

May 6th, 2023

Body Performance Spring Showdown

Kelowna, BC

Full Powerlifting														
Name	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	DI1	DI2	DI3	Total	IPF Points
Unequipped Women														
Rose Cranswick	F-SJR-U	71.55	76	92.5	102.5	107.5	45	52.5	-55	127.5	138	143	303	61.556
Melanie Ni-Lan	F-JR-U	68.2	69	102.5	112.5	120	45	50	55	122.5	132.5	137.5	312.5	65.167
Kayshia MacIsaac	F-JR-U	74.4	76	112.5	120	122.5	-70	72.5	80	132.5	142.5	150	352.5	70.211
Amy Richardson	F-JR-U	82.45	84	115	120	-125	52.5	57.5	-60	142.5	150	155	332.5	63.259
Paige VanderHoek	F-JR-U	82.85	84	-115	115	120	70	77.5	-82.5	120	127.5	-132.5	325	61.712
Chiara Anfuso	F-JR-U	114.2	84+	132.5	137.5	142.5	65	67.5	75	127.5	130	137.5	355	61.404
Eslin Fougere	F-JR-U	85.2	84+	-102.5	102.5	107.5	-60	-60	62.5	130	137.5	145	315	59.163
Taylor Haeusler	F-O-U	53.6	57	105	112.5	117.5	55	-57.5	-57.5	115	120	127.5	300	73.85
Kelaya Allison-Squakin	F-O-U	54.8	57	65	70	80	-47.5	-50	-50	110	117.5	122.5	0	0
Shantel Bingley	F-O-U	68.5	69	127.5	137.5	140	87.5	92.5	-95	145	155	160	392.5	81.647
Brooklyn Higgs	F-O-U	80.35	84	142.5	150	155	72.5	77.5	-77.5	170	177.5	185	417.5	80.286
Abigail Taggart	F-O-U	82.3	84	100	110	117.5	52.5	-57.5	-60	110	120	-130	290	55.214
Andrea Hettler	F-O-U	100.85	84+	130	140	147.5	62.5	70	-75	130	140	-155	357.5	63.614
Jasmin Khangura	F-O-U	84.45	84+	92.5	100	105	60	-67.5	67.5	95	105	117.5	290	54.653
Angela Thompson	F-M1-U	82.25	84	92.5	105	112.5	55	60	-65	115	125	137.5	310	59.037
Jodi Cowtan	F-M1-U	79	84	82.5	92.5	105	52.5	57.5	-62.5	125	132.5	145	307.5	59.567
Unequipped Men														
Bazil Godden	Y-3	65.4	66	90	100	110	60	62.5	-70	120	130	140	312.5	48.95
Lyle Babin	M-SJR-U	69.45	74	150	160	-170	95	105	-110	170	175	185	450	68.289
Benjamin Willoughby	M-SJR-U	73.15	74	120	130	135	80	85	-87.5	152.5	0	0	372.5	55.016
Sabastian Diep	M-SJR-U	75.3	83	150	160	170	85	95	-100	165	175	185	450	65.471
Markus Skjeie	M-SJR-U	74.5	83	135	-145	145	105	-107.5	-107.5	180	187.5	-195	437.5	64.005
William Zheng	M-SJR-U	148.1	120+	-175	175	200	140	150	160	185	205	220	580	61.856
Jolo Recede	M-JR-U	63.6	66	137.5	150	155	82.5	87.5	97.5	195	205	215	467.5	74.321

Tyler Ollech	M-JR-U	72.55	74	170	182.5	190	115	125	130	182.5	192.5	200	520	77.131
Chlarence Yu	M-JR-U	73.5	74	135	150	160	87.5	95	-107.5	197.5	210	220	475	69.981
Gen Nunez	M-JR-U	72.5	74	180	-190	190	90	-100	-100	170	180	190	470	69.739
Emerson Marin	M-JR-U	80.2	83	165	180	185	100	112.5	122.5	185	195	210	517.5	72.894
Tristan Morgan	M-JR-U	92.4	93	207.5	215	217.5	115	120	-125	-217.5	230	242.5	580	76.116
Christopher Henderson	M-JR-U	85.65	93	200	-210	212.5	115	122.5	-127.5	205	215	225	560	76.303
Triston Hearn	M-JR-U	90.65	93	155	160	175	87.5	92.5	100	215	230	242.5	517.5	68.554
Aryan Monfared	M-JR-U	86.3	93	165	185	-195	-112.5	-117.5	117.5	197.5	205	212.5	515	69.907
Gabriel Wingerak	M-JR-U	101.55	105	200	225	-240	115	122.5	-132.5	230	240	-245	587.5	73.68
Tyson Lanthier	M-JR-U	103.6	105	-185	190	195	135	142.5	-145	230	240	-250	577.5	71.749
Riley Garrett	M-O-U	74	74	220	-227.5	-227.5	135	142.5	-150	245	255	-260	617.5	90.655
Maximilian Braig	M-O-U	71.75	74	185	200	-207.5	135	140	147.5	220	235	242.5	590	88.021
Alex Hannaford	M-O-U	73.65	74	190	200	210	115	122.5	125	235	245	255	590	86.831
Lucas Paczek	M-O-U	73.58	74	150	160	-165	110	115	-117.5	0	0	0	0	0
Rheyden Le	M-O-U	80.9	83	225	240	-245	-135	135	-142.5	255	272.5	-280	647.5	90.803
Sawyer Pay	M-O-U	80.9	83	205	217.5	222.5	135	-140	-140	230	240	247.5	605	84.843
James Owen	M-O-U	81.4	83	197.5	205	-215	142.5	147.5	-152.5	-230	230	-235	582.5	81.432
Ruben Henri	M-O-U	82.2	83	170	180	185	132.5	140	145	192.5	205	-210	535	74.422
Evan Porter	M-O-U	81.7	83	-150	150	162.5	92.5	100	105	192.5	207.5	-215	475	66.28
Ryan Finoro	M-O-U	90	93	265	270	-270	165	-175	-175	225	235	-245	670	89.071
Adam Hiemstra	M-O-U	86.4	93	207.5	210	227.5	135	145	150	197.5	215	-227.5	592.5	80.38
Keenan Hargrove	M-O-U	91.4	93	185	192.5	200	127.5	-132.5	132.5	220	230	-240	562.5	74.214
Michael Richards	M-O-U	87.9	93	195	207.5	215	110	115	120	215	225	-232.5	560	75.323
Devon Dunn	M-O-U	101.1	105	232.5	247.5	257.5	152.5	-165	-165	265	280	287.5	697.5	87.659
Noah Grubb	M-O-U	95.2	105	210	225	232.5	135	145	152.5	255	270	280	665	86.014
Joseph Malaer	M-O-U	106.25	120	215	227.5	235	145	155	-162.5	220	230	-247.5	620	76.128
Wayne Jung	M-M1-U	71.75	74	150	160	165	107.5	112.5	115	180	190	192.5	472.5	70.491
Equipped Men														
Graeme Gerlach	M-O	91.85	93	255	260	-265	-185	185	-190	220	232.5	-240	677.5	73.954