA is down and competition registrations were also down compared to previous years. Our association will continue to develop strategies to re-engage athletes and bring them back into the active participation.

This year is a voting year for the BCPA Board of Directors. On behalf of the Board, I'd like to thank all the volunteers who have helped in the administration of the association and at our competitions. We look forward to participating in or assisting with the next Board to be voted in at our AGM on February 5, 2022.

BCPA VICE-PRESIDENT'S REPORT
AGM-FEBRUARY 5/2022

GREETINGS TO ALL MEMBERS,

WE ALL THOUGHT 2021 WAS GOING TO BE A BETTER YEAR FOR
POWERLIFTING AND THE BCPA.

THIS YEAR WAS SLIGHTLY MORE PRODUCTIVE, IN MEET NUMBERS, THAN
2020: THE BCPA WAS ABLE TO SANCTION AND HOST 3 MEETS IN 2021, PLUS
THE 2021 WESTERN CHAMPIONSHIPS, A CPU SANCTIONED MEET, WAS
HELD IN NOVEMBER AT THE RICHMOND OLYMPIC OVAL, WITH RAVE
REVIEWS. CONGRATULATIONS TO MEET DIRECTORS GABE AND BETTE
FESTING FOR A JOB WELL.

GYMS ARE OPEN SO TRAIN HARD AND STAY SAFE

REGARDS
BRIAN ROCK

Treasurer Report – Lynne Desautels

BRITISH COLUMBIA POWERLIFTING ASSOCIATION							
<u>REVENUES</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>	<u>2021</u>
Memberships	\$12,375.00	\$17,000.00	\$18,286.00	\$22,250.00	\$22,711.00	\$10,009.56	\$14,089.68
BCPA Meets	\$112,381.00	\$56,800.00	\$51,200.00	\$50,800.00	\$47,400.00	\$0.00	\$18,212.60
Equipment Sales	\$3,000.00	\$1,750.00	\$0.00	\$10,320.00	\$0.00	\$0.00	\$0.00
Sanction Fees	\$200.00	\$500.00	\$500.00	\$700.00	\$2,000.00	\$250.00	\$750.00
Interest	\$25.00	\$20.00	\$30.00	\$30.00	\$40.00	\$14.00	\$0.00
BCPA Apparel	\$0.00	\$0.00	\$7,501.00	\$2,450.00	\$1,200.00	\$0.00	\$0.00
TOTAL	\$140,326.00	\$76,070.00	\$77,517.00	\$86,550.00	\$73,351.00	\$10,273.56	\$33,052.28
<u>EXPENSE</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>	<u>2021</u>
Meets	\$90,571.00	\$36,500.00	\$29,500.00	\$29,400.00	\$29,100.00	\$2,194.50	\$6,602.12
Meetings/Seminars	\$1,552.00	\$2,166.00	\$2,889.00	\$1,490.00	\$780.00	\$653.00	\$0.00
Office/Stationary	\$761.00	\$1,664.00	\$1,340.00	\$652.00	\$1,263.00	\$11.00	\$0.00
Administration	\$1,920.00	\$1,470.00	\$1,218.00	\$1,155.00	\$1,246.00	\$910.00	\$1,551.00
Supplies	\$382.00	\$809.00	\$1,173.00	\$1,051.00	\$992.00	\$1,425.00	\$2,183.00
Supplies (BCPA medals)	\$0.00	\$0.00	\$4,355.00	\$0.00	\$2,396.00	\$2,184.00	\$1,036.00
Advertising	\$823.00	\$1,530.00	\$1,398.00	\$0.00	\$1,450.00	\$0.00	\$0.00
Equipment Storage	\$2,400.00	\$2,900.00	\$4,230.00	\$4,721.00	\$2,400.00	\$2,400.00	\$3,000.00
Truck Ins/Maint	\$2,573.00	\$1,530.00	\$800.00	\$2,000.00	\$950.68	\$0.00	\$227.00
Equipment Purchase	\$27,000.00	\$4,073.00	\$15,898.00	\$11,729.00	\$6,833.00	\$4,576.00	\$1,697.00
Trailer Purchase	\$0.00	\$7,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Drug Testing	\$3,800.00	\$8,711.00	\$7,464.00	\$3,900.00	\$7,875.00	\$5,235.75	\$2,820.00
CPU Sanction Fees	\$500.00	\$500.00	\$500.00	\$500.00	\$1,190.00	\$584.00	\$690.00
Trailer Ins/Maint	\$0.00	\$320.00	\$320.00	\$320.00	\$943.84	\$233.00	\$86.00
Judges Professional	\$0.00	\$1,067.00	\$784.00	\$1,290.00	\$606.00	\$214.00	\$200.00
Bursary	\$0.00	\$1,000.00	\$500.00	\$1,000.00	\$1,000.00	\$0.00	\$0.00
BCPA Apparel	\$0.00	\$0.00	\$8,121.00	\$5,040.00	\$800.00	\$0.00	\$0.00
TOTAL EXPENSES	\$132,282.00	\$71,240.00	\$80,490.00	\$64,248.00	\$59,825.52	\$20,620.25	\$20,092.12
	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>	<u>2021</u>
Sub Total	\$132,282.00	\$71,240.00	\$80,490.00	\$64,248.00	\$59,825.52	\$20,620.25	\$20,092.12
Surplus/Deficit	\$8,044.00	\$4,830.00	\$ (2,973.00)	\$22,302.00	\$13,525.48	\$ (10,346.69)	\$ 12,960.16
Year End Total	\$0.00	\$8,044.00	\$12,874.00	\$9,901.00	\$32,203.00	\$45,728.48	\$35,381.79
Year End Balance	\$8,044.00	\$12,874.00	\$9,901.00	\$32,203.00	\$45,728.48	\$35,381.79	\$48,341.95

Secretary Report – Shadie Bourget

In 2021, the main duties for the secretary were administrative in nature. BCPA maintained accurate documentation and continued to meet non-profit society's legal requirements with the help of Hamilton Duncan Law Firm. BC Registry filings of the Annual Report and the change of directors following Gabe Festing's resignation were completed. Important records such as executive meeting minutes and annual general meeting minutes were also completed on a continuous basis. BCPA's bylaws were also updated with the BC Registry, following the 2021 AGM.

In 2021, BCPA's main goals were to restart competitions and increase engagement with members, which will continue to be the main focus for the upcoming year, by maintaining everyone's safety.

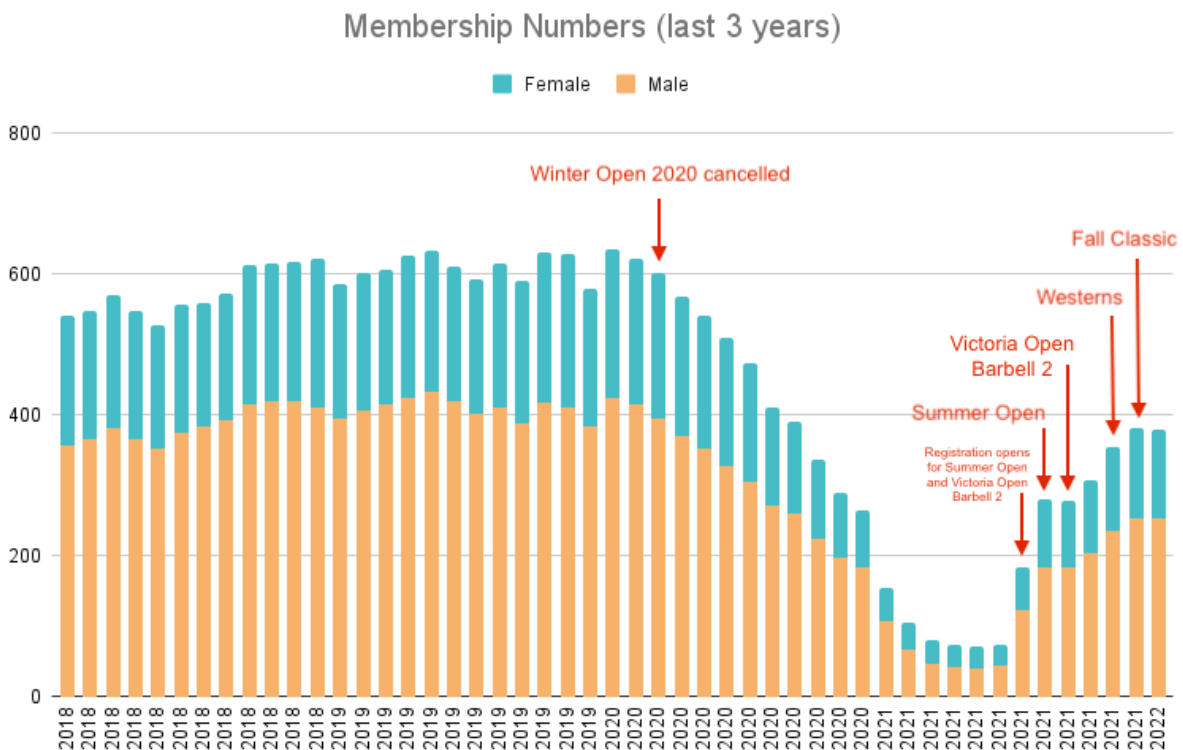
For 2022, another objective is to bring back BCPA clothing as well as a volunteer appreciation event, such as a volunteer BBQ.

Registrar Report – Jennifer Luther Thomas

The BCPA suffered a severe loss of memberships during the last two years due to covid, and in 2021 we saw those numbers start to recover. At the time of writing (Jan 22, 2022) the BCPA has 381 active members, and the breakdown can be seen below:

Membership Type	Active Members
First Time Lifter	128
General Membership	246
Special Olympian	2
Associate Membership	2
Provincial Youth Membership	0
Referee	3

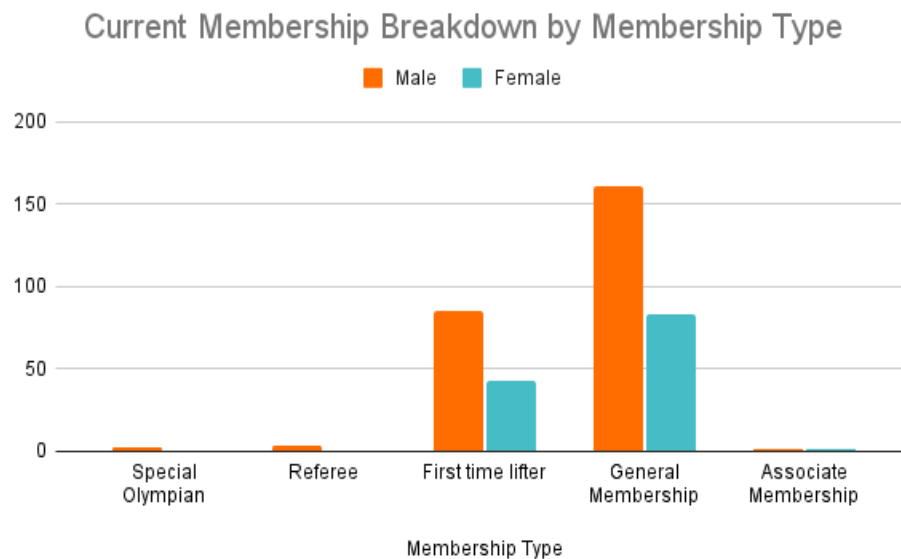
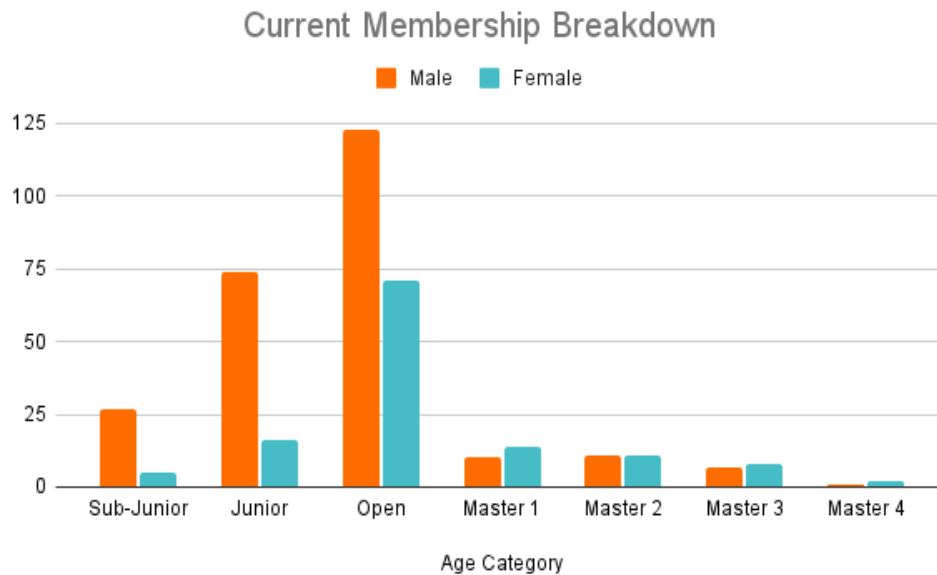
Below shows the membership numbers for the past 3 years, with significant events added. Within the last year the BCPA sanctioned four events, which saw membership numbers increase again to just over half pre-covid membership numbers.



For the next 1-2 years I am hopeful that membership numbers will continue to increase if the BCPA is able to sanction more competitions and return to a pre-covid cadence of one meet per month.

Observations about the population of the current BCPA membership:

- There are 4-5x the number of male sub-junior and junior males compared to female.
- There are approximately double the number of males compared to females for both first time and general memberships.
- Female masters lifters outnumber male masters lifters.
- Currently there are no youth memberships (under 14) but the BCPA plans to accommodate youth lifters moving forwards.
- Referee memberships were new last year, to provide a membership option for referees who no longer compete.
- Only 2 Special Olympians, as there have been no meets specifically for Special Olympians. Special Olympians are planning to resume competitions this year.



Officiating Chair's Report – Bette Festing

January 9, 2022

Competitions in BC didn't start up until August of 2021. In preparation for the start of competitions, a Rules Clinic was held on August 21, 2021, in Victoria, BC. The clinic was held virtually and for anyone wishing to take the referee exam, in person attendance was available. There was a good turnout with approximately 30 people attending virtually and one attending in person.

In 2021, BC gained 2 new National referees. Lucas Tetrault, who was previously a SPA member, has moved to BC and is now a BCPA member. He made his debut at the BCPA Summer Open. Mehar Bhogal successfully completed his CPU National written and practical exam at the 2021 CPU Westerns held in Richmond in November.

In addition, BC gained a new Category II referee. Tyler McPhail from Vancouver Island successfully passed his written exam in September and stepped up to be Technical Controller for 2 days at the CPU Westerns.

Finally, I want to welcome back Kevin Weiss who had previously been a BCPA member and referee. He had moved to Alberta for a few years and has now returned to BC accompanied with Renae Witzaney. They are both APU provincial referees and experienced meet directors. I look forward to working with them in the future.

Arrangements will be made to host a virtual Rules Clinic sometime this year. As well, opportunities will be given for anyone wish to take the CPU Cat II Referee exam.

Record's Chair Report – Cody Weeks

In 2021, there were 246 records set across 6 competitions. The next page contains a breakdown which shows how many records were set in each competition and division.

Due to the new women's weight classes introduced in 2021, 72kg records are no longer listed. The new 69kg and 76kg weight classes saw many records being set across the different divisions as a result. The delisted records will be retired pending a BCPA bylaw amendment at this AGM.

With the help of the meet directors providing standardized results, the records process has become almost fully automated. The only manual step remaining is uploading results and emailing certificates to record breakers. As a result, we can easily grant records for BC competitions based on the results rather than the record application form. Going forward, the records application form is not required for breaking a BCPA records at competitions in BC. However, participants won't receive certificates unless they submit an application within 7 days of the competition. For any BCPA records set at competitions outside of BC, submissions are still required for records and certificates.

Thanks,

Cody

Breakdown of 2021 Provincial Records Broken / Set

Total Records Set: 246

NAPF	Open	Junior	Sub-Jr	M 1	M 2	M 3	M 4	
Unequipped Men								
Unequipped Women					2			
Equipped Men								
Equipped Women								
Totals	0	0	0	0	2	0	0	2

BCPA Summer Open	Open	Junior	Sub-Jr	M 1	M 2	M 3	M 4	
Unequipped Men	1	7	9			4		
Unequipped Women	7	5	7	2	5	6	4	
Equipped Men	1							
Equipped Women				1	1	1		
Totals	9	12	16	3	6	11	4	61

Victoria Barbell	Open	Junior	Sub-Jr	M 1	M 2	M 3	M 4	
Unequipped Men			2	1	3		5	
Unequipped Women	5				5		2	
Equipped Men								
Equipped Women				4	5	5		
Totals	5	0	2	5	13	5	7	37

IPF Worlds	Open	Junior	Sub-Jr	M 1	M 2	M 3	M 4	
Unequipped Men				2	2			
Unequipped Women								
Equipped Men								
Equipped Women								
Totals	0	0	0	2	2	0	0	4

CPU Westerns	Open	Junior	Sub-Jr	M 1	M 2	M 3	M 4	
Unequipped Men	11	11	9			4	10	
Unequipped Women	21	14	8	9	11	6	2	
Equipped Men	3							
Equipped Women						1		
Totals	35	25	17	9	11	11	12	120

BCPA Fall Classic	Open	Junior	Sub-Jr	M 1	M 2	M 3	M 4	
Unequipped Men		2	4					
Unequipped Women	1		10					
Equipped Men					5			
Equipped Women								
Totals	1	2	14	0	5	0	0	22

Scorekeeper's Chair Report – Sara Youd

As of January 2022, we are down from 36 to 20 qualified scorekeepers. 16 have been removed due to inactivity and lack of response to emails regarding competitions. I had sent an email before Westerns advising all scorekeepers that if they haven't volunteered yet to sign-up to avoid being removed from the roster. 16 of those people did not respond and thus were removed.

However, out of these 20 people it is still the same 5 people stepping up to every competition.

Moving forward, I ask that scorekeeper assistant position be added to the volunteer signup to allow for more people to show interest. Come March, I recommend a Scorekeeper clinic be held.

Thank you,
Sara Youd