

May 25th &amp; 26th, 2024

Kraken Open

Nanaimo, BC

## Full Powerlifting

Name	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	DI1	DI2	DI3	Total	IPF points
<b>Unequipped Women</b>														
Oleanna Mariz San Antonio	F-JR-U	61.47	63	105	110	115	50	52.5	-55	125	135	140	307.5	68.37
Hannah Green	F-JR-U	62.63	63	87.5	95	100	50	52.5	55	107.5	115	122.5	277.5	60.944
Madison Shiyuk	F-JR-U	65.56	69	125	132.5	140	77.5	82.5	85	150	162.5	176.5	401.5	85.685
Isabel Rapier	F-JR-U	66.69	69	137.5	152.5	156.5	67.5	75	80	140	155	165	401.5	84.816
Ashley Barbara Martel Schmitz	F-JR-U	71.84	76	72.5	85	-90	42.5	-52.5	-52.5	87.5	100	105	232.5	47.134
Danielle Dardengo	F-O-U	62.26	63	80	87.5	95	55	57.5	60	105	115	122.5	277.5	61.18
Jordan Gerrard	F-O-U	68.7	69	92.5	-95	-95	40	42.5	50	100	105	-112.5	247.5	51.4
Brittany Marsden	F-O-U	74.57	76	-125	125	130	47.5	55	62.5	127.5	140	142.5	335	66.651
Amanda Sigurdson	F-O-U	71.79	76	70	75	77.5	42.5	45	47.5	102.5	112.5	120	245	49.686
Alison White	F-O-U	69.45	76	40	45	52.5	40	45	47.5	80	87.5	92.5	192.5	39.738
Lauren Bertuzzi	F-O-U	82.18	84	102.5	110	120	50	55	-60	125	135	150	325	61.915
Jessyca Reid	F-O-U	83.76	84	-80	80	-90	50	55	-60	100	107.5	115	250	47.265
Paula Campbell	F-O-U	97.07	84+	110	120	135	75	80	-82.5	120	130	140	355	63.84
Chantelle Siermacheski	F-O-U	112.05	84+	-115	115	117.5	72.5	-77.5	77.5	137.5	-142.5	-150	332.5	57.729
Meliah Motchman	F-O-U	91.84	84+	65	72.5	80	37.5	42.5	47.5	75	82.5	90	217.5	39.784
Lidia White	F-O-U	106.1	84+	-55	-55	55	47.5	52.5	60	87.5	97.5	105	220	38.656
Alexandra Pontbriand	F-M1-U	51.69	52	60	62.5	65	50	-52.5	-52.5	92.5	97.5	102.5	217.5	55.204
Amanda Hall	F-M1-U	52.13	57	-37.5	40	-42.5	25	27.5	-30	-60	-60	-60	0	0
Patricia Walker	F-M1-U	94.04	84+	105	115	120	60	67.5	-72.5	145	155	-165	342.5	62.179
Lynn Reiter	F-M1-U	116.85	84+	110	-132.5	132.5	60	70	72.5	125	-147.5	-147.5	330	56.834
Laura Beaudoin Reimer	F-M1-U	104.6	84+	-90	97.5	107.5	-52.5	57.5	62.5	125	130	-137.5	300	52.891
Neilane Mayhew	F-M2-U	68.36	69	100	107.5	110	45	47.5	50	122.5	130	137.5	297.5	61.957
Leah Wilson	F-M2-U	72.92	76	92.5	100	105	45	50	-55	-110	110	122.5	277.5	55.828
Deanna Froese	F-M2-U	74.81	76	45	50	55	30	-40	-42.5	55	60	-67.5	145	28.804
Charmaine Lovell	F-M4-U	60.23	63	62.5	-65	70	-30	30	-32.5	77.5	82.5	85	185	41.707
Madeline Payne	F-M4-U	63.65	69	85	-90	92.5	37.5	41	43	100	106	-108	241.5	52.491

<b>Unequipped Men</b>														
Benjamin Willoughby	M-SJR-U	81.31	83	155	162.5	-175	95	102.5	-110	187.5	195	-200	460	64.343
Mackenzie Cameron	M-SJR-U	87.36	93	172.5	185	-190	90	97.5	-102.5	175	187.5	197.5	480	64.761
Tyler Ollech	M-JR-U	73.22	74	-210	210	220	130	142.5	147.5	205	215	-227.5	582.5	85.989
Daniel Kikuchi	M-JR-U	73.37	74	157.5	170	177.5	95	102.5	-107.5	162.5	175	182.5	462.5	68.202
Silas Jackson	M-JR-U	77.69	83	170	180	187.5	100	110	115	180	190	197.5	500	71.584
Kalem David Kirk Baker	M-JR-U	80.98	83	160	170	-177.5	105	112.5	-117.5	165	177.5	187.5	470	65.878
Zachary Murphy	M-JR-U	74.77	83	-85	-85	85	-52.5	52.5	55	80	85	90	230	33.586
Felix Guy	M-JR-U	91.78	93	227.5	242.5	-252.5	137.5	145	-150	225	245	260	647.5	85.255
Niall Jensen	M-JR-U	86.13	93	200	207.5	215	135	145	-150	227.5	232.5	-235	592.5	80.506
Marko Dizon	M-JR-U	89.65	93	160	180	185	80	92.5	100	170	190	200	485	64.601
Michael Bray	M-JR-U	99.83	105	210	222.5	230	107.5	-115	115	220	235	-250	580	73.33
Noah Van Leeuwen	M-JR-U	119.68	120	222.5	235	247.5	-130	132.5	137.5	220	240	257.5	642.5	74.775
William King	M-M1-U	80.74	83	145	155	165	87.5	95	100	165	175	185	450	63.17
Zhuhao Chen	M-M1-U	115.63	120	135	140	145	117.5	-120	120	227.5	235	245	510	60.262
Warren Kikuchi	M-M2-U	71.34	74	120	130	137.5	90	93	96.5	130	142.5	-155	376.5	56.338
David Adshead	M-M2-U	92.51	93	190	205	212.5	125	130	132.5	200	215	-220	560	73.449
Dickson McGowan	M-M2-U	106.23	120	60	65	70	70	-77.5	-80	130	140	147.5	287.5	35.305
Michael Cowen	M-M3-U	87.92	93	-145	145	162.5	92.5	-100	100	202.5	217.5	227.5	490	65.9
Warren Davis	M-M4-U	81.1	83	125	135	140	85	92.5	95	165	175	180	415	58.125
Arthur Timm	M-M4-U	99.97	105	130	140	145	-102.5	107.5	112.5	165	175	182.5	440	55.593
Isaac Carter-Hughes	M-O-U	58.74	59	145	152.5	155	-105	107.5	110	200	215	217.5	482.5	80.03
Dennis Monchamp	M-O-U	58.65	59	115	-120	120	72.5	-80	-80	130	137.5	145	337.5	56.025
Jeremy Klaus	M-O-U	73.43	74	230	245	-255.5	160	165	167.5	270	290.5	300.5	713	105.097
Ruben Henri	M-O-U	73.9	74	175	187.5	192.5	132.5	-142.5	-142.5	200	210	217.5	542.5	79.7
Ryan Ollech	M-O-U	73.15	74	135	140	-145	85	90	95	145	155	165	400	59.077
Carter Watts	M-O-U	81.28	83	-215	230	240	140	147.5	150	257.5	272.5	-287.5	662.5	92.685

Emmanuel Avenido	M-O-U	79.95	83	195	205	220	-135	137.5	140	232.5	245	247.5	607.5	85.707
Johnson Nguyen	M-O-U	82.85	83	202.5	217.5	-225	155	162.5	-170	215	227.5	-240	607.5	84.171
Myron Dion	M-O-U	80.49	83	-192.5	192.5	210	140	150	-160	180	200	215	575	80.845
Allan Liu	M-O-U	81.16	83	170	182.5	187.5	95	107.5	-112.5	200	217.5	227.5	522.5	73.154
Jason Cho	M-O-U	80.27	83	185	192.5	-200	115	120	125	195	200	-205	517.5	72.862
Lukas Nering	M-O-U	92.72	93	217.5	232.5	240	152.5	162.5	170	-237.5	245	260	670	87.779
Gregory Goana	M-O-U	91.88	93	217.5	232.5	245	142.5	150	-155	235	255	270	665	87.513
Geoffrey Costeloe	M-O-U	89.91	93	182.5	192.5	197.5	105	115	-120	180	197.5	207.5	520	69.164
Lance Rogan	M-O-U	89.39	93	145	155	165	135	145	150	185	197.5	202.5	517.5	69.029
Sterling Methot-smith	M-O-U	97.73	105	210	222.5	230	142.5	-152.5	-152.5	240	260	272.5	645	82.38
Russell Carleton	M-O-U	103.51	105	187.5	200	205	130	140	145	230	247.5	255	605	75.196
Cameron Mayor	M-O-U	99.61	105	195	207.5	217.5	130	137.5	142.5	215	230	240	600	75.938
Abel Haile	M-O-U	101.37	105	175	185	195	110	115	120	210	225	235	550	69.035
Camron Edwards	M-O-U	93.03	105	175	185	195	-125	125	130	185	192.5	205	530	69.324
William Arnold	M-O-U	100.92	105	-125	-125	125	120	125	-127.5	185	200	-220	450	56.602
Michel Cote	M-O-U	101.27	105	-135	142.5	-145	85	95	-102.5	150	165	170	407.5	51.172
Mickie Hildebrandt	M-O-U	94.97	105	75	80	85	47.5	52.5	57.5	105	115	125	267.5	34.64
Ronan Teixeira	M-O-U	102.26	105	-65	70	75	50	65	67.5	85	95	102.5	245	30.625
Keith Dewar	M-O-U	94.43	105	210	-225	230	-125	-142.5	-142.5	-225	247.5	-252.5	0	0
William Pilling	M-O-U	117.63	120	220	232.5	240	175	182.5	-185	250	267.5	277.5	700	82.087
Austin Hawkins	M-O-U	106.39	120	220	-225	230	-170	-175	175	245	255	265	670	82.218
Vincent Dunn	M-O-U	113.54	120	225	237.5	250	155	162.5	165	225	240	-247.5	655	78.029
Hyung Seok Kang	M-O-U	112.71	120	240	-255	262.5	130	142.5	-147.5	235	247.5	-250	652.5	77.988
Shane Jager	M-O-U	114.37	120	210	220	235	147.5	152.5	160	225	245	-262.5	640	75.993
Tyson Lanthier	M-O-U	105.08	120	190	195	-205	140	-142.5	-142.5	225	232.5	240	575	70.967
Tyler Buck	M-O-U	117.32	120	190	205	212.5	132.5	-142.5	-142.5	205	230	-240	575	67.507
Tye Cranton	M-O-U	118.83	120	62.5	-70	70	75	80	82.5	120	130	140	292.5	34.148
Callum Maclagan	M-O-U	178.46	120+	165	172.5	180	125	130	135	170	185	192.5	507.5	50.67

#### Bench Only

Name	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	DI1	DI2	DI3	Total	IPF points
<b>Unequipped Women</b>														
Sophia Cypress Paridaen van Veen	F-JR-U	83.78	84	-	-	-	82.5	87.5	-90.5	-	-	-	87.5	65.323
Francesca Anderson	F-JR-U	68.55	69	-	-	-	72.5	77.5	-80	-	-	-	77.5	61.978
Alexandria Schellenberg	F-M1-U	108.1	84+	-	-	-	77.5	82.5	85	-	-	-	85	60.834
Joanne Lindemulder	F-M3-U	74.37	76	-	-	-	47.5	50	-52.5	-	-	-	50	38.695
Hannah Southwood	F-O-U	55.44	57	-	-	-	75	80	-85	-	-	-	80	72.626

Shannon Huff	F-O-U	67.2	69	-	-	-	90	95	-98.5	-	-	-	95	76.675
Paula Campbell	F-O-U	96.27	84+	-	-	-	80	-82.5	-85	-	-	-	80	58.09
Daryana Mielecka	F-O-U	85.49	84+	-	-	-	55	60	-62.5	-	-	-	60	44.575
<b>Unequipped Men</b>														
Sean Naumann	M-SJR-U	54.87	59	-	-	-	60	-62.5	-65	-	-	-	60	37.706
Aiden Chen	M-SJR-U	81.84	83	-	-	-	97.5	107.5	-115	-	-	-	107.5	54.388
Rodrigo Villalon	M-SJR-U	77.88	83	-	-	-	-95	95	102.5	-	-	-	102.5	53.211
Nate Bergeron	M-SJR-U	82.03	83	-	-	-	-92.5	92.5	102.5	-	-	-	102.5	51.797
Manav Kandola	M-JR-U	82.37	83	-	-	-	-130	130	137.5	-	-	-	137.5	69.336
Alexander Mulgrew	M-O-U	90.12	93	-	-	-	85	87.5	100	-	-	-	100	48.186
Harpreet Kang	M-O-U	104.01	105	-	-	-	175	185	187.5	-	-	-	187.5	84.326
Austin Hawkins	M-O-U	106.11	120	-	-	-	170	175	185	-	-	-	185	82.436

<b>Para-Powerlifting</b>														
Jenna Reed-Côté	F-O	94.4	86+	-	-	-	87	91	-94	-	-	-	91	45.612
<b>Push/Pull</b>														
Lisa Newell	F-M1	72.6	76	-	-	-	25	27.5	30	-55	55	-57.5	85	47.356