

July 29th, 2023
Full Powerlifting

BCPA Summer Open 2023

Coquitlam, BC

| Name | Category | BW | Class | Sq1 | Sq2 | Sq3 | Bp1 | Bp2 | Bp3 | DI1 | DI2 | DI3 | Total | IPF points |
|---------------------------|----------|--------|-------|--------|-------|--------|-------|-------|--------|-------|--------|--------|-------|------------|
| Unequipped Women | | | | | | | | | | | | | | |
| Neha Uppin | F-JR-U | 55.55 | 57 | 110 | 115 | 120 | 47.5 | 50 | 52.5 | 127.5 | 132.5 | 137.5 | 310 | 74.162 |
| Georgia Kulbida | F-JR-U | 70.92 | 76 | 125 | 135 | -145 | 75 | 82.5 | 87.5 | 125 | 135 | 140 | 362.5 | 73.988 |
| Deaunte Nelson | F-JR-U | 101.02 | 84+ | 135 | 142.5 | 152.5 | 77.5 | 85 | 90 | 142.5 | 155 | 165 | 407.5 | 72.479 |
| Jessica Dong | F-O-U | 61.41 | 63 | 120 | 127.5 | 132.5 | 67.5 | 72.5 | 75 | 155 | 162.5 | 170 | 377.5 | 83.989 |
| Aishwarya Tyagi | F-O-U | 57.71 | 63 | 105 | 112.5 | -117.5 | 55 | -60 | 60 | 130 | 137.5 | 142.5 | 315 | 73.212 |
| Glynis Valguna | F-O-U | 62.5 | 63 | 102.5 | 107.5 | 112.5 | 67.5 | -70 | 70 | 125 | 132.5 | 140 | 322.5 | 70.923 |
| Raeann Nejedly | F-O-U | 62.19 | 63 | 85 | 92.5 | 102.5 | 45 | 52.5 | -57.5 | 110 | 120 | 130 | 285 | 62.88 |
| Hanjun Jiang | F-O-U | 60.27 | 63 | 65 | 70 | 75 | 37.5 | 40 | -42.5 | 90 | 95 | 102.5 | 217.5 | 49.011 |
| Yumin Chen | F-O-U | 65.88 | 69 | 120 | 127.5 | 132.5 | 70 | 75 | 80 | 122.5 | 135 | 140 | 352.5 | 75.007 |
| Annie Crete | F-O-U | 68.61 | 69 | 80 | 85 | 92.5 | 55 | 0 | 0 | 115 | 125 | 137.5 | 285 | 59.232 |
| Melissa So | F-O-U | 68.65 | 69 | 82.5 | 87.5 | -95 | 45 | 47.5 | -52.5 | 82.5 | 87.5 | 92.5 | 227.5 | 47.266 |
| Kate-Lynn Bartlett | F-O-U | 76.43 | 84 | 115 | 125 | -132.5 | 65 | 70 | 75 | 127.5 | 137.5 | 142.5 | 342.5 | 67.348 |
| Michelle Garcia Fernandez | F-O-U | 86.88 | 84+ | 125 | 132.5 | 135 | 67.5 | 70 | -75 | 145 | 152.5 | -160 | 357.5 | 66.659 |
| Harpreet Jagdeo | F-O-U | 90.82 | 84+ | 95 | 100 | 105 | 55 | 57.5 | -60 | 105 | 110 | 115 | 277.5 | 50.946 |
| Unequipped Men | | | | | | | | | | | | | | |
| Nathan Wong | M-SJR-U | 71.74 | 74 | 147.5 | 157.5 | 162.5 | 82.5 | 90 | -95 | 195 | -207.5 | -207.5 | 447.5 | 66.767 |
| Alex Yang | M-SJR-U | 72.35 | 74 | 152.5 | 160 | 165 | 90 | 95 | -100 | 160 | 170 | 182.5 | 442.5 | 65.73 |
| Kalen Rayat Rayat | M-SJR-U | 104.2 | 105 | 185 | 200 | 210 | 100 | 110 | 112.5 | 200 | 215 | 220 | 542.5 | 67.219 |
| Brian Wei Chi Cheung | M-SJR-U | 111.7 | 120 | 190 | 200 | 207.5 | 115 | 122.5 | -130 | 195 | 207.5 | 215 | 545 | 65.404 |
| Quentin Lund | M-JR | 64.29 | 66 | 150 | 157.5 | -165 | -92.5 | -92.5 | -92.5 | 0 | - | - | 0 | 0 |
| Dave Terrence Tagudar | M-JR-U | 72.73 | 74 | 192.5 | 205 | 217.5 | 107.5 | 115 | -122.5 | 247.5 | -260 | -272.5 | 580 | 85.919 |
| Jordan Ruigrok | M-JR-U | 72.36 | 74 | 175 | 185 | 192.5 | 112.5 | 120 | 122.5 | 182.5 | 192.5 | -195 | 507.5 | 75.379 |
| Matthew Bolton | M-JR-U | 72.09 | 74 | 160 | 175 | -182.5 | -110 | -120 | 120 | -175 | 175 | 187.5 | 482.5 | 71.806 |
| Jaden Martindale Hardy | M-JR-U | 73.48 | 74 | -182.5 | 182.5 | 187.5 | 95 | 97.5 | 102.5 | 190 | 192.5 | -197.5 | 482.5 | 71.096 |
| Vincent Wong | M-JR-U | 72.62 | 74 | 150 | -160 | -160 | 115 | 122.5 | -125 | 180 | 195 | 202.5 | 475 | 70.42 |
| Trevin Keil | M-JR-U | 72.63 | 74 | 140 | -150 | 155 | 90 | 95 | 97.5 | 172.5 | 185 | 200 | 452.5 | 67.08 |
| Ronin Margawang | M-JR-U | 72.82 | 74 | -155 | 165 | -170 | 90 | 100 | -105 | 165 | 175 | 182.5 | 447.5 | 66.249 |
| Jake Gagliardi-kreider | M-JR-U | 79.95 | 83 | 182.5 | 190 | 197.5 | 125 | 132.5 | -140 | 227.5 | 235 | 237.5 | 567.5 | 80.064 |
| Justin Chow | M-JR-U | 81.85 | 83 | 195 | 205 | 215 | 117.5 | 125 | 132.5 | 207.5 | 217.5 | -227.5 | 565 | 78.765 |
| Yun Shen Lee | M-JR-U | 80.67 | 83 | 170 | 177.5 | 182.5 | 112.5 | 120 | -130 | 215 | 227.5 | 232.5 | 535 | 75.135 |

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|-----------------------|--------|--------|------|-------|-------|--------|-------|--------|--------|-------|-------|--------|-------|--------|
| Lucas Petersen | M-JR-U | 82.78 | 83 | 162.5 | 170 | 180 | 105 | 117.5 | -125 | 205 | 220 | -240 | 517.5 | 71.732 |
| Brandon Ly | M-JR-U | 81.44 | 83 | 170 | 177.5 | -185 | 105 | -107.5 | -107.5 | 205 | 212.5 | -217.5 | 495 | 69.183 |
| Ryan Jin | M-JR-U | 76.25 | 83 | 147.5 | 155 | 162.5 | 112.5 | -117.5 | -117.5 | 165 | 172.5 | 185 | 460 | 66.494 |
| | | | | | | | | | | | | | | |
| John Audrie Lao | M-JR-U | 92.49 | 93 | 200 | 210 | 215 | 125 | -130 | 130 | 225 | -240 | 240 | 585 | 76.736 |
| Tristan Ruigrok | M-JR-U | 89.45 | 93 | 200 | 210 | 220 | 100 | 105 | -110 | 215 | 222.5 | 230 | 555 | 74.007 |
| Michael Donelly | M-JR-U | 89.5 | 93 | 152.5 | 167.5 | 175 | -97.5 | 102.5 | 105 | 195 | 212.5 | 220 | 500 | 66.654 |
| Marshall Wilkin-banks | M-JR-U | 89.8 | 93 | 150 | 157.5 | 165 | 97.5 | 105 | 110 | 182.5 | 195 | 202.5 | 477.5 | 63.55 |
| Matteo Colbow | M-JR-U | 85 | 93 | 135 | -145 | 145 | 80 | 90 | 95 | 160 | 172.5 | 182.5 | 422.5 | 57.788 |
| | | | | | | | | | | | | | | |
| Ethan Joyce | M-JR-U | 102.28 | 105 | 220 | 232.5 | -237.5 | -140 | 140 | 152.5 | 270 | 287.5 | -300 | 672.5 | 84.056 |
| Sebastian Acedera | M-JR-U | 103.72 | 105 | 145 | 155 | 165 | 95 | -102.5 | -102.5 | 170 | 182.5 | 190 | 450 | 55.878 |
| | | | | | | | | | | | | | | |
| Noah Van Leeuwen | M-JR-U | 119.8 | 120 | 215 | 232.5 | 245 | 122.5 | 130 | 135 | 220 | 240 | 255 | 635 | 73.87 |
| Isaak Hufanda | M-JR-U | 108.08 | 120 | -135 | 135 | 150 | 75 | -85 | -87.5 | 165 | 175 | 187.5 | 412.5 | 50.253 |
| | | | | | | | | | | | | | | |
| Allen Macdonald | M-M2-U | 81.87 | 83 | 110 | 120 | 125 | 95 | 100 | 105 | 155 | 162.5 | 170 | 400 | 55.756 |
| | | | | | | | | | | | | | | |
| Ahmad Hasan | M-O-U | 64.7 | 66 | 145 | 150 | -152.5 | 85 | 90 | 95 | 175 | 180 | 187.5 | 432.5 | 68.134 |
| | | | | | | | | | | | | | | |
| Shan Naziripour | M-O-U | 72.72 | 74 | -120 | 120 | 127.5 | 92.5 | 97.5 | 102.5 | 160 | 170 | 177.5 | 407.5 | 60.37 |
| | | | | | | | | | | | | | | |
| Kyle Cathers | M-O-U | 90.47 | 93 | 235 | 245 | 252.5 | 150 | 157.5 | 160 | 245 | 257.5 | 272.5 | 685 | 90.832 |
| Benjamin Forrest | M-O-U | 91.05 | 93 | 205 | 215 | 220 | 117.5 | 122.5 | -127.5 | 220 | 232.5 | 242.5 | 585 | 77.328 |
| Arman Roshan | M-O-U | 92.31 | 93 | 145 | 162.5 | 182.5 | 105 | 120 | 130 | 160 | 182.5 | -195 | 495 | 64.992 |
| Alexander Tang | M-O-U | 89.1 | 93 | 150 | 160 | 170 | 100 | 110 | -120 | 160 | 175 | 185 | 465 | 62.126 |
| | | | | | | | | | | | | | | |
| Graham Aarsen | M-O-U | 102.49 | 105 | 190 | 200 | 210 | 192.5 | 202.5 | -210.5 | 200 | 225 | 247.5 | 660 | 82.414 |
| Weijing Shi | M-O-U | 101.07 | 105 | 232.5 | 240 | 250 | 87.5 | -95 | 95 | 210 | 220 | 230 | 575 | 72.274 |
| Safwan Sayef | M-O-U | 104.14 | 105 | 170 | 185 | 200 | 117.5 | 125 | 132.5 | 170 | 185 | 200 | 532.5 | 65.997 |
| | | | | | | | | | | | | | | |
| Isaiah Wolf | M-O-U | 116.31 | 120 | 190 | 205 | 0 | 132.5 | 147.5 | 157.5 | 220 | 240 | 257.5 | 620 | 73.069 |
| Yuchen Zhou | M-O-U | 117.8 | 120 | 205 | 215 | 222.5 | 137.5 | 142.5 | 150 | 182.5 | 192.5 | 200 | 572.5 | 67.093 |
| | | | | | | | | | | | | | | |
| Shomari Powell | M-O-U | 132.78 | 120+ | 210 | 220 | 227.5 | 167.5 | 175 | 177.5 | 260 | 277.5 | 297.5 | 702.5 | 78.234 |

Bench Only

| Name | Category | BW | Class | Sq1 | Sq2 | Sq3 | Bp1 | Bp2 | Bp3 | DI1 | DI2 | DI3 | Total | IPF points |
|-------------------------|----------|-------|-------|-----|-----|-----|------|-----|-------|-----|-----|-----|-------|------------|
| Unequipped Women | | | | | | | | | | | | | | |
| Nicole Huang | F-JR-U | 51.9 | 52 | - | - | - | 62.5 | 65 | 67.5 | - | - | - | 67.5 | 64.727 |
| Joanne Lindemulder | F-M3-U | 74.5 | 76 | - | - | - | 47.5 | 50 | -52.5 | - | - | - | 50 | 38.671 |
| Annie Crete | F-O-U | 68.59 | 69 | - | - | - | 50 | 55 | 60 | - | - | - | 60 | 47.971 |

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|-----------------------|---------|--------|------|---|---|---|------|--------|--------|---|---|---|-------|--------|
| Robertha Adair | F-O-U | 111.25 | 84+ | - | - | - | 70 | 77.5 | 82.5 | - | - | - | 82.5 | 58.889 |
| Unequipped Men | | | | | | | | | | | | | | |
| Chris Evans | M-SJR-U | 78.85 | 83 | - | - | - | 67.5 | 72.5 | 75 | - | - | - | 75 | 38.684 |
| Nicholas Lee | M-JR-U | 91.7 | 93 | - | - | - | 145 | -152.5 | -152.5 | - | - | - | 145 | 69.271 |
| Brian Walfield | M-O-U | 73.9 | 74 | - | - | - | 100 | -110 | -115 | - | - | - | 100 | 53.368 |
| Kevin Van Nguyen | M-O-U | 82.4 | 83 | - | - | - | 110 | -117.5 | -117.5 | - | - | - | 110 | 55.458 |
| George Primrose | M-M1-U | 91 | 93 | - | - | - | 110 | 120 | -130 | - | - | - | 120 | 57.545 |
| Stephen Mahon | M-M3-U | 121 | 120+ | - | - | - | 150 | 170 | 172.5 | - | - | - | 172.5 | 72.517 |
| Equipped Men | | | | | | | | | | | | | | |
| John Quinton | M-M3 | 138 | 120+ | - | - | - | 125 | -130 | -130 | - | - | - | 125 | 35.27 |