

October 22nd/23rd 2022

2022 BCPA Fall Classic Powerlifting and Bench Press Championships

Abbotsford, BC

Full Powerlifting

Name	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	DI1	DI2	DI3	Total	IPF points
Uneqqiped Women														
Sharon He	F-JR-U	51.38	52	97.5	107.5	110.0	60.0	62.5	65.0	-122.5	135.0	142.5	317.5	81.007
Emma Gilchrist	F-JR-U	64.83	69	-92.5	-97.5	97.5	47.5	55.0	-57.5	102.5	112.5	120.0	272.5	58.553
Liza Roik	F-JR-U	79.06	84	147.5	157.5	165.5	77.5	-85.0	-85.0	162.5	175.0	182.5	425.5	82.398
Ava Nering	F-SJR-U	50.66	52	70.0	75.0	80.0	37.5	45.0	50.0	85.0	90.0	95.0	225	58.125
Zoey Shufflebotham	F-SJR-U	46.7	47	70.0	77.5	82.5	35.0	-40.0	40.0	-85.0	85.0	-90.0	207.5	57.887
Samantha Reid	F-M1-U	51.48	52	47.5	50.0	-55.0	35.0	-42.5	42.5	80.0	90.0	95.0	187.5	47.758
Nicole Hart	F-M1-U	61.85	63	105.0	110.0	112.5	52.5	57.5	-62.5	115.0	125.0	130.0	300	66.43
Tara Bohune	F-M1-U	64.3	69	105.0	-110.0	-110.0	65.0	67.5	-70.0	165.0	170.0	175.0	347.5	75.05
Mary Ann Middleton	F-M1-U	83.82	84	117.5	122.5	-127.5	57.5	60.0	-62.5	130.0	137.5	142.5	325	61.427
Kristine Bayntun	F-M1-U	94.4	84+	127.5	132.5	140.0	82.5	87.5	92.5	175.0	182.5	190.0	422.5	76.613
Tasha Standbridge	F-M1-U	100.18	84+	-115.0	115.0	130.0	50.0	52.5	-57.5	130.0	137.5	142.5	325	57.934
Leanne McLean	F-M2-U	66.71	69	65.0	72.5	80.0	47.5	52.5	-55.0	70.0	80.0	87.5	220	46.466
Tonia Hinz	F-M2-U	111.9	84+	80.0	90.0	100.0	52.5	57.5	-62.5	105.0	112.5	120.0	277.5	48.193
Stephanie Needham	F-M3-U	74.76	76	67.5	72.5	77.5	50.0	55.0	57.5	107.5	115.0	120.0	255	50.672
Hannah Francesca Serote	F-O-U	51.54	52	100.0	-105.0	-105.0	55.0	57.5	-60.0	110.0	117.5	-120.0	275	69.974
Lucy Si Rui Xie	F-O-U	56.55	57	120.0	125.0	130.0	65.0	70.0	-72.5	142.5	150.0	155.0	355	83.77
Sheri Wong	F-O-U	55.69	57	80.0	87.5	95.0	45.0	47.5	-50.0	-115.0	127.5	137.5	280	66.854
Cynthia Leighton	F-O-U	62.31	63	125.0	130.0	-135.0	82.5	87.5	90.0	150.0	157.5	-162.5	377.5	83.183

Deanna See	F-O-U	61.31	63	117.5	127.5	-132.5	55.0	57.5	60.0	115.0	127.5	132.5	320	71.274
Kimberly Vernon Jarvis	F-O-U	62.51	63	92.5	97.5	102.5	50.0	55.0	57.5	107.5	115.0	120.0	280	61.57
Haley Thomas	F-O-U	66.23	69	95.0	-100.0	102.5	57.5	62.5	65.0	135.0	145.0	155.0	322.5	68.407
Tess Despres	F-O-U	67.25	69	102.5	115.0	127.5	52.5	57.5	62.5	102.5	117.5	132.5	322.5	67.796
Laura Wynne	F-O-U	64.41	69	100.0	105.0	110.0	55.0	-60.0	-62.5	120.0	130.0	137.5	302.5	65.261
Pauline Grace De La Cruz	F-O-U	70.9	76	110.0	117.5	127.5	55.0	60.0	-65.0	115.0	125.0	-135.0	312.5	63.793
Alyssa Fieseler	F-O-U	70.83	76	-100.0	100.0	105.0	55.0	57.5	60.0	125.0	130.0	135.0	300	61.273
Tammy Drover	F-O-U	82.18	84	160.0	167.5	172.5	-85.0	91.0	93.0	165.0	175.0	-182.5	440.5	83.918
Kate-Lynn Bartlett	F-O-U	80.25	84	110.0	122.5	-135.0	55.0	60.0	-65.0	120.0	132.5	-137.5	315	60.607
Stephanie Penner	F-O-U	82.18	84	90.0	-100.0	100.0	55.0	62.5	70.0	102.5	-117.5	120.0	290	55.247
Barbara-Ann Kubb	F-O-U	122.61	84+	155.0	165.0	-175.0	77.5	82.5	-87.5	152.5	165.0	-170.0	412.5	70.462
Shannon Dickson	F-O-U	134.04	84+	92.5	100.0	105.0	65.0	70.0	72.5	120.0	130.0	137.5	315	53.142
Unequipped Men														
Julian Mok	M-JR-U	63.87	66	167.5	175.0	185.0	92.5	100.0	102.5	-212.5	212.5	227.5	515	81.689
Jonathan Tamayo	M-JR-U	63.75	66	155.0	165.0	170.0	100.0	107.5	-112.5	192.5	202.5	212.5	490	77.801
Gavin Tuazon	M-JR-U	63.57	66	140.0	150.0	157.5	85.0	-90.0	-90.0	185.0	195.0	200.0	442.5	70.365
Mark Robles	M-JR-U	72.34	74	170.0	-177.5	177.5	112.5	-117.5	-117.5	260.0	-275.0	-275.0	550	81.704
Sachpreet Singh	M-JR-U	71.55	74	165.0	175.0	185.0	95.0	102.5	-107.5	185.0	202.5	212.5	500	74.703
Cameron Leong	M-JR-U	70.57	74	145.0	155.0	165.0	105.0	112.5	-115.0	182.5	187.5	197.5	475	71.481
Ryan Thaulad	M-JR-U	68.16	74	147.5	157.5	-167.5	115.0	125.0	135.0	155.0	165.0	-180.0	457.5	70.115
Jerold Reyes Pagcaliwagan	M-JR-U	78.53	83	-197.5	197.5	207.5	117.5	125.0	130.0	230.0	242.5	-250.0	580	82.581
Jeffrey Choi	M-JR-U	79.97	83	180.0	-195.0	195.0	132.5	140.0	145.0	215.0	230.0	245.0	585	82.523
Alixander Powar	M-JR-U	78.96	83	170.0	177.5	-182.5	-97.5	102.5	110.0	205.0	215.0	-230.0	502.5	71.346
Justin Shu	M-JR-U	82.03	83	137.5	145.0	152.5	77.5	-82.5	82.5	137.5	147.5	155.0	390	54.308
Carlo Hung	M-JR-U	92.6	93	205.0	220.0	225.0	165.0	175.5	-180.0	260.0	275.0	-282.5	675.5	88.556
Josiah Punzalan	M-JR-U	91.42	93	242.5	255.0	-265.0	127.5	135.0	142.5	272.5	-287.5	-295.0	670	88.388
Lukas Nering	M-JR-U	89.76	93	215.0	225.0	235.0	150.0	160.0	-165.0	235.0	252.5	260.0	655	87.192
Davis Hogg	M-JR-U	92.44	93	230.0	240.0	-242.5	140.0	147.5	150.0	250.0	265.0	-275.0	655	85.941
Luc Renaud	M-JR-U	92.38	93	207.5	220.0	230.0	142.5	150.0	-152.5	215.0	230.0	240.0	620	81.374
Kaivan Wai-Anaraki	M-JR-U	83.44	93	145.0	155.0	170.0	115.0	125.0	-130.0	192.5	200.0	212.5	507.5	70.064

Aidan Richards	M-JR-U	87.95	93	135.0	145.0	152.5	95.0	102.5	-105.0	192.5	202.5	207.5	462.5	62.191
Joshua Quon	M-JR-U	90.63	93	145.0	152.5	160.0	102.5	107.5	-110.0	155.0	162.5	-172.5	430	56.969
William Pilling	M-JR-U	102.62	105	200.0	207.5	212.5	157.5	165.0	-167.5	222.5	232.5	240.0	617.5	77.061
Louis Latour	M-JR-U	112.83	120	232.5	245.0	255.0	170.0	177.5	182.5	270.0	282.5	295.0	732.5	87.508
John Paul Ferrer	M-JR-U	131.51	120+	240.0	255.0	-260.0	147.5	160.0	162.5	260.0	277.5	-282.5	695	77.707
Marlon Alvarez	M-JR-U	171.14	120+	262.5	277.5	-282.5	-172.5	-172.5	-172.5	240.0	250.0	260.0	0	0
Matthew Nering	M-SJR-U	54.55	59	102.5	110.0	115.0	62.5	67.5	-70.0	112.5	122.5	130.0	312.5	53.933
Manohar Panesar	M-SJR-U	64.06	66	165.0	175.0	-185.0	105.0	110.0	115.0	195.0	197.5	217.5	507.5	80.372
Taylor Harry	M-SJR-U	69.37	74	160.0	-170.0	-170.0	102.5	110.0	112.5	200.0	210.0	-215.0	482.5	73.266
Justin Bagaosian	M-SJR-U	72.24	74	140.0	152.5	157.5	92.5	97.5	-105.0	215.0	-225.0	-230.0	470	69.87
Ethan Kim	M-SJR-U	71	74	142.5	155.0	165.0	97.5	-102.5	102.5	175.0	185.0	192.5	460	69.004
Roger Kong	M-SJR-U	72.26	74	145.0	155.0	165.0	97.5	102.5	110.0	155.0	165.0	175.0	450	66.887
Robert Sykes	M-SJR-U	69.25	74	117.5	125.0	132.5	70.0	75.0	80.0	162.5	172.5	182.5	395	60.034
Arden Rae	M-SJR-U	69.09	74	87.5	97.5	105.0	55.0	60.0	70.0	125.0	135.0	142.5	317.5	48.314
Bruce Wu	M-SJR-U	81.41	83	152.5	167.5	175.0	95.0	102.5	110.0	195.0	212.5	227.5	512.5	71.642
Finlay Charlesworth	M-SJR-U	80.06	83	130.0	140.0	150.0	95.0	-102.5	102.5	150.0	165.0	-177.5	417.5	58.861
Ben Steele	M-SJR-U	84.14	93	175.0	187.5	-192.5	112.5	117.5	120.0	185.0	195.0	-200.0	502.5	69.083
Thor Nybo	M-SJR-U	83.74	93	140.0	147.5	155.0	100.0	-105.0	107.5	170.0	180.0	190.0	452.5	62.358
John Audrie Lao	M-SJR-U	94.49	105	-185.0	185.0	195.0	120.0	125.0	-132.5	205.0	-215.0	225.0	545	70.748
Keaton Pistilli	M-SJR-U	103.3	105	175.0	185.0	-187.5	132.5	-140.0	-140.0	200.0	210.0	220.0	537.5	66.87
David Kuch	M-M1-U	81.88	83	145.0	157.5	165.0	112.5	125.0	-130.0	187.5	197.5	207.5	497.5	69.342
Nicholas Humphries	M-M1-U	91.26	93	-110.0	-110.0	110.0	90.0	95.0	-102.5	145.0	155.0	167.5	372.5	49.183
Geoffrey Robinson	M-M1-U	115.53	120	210.0	220.0	-222.5	122.5	130.0	-140.0	212.5	220.0	227.5	577.5	68.264
Allen Macdonald	M-M2-U	80.54	83	85.0	-90.0	95.0	75.0	80.0	90.0	120.0	130.0	140.0	325	45.68

Meghan Oconnell	F-M2-U	56.32	57			45.0	-47.5	-47.5				45	40.371
Una Gair	F-O-U	67.77	69			-80.0	-82.5	-82.5				0	0
Unequipped Men													
Mohit Parmar	M-JR-U	105	105			140.0	147.5	152.5				152.5	68.284
Hazem Heiba	M-JR-U	100.4	105			160.0	165.0	167.5				167.5	76.59
Danny Wei	M-JR-U	82.3	83			160.0	-172.5	-172.5				160	80.717
Douglas Mansell	M-M1-U	110	120			135.0	140.0	145.0				145	63.56
Geoffrey Robinson	M-M1-U	116	120			122.5	130.0	137.5				137.5	58.866
Stephen Hoelzley	M-M2-U	103.2	105			130.0	137.5	140.0				140	63.193
Marc Vezina	M-M3-U	80.5	83			97.5	105.0	110.5				110.5	56.384
Andrew Lang	M-O-U	64.9	66			110.0	117.5	125.0				125	71.555
Equipped Women													
Janine Garland	F-O	68.93	69			60.0	-67.5	-70.0				60	34.35
Jennifer Luther Thomas	F-O	83.03	84			100.0	107.5	112.5				112.5	59.005
Equipped Men													
John Quinton	M-M3	140.5	120+			160.0	165.0	-170.0				165	46.353
Jordan Phelps	M-O	187.1	120+			220.0	230.0	235.0				235	63.01
Jason Klaus	M-O	164.8	120+			-200.0	200.0	0.0				200	54.478