

BCPA Policies

1. OFFICIATING	2
2. QUALIFYING STANDARDS	5
3. COACHING	7

1. OFFICIATING

1:01 The Officiating Chairperson will be appointed by the Directors at the first meeting of the Directors following the annual general meeting in an election year.

The Officiating Chairperson is responsible for the following:

- (a) Testing of provincial referees.
- (b) Maintain an up-to-date list of all provincial referees.
- (c) Maintaining regular communication with the provincial referees concerning developments which involve referees and changes to the IPF Technical Rules.
- (d) Submitting an annual report for the AGM.
- (e) Conducting at least one referee clinic for all potential and current referees annually.
- (f) Having the final authority on matters involving interpretation of the IPF Technical Rules in the BCPA, with the option of contacting the CPU Technical Committee for clarification when necessary.
- (g) Coordinate referees for all BCPA sanctioned competitions.

1:02 All BCPA Provincial Referees shall be supplied with a crest which must be sewn onto the left breast of the jacket.

1:03 The BCPA will use a **one category referee system**. All referees are deemed as **Category I and may officiate** as either **Chief Referee** or **Side Referee**.

1:04 Qualifications for a **Category I Referee** are as follows:

- (a) Must achieve a passing score of 90 percent or more on an **online or in-person** written examination.
- (b) **Must shadow the Chief Referee and Side Referee positions during a 3-lift competition with at least 20 lifters.**
- (c) Must take a Category I practical examination at a 3 lift competition with at least 20 lifters.
- (d) Must adjudicate at least 75 attempts, 35 of which must be squats, while serving as Chief Referee. First round attempts by each lifter will not be counted.
- (e) The candidate will be credited with 25 points, and observed competence by the examiner/s during equipment check, weigh in and while seated at the platform. A deduction of 0.5 (half a point/mark) will be made for any error that may contravene the technical rules. The examiner will be a Provincial Category I Referee or higher.
- (f) The candidate will be credited with 75 points on their decisions made at the platform as compared with those of the Jury members and not those of their fellow platform referees. The Jury will consist of one Provincial Category I referee or higher and National level referee or higher.
- (g) The candidate must score at least 90 percent on their total examination. This includes the 75 points on their decisions made at the platform and 25 points from performance of the necessary duties (i.e. equipment check, weigh in and platform control).

1:05 To maintain a **Category I** referee status, a Provincial Referee is required to officiate a minimum of **once per twelve months**. If the **Category I** referee is unable to meet the minimum requirement, they will be removed from the BCPA referee roster. If, at a later date, that individual requests to become a referee again, they must write the BCPA **Category I** Provincial Referee Exam and achieve at least the minimum passing grade. In extenuating circumstances, the Board of Directors and the Officiating Chair may grant an exemption to this requirement.

1:06 If the Officiating Chairperson concludes a referee requires further development and remedial work due to the following, but not limited to:

- (a) An outdated understanding of the IPF Technical Rules;
- (b) Demonstrates calls on the platform that are unreasonable or incorrect interpretations of the IPF Technical Rules;
- (c) Shows disrespect to athletes, volunteers and/or other officials;
- (d) Does not show up on time or leaves early without a prearranged agreement; and/or
- (e) Arrives unprepared for their scheduled session; the referee will be put on probation for one (1) year to allow for enough time to develop and improve any issues. The Officiating Chairperson will work to assist these referees by providing detailed debriefs (verbal or written), workshops, organized practical reviews, and any other measures deemed necessary. Should the referee complete the probationary period with improvement, the referee shall keep their status. If after the one (1) year probationary period the referee fails to improve to the BCPA standard, their status will be revoked. The revoked referee may apply to take the BCPA provincial referee process after six (6) months of the date of revocation.

1:07 Individuals who wish to referee in the BCPA and have obtained their referee status from outside of British Columbia who now reside in the province will be subject to a one (1) year probationary period. These individuals will be reviewed by the BCPA Officiating Chairperson. The probationary period will allow for enough time to evaluate the individual and assist them by providing detailed debriefs (verbal or written), workshops, organized practical reviews, and any other measures deemed necessary. Should the BCPA Officiating Chair decide that the individual's skills are satisfactory they shall be awarded their BCPA referee status. If after the one (1) year probationary period the referee fails to meet the BCPA standards, they will not be permitted to referee in the BCPA. The individual may apply to take their BCPA referee process six (6) months after the end date of their probationary period.

1:08 All referees and any members of a jury will be uniformly dressed in a referee uniform as follows:

Men:

Dark blue blazer with the applicable BCPA/CPU/IPF referee badge sewn onto the left breast. Grey trousers/dress pants with a white collared shirt and tie. The tie may be of any colour or design of the referee's choice. Any design that may be construed as offensive will not be allowed. Dress wear shoes and dark socks must be worn.

Women:

Dark blue blazer with the applicable BCPA/CPU/IPF referee badge sewn on the left breast. Grey trousers/dress pants or skirt with a white blouse or collared shirt. The option of a tie or scarf may be worn and may be of any colour or design of the referee's choice. Any design that may be construed as offensive will not be allowed. Dress wear shoes are to be worn. Sandals are not allowed.

All new BCPA referees will be reimbursed for the purchase of the referee uniform (or a portion of) to a maximum of \$200.

All non-competing referees will be given the option to purchase a CPU Referee Membership at no cost. All referees that still compete will be given the option to purchase a BCPA membership at no cost but will still be required to purchase a CPU membership and must officiate at least one full session per membership year. Failing that, the referee must reimburse the BCPA the full cost of the BCPA membership at the time of it was issued.

17:10.1 The Officiating Chairperson will be responsible for creating and maintaining both a written and video Lifters' Meeting guide.

- a) Meet directors must send these guides to all athletes prior to the competition.
- b) The Chief Referee must hold an in-person Lifters' Meeting for every session at BCPA sanctioned competitions.
 - i. The in-person Lifters' Meeting must begin thirty minutes prior to the competition starting, or after weigh-ins and equipment check are complete.
 - ii. The in-person Lifters' Meeting must not extend beyond a duration of ten minutes.

17:10.2 Contingent upon referee availability, referees must establish a two-person weigh-in process.

- a) Referee one lining up lifters in order of the weigh-in sheet to the weigh-in area; verifying ID is present; and filling in weigh-in cards prior to competitors entering the weigh-in room.
- b) Referee two recording bodyweight; assessing undergarments; verifying weigh-in card details and ID; and handing out attempt cards.

17:10.3 A Jury shall be established at competitions contingent upon referee ability; and meet director resources.

- a) At the Provincial Championships, the Jury must consist of three National Referees or higher
- b) At non-Provincial Champions, the Jury must consist of three Provincial Referees or higher

2. QUALIFYING STANDARDS

2:01 Effective 2021, BCPA members wishing to compete in a BCPA Provincial Championships must, in the 24 months preceding the competition, obtain qualifying standards equivalent to or greater than the CPU Regional qualifying standard.

Lifters may compete in weight classes other than the one in which they obtained the qualifying total **Lifters must compete in the discipline (equipped or unequipped) that they acquired the qualifying total in. Qualifying attempts for single lift competition must be attained at a single lift competition or from the bench press portion of a 3 lift competition, and lifters who obtain the equipped qualifying total will automatically also qualify to compete unequipped.**

2:02 In order to be eligible to compete at a CPU Regional Championships or CPU National Championships members must:

- (a) Fulfill any CPU requirements;
- (b) Obtain the relevant CPU qualifying standard at a sanctioned IPF member federation competition consisting of 5 or more lifters;
- (c) Compete at any CPU Provincial Championships within the 24 months preceding a CPU Regional Championships, if the member has not previously competed at a CPU Regional or higher event;
- (d) If they have competed at a CPU Regional or higher event previously:
 - (i) Compete at or volunteer at their Provincial Championships within the 12 months preceding the CPU Regional or higher event that they wish to compete in. For clarity, each member must compete at or volunteer at the Provincial Championships they would be eligible to compete in themselves within the 12 months preceding the CPU Regional or higher event such member wishes to compete in. The minimum obligation of volunteer time shall be determined by the Board of Directors;
 - (ii) Acted as a meet director for a sanctioned powerlifting or bench press competition within the province of BC during the previous (12) months, or;
 - (iii) Assisted in one (1) BCPA executive run meet as an official or other volunteer role as assigned by the meet director between the previous year's National Championships and upcoming National Championships.
 - (iv) Assist the BCPA or one of the committees with it's tasks, while not being a member of said board or committee. The minimum obligation of volunteer time and acceptance criteria for the task shall be determined by the Board of Directors.

For an exemption under this section 2:02(d), a Member must submit in writing a request for exemption to the Board of Directors at least fourteen Days prior **of the registration closing date of the event they are seeking an exemption for BC Provincial Championships such Member is scheduled to compete or volunteer at.** An exemption will be granted only in extenuating circumstances and solely at the discretion of the Board of Directors. Members of the Board of Directors and committee members may be exempt from these requirements upon request.

2:03 In extenuating circumstances, qualifying standards may be adjusted or removed at the discretion of the Board of Directors.

3. COACHING

3:01 At all National or Regional competitions, the appointed Team BC coaches will have the final say as to the lifters' attempts. The lifters may make suggestions only. The lifters must be made aware of this situation.

3:02 Appointed Team BC Coaches of BCPA Provincial teams at National or Regional competitions shall be eligible for reimbursement of up to 100% of their travel and accommodation expenses, subject to availability of funding from the Society.