



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - OPEN



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|----------------|
| 59 | 197.5 | Dickson Giang | 2022 May 09 | St. John's, NL |
| 66 | 248.0 | Stephen Cascioli | 2017 Mar 4 | Columbus, OH |
| 74 | 255.0 | Jonathan Cruz | 2024 Mar 07 | Moose Jaw, SK |
| 83 | 272.5 | Divine Wekwa | 2021 Nov 13 | Richmond, BC |
| 93 | 305.0 | Matthew Lewis Vena | 2020 Mar 03 | Winnipeg, MB |
| 105 | 345.0 | Matthew Lewis Vena | 2023 Jun 09 | Langley, BC |
| 120 | 352.5 | Jackson Spencer | 2018 Jun 12 | Calgary, AB |
| 120+ | 326.0 | Tanner Braaten | 2024 Jun 15 | Kamloops, BC |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------|-------------|-----------------|
| 59 | 136.5 | Benjamin Yu | 2023 Sep 07 | Summerside, PEI |
| 66 | 145.0 | Dickson Giang | 2023 Feb 13 | Richmond, BC |
| 74 | 175.0 | Tung Hsuan Yen | 2022 May 09 | St. John's, NL |
| 83 | 194.0 | Adam Ramzy | 2018 Feb 22 | Calgary, AB |
| 93 | 213.0 | Liam Wharton | 2024 Mar 07 | Moose Jaw, SK |
| 105 | 210.0 | Ruslan Yarullin | 2019 Jun 22 | Langley, BC |
| 120 | 217.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 237.5 | Josh Simpson | 2018 Feb 23 | Calgary, AB |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|----------------|
| 59 | 242.5 | Julian Mok | 2024 Mar 07 | Moose Jaw, SK |
| 66 | 277.5 | Jake Allison | 2018 Feb 21 | Calgary, AB |
| 74 | 300.5 | Jeremy Klaus | 2024 May 25 | Nanaimo, BC |
| 83 | 315.0 | Adam Ramzy | 2018 Feb 22 | Calgary, AB |
| 93 | 350.0 | Alexander Ang Wei Rui | 2023 Feb 13 | Richmond, BC |
| 105 | 340.0 | Matthew Lewis Vena | 2023 Jun 09 | Langley, BC |
| 120 | 340.5 | Christopher Soo | 2023 Oct 28 | Abbotsford, BC |
| 120+ | 343.5 | Laine Jackart | 2022 Oct 22 | Abbotsford, BC |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|----------------|
| 59 | 562.5 | Dickson Giang | 2022 May 09 | St. John's, NL |
| 66 | 660.5 | Stephen Cascioli | 2017 Mar 4 | Columbus, OH |
| 74 | 713.0 | Jeremy Klaus | 2024 May 25 | Nanaimo, BC |
| 83 | 771.5 | Adam Ramzy | 2018 Feb 22 | Calgary, AB |
| 93 | 800.5 | Liam Wharton | 2024 Mar 07 | Moose Jaw, SK |
| 105 | 867.5 | Matthew Lewis Vena | 2023 Jun 09 | Langley, BC |
| 120 | 890.0 | Jackson Spencer | 2018 Jun 12 | Calgary, AB |
| 120+ | 850.5 | Joel Klassen | 2019 Jul 27 | Kelowna, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------|-------------|----------------|
| 59 | 145.0 | Anson Chew | 2022 Jun 25 | Langley, BC |
| 66 | 165.0 | Anson Chew | 2023 Feb 13 | Richmond, BC |
| 74 | 175.0 | Tung Hsuan Yen | 2022 May 09 | St. John's, NL |
| 83 | 194.0 | Adam Ramzy | 2018 Feb 22 | Calgary, AB |
| 93 | 213.0 | Liam Wharton | 2024 Mar 07 | Moose Jaw, SK |
| 105 | 210.0 | Ruslan Yarullin | 2019 Jun 22 | Langley, BC |
| 120 | 217.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 252.5 | Gregory Young | 2020 Mar 03 | Winnipeg, MB |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - SUB-JUNIOR



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-------------------|-------------|----------------|
| 53 | 90.5 | minimum standard | | |
| 59 | 157.5 | Haruki Takeuchi | 2019 Dec 07 | Richmond, BC |
| 66 | 185.5 | Manohar Panesar | 2023 Jun 09 | Langley, BC |
| 74 | 225.0 | Kostyantyn Sosnyk | 2022 May 09 | St. John's, NL |
| 83 | 248.0 | Lucas Steele | 2022 Sep 23 | Calgary, AB |
| 93 | 234.5 | Liam Choi | 2024 Mar 15 | Burnaby, BC |
| 105 | 272.5 | Tate Commandeur | 2024 Mar 07 | Moose Jaw, SK |
| 120 | 265.0 | Tate Commandeur | 2024 Mar 15 | Burnaby, BC |
| 120+ | 260.0 | Carsen Phillips | 2021 Nov 13 | Richmond, BC |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-------------------|-------------|------------------|
| 53 | 65.5 | minimum standard | | |
| 59 | 90.0 | Haruki Takeuchi | 2019 Dec 07 | Richmond, BC |
| 66 | 122.5 | Manohar Panesar | 2023 Jun 09 | Langley, BC |
| 74 | 155.0 | Kostyantyn Sosnyk | 2022 May 09 | St. John's, NL |
| 83 | 150.0 | Vincent Lo | 2022 May 09 | St. John's, NL |
| 93 | 175.0 | Connor Pryschrak | 2024 Feb 17 | Langley, BC |
| 105 | 183.0 | Tate Commandeur | 2024 Mar 07 | Moose Jaw, SK |
| 120 | 180.5 | Tate Commandeur | 2024 Mar 15 | Burnaby, BC |
| 120+ | 170.5 | Brayden Wanders | 2023 Dec 17 | Pitt Meadows, BC |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-------------------|-------------|------------------|
| 53 | 87.5 | minimum standard | | |
| 59 | 196.0 | Julian Mok | 2019 Jun 22 | Langley, BC |
| 66 | 230.0 | Manohar Panesar | 2023 Jun 09 | Langley, BC |
| 74 | 255.0 | Kostyantyn Sosnyk | 2022 May 09 | St. John's, NL |
| 83 | 280.0 | Lucas Steele | 2022 Sep 23 | Calgary, AB |
| 93 | 272.5 | Shaun Go | 2021 Dec 04 | Abbotsford, BC |
| 105 | 267.5 | Tate Commandeur | 2024 Mar 07 | Moose Jaw, SK |
| 120 | 260.0 | Tate Commandeur | 2024 Mar 15 | Burnaby, BC |
| 120+ | 290.0 | Brayden Wanders | 2023 Dec 17 | Pitt Meadows, BC |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-------------------|-------------|----------------|
| 53 | 225.5 | minimum standard | | |
| 59 | 430.0 | Haruki Takeuchi | 2019 Dec 07 | Richmond, BC |
| 66 | 538.0 | Manohar Panesar | 2023 Jun 09 | Langley, BC |
| 74 | 635.0 | Kostyantyn Sosnyk | 2022 May 09 | St. John's, NL |
| 83 | 670.5 | Lucas Steele | 2022 Sep 23 | Calgary, AB |
| 93 | 639.5 | Liam Choi | 2024 Mar 15 | Burnaby, BC |
| 105 | 723.0 | Tate Commandeur | 2024 Mar 07 | Moose Jaw, SK |
| 120 | 705.5 | Tate Commandeur | 2024 Mar 15 | Burnaby, BC |
| 120+ | 682.5 | Carsen Phillips | 2021 Nov 13 | Richmond, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-------------------|-------------|------------------|
| 53 | 95.0 | Ryan Armon | 2023 Feb 13 | Richmond, BC |
| 59 | 90.0 | Haruki Takeuchi | 2019 Dec 07 | Richmond, BC |
| 66 | 165.0 | Anson Chew | 2023 Feb 13 | Richmond, BC |
| 74 | 155.0 | Kostyantyn Sosnyk | 2022 May 09 | St. John's, NL |
| 83 | 150.0 | Vincent Lo | 2022 May 09 | St. John's, NL |
| 93 | 175.0 | Connor Pryschrak | 2024 Feb 17 | Langley, BC |
| 105 | 187.5 | Roberto Villalta | 2012 Apr 12 | Calgary, AB |
| 120 | 180.5 | Tate Commandeur | 2024 Mar 15 | Burnaby, BC |
| 120+ | 170.5 | Brayden Wanders | 2023 Dec 17 | Pitt Meadows, BC |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - JUNIOR



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|--------------------|
| 53 | 130.5 | Christian Brey | 2023 Apr 15 | Port Coquitlam, BC |
| 59 | 197.5 | Dickson Giang | 2022 May 09 | St. John's, NL |
| 66 | 227.5 | Jake Allison | 2018 Feb 21 | Calgary, AB |
| 74 | 250.0 | Terrence Tagudar | 2024 Mar 07 | Moose Jaw, SK |
| 83 | 265.0 | Logan Tarasoff | 2019 Sep 16 | St. John's, NL |
| 93 | 305.0 | Matthew Lewis Vena | 2020 Mar 03 | Winnipeg, MB |
| 105 | 333.0 | Cameron St. Amand | 2018 Feb 24 | Calgary, AB |
| 120 | 352.5 | Jackson Spencer | 2018 Jun 12 | Calgary, AB |
| 120+ | 310.0 | Dylan Roach | 2020 Mar 03 | Winnipeg, MB |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|---------------------|
| 53 | 85.0 | Christian Brey | 2023 Apr 15 | Port Coquitlam, BC |
| 59 | 135.0 | Dickson Giang | 2022 May 09 | St. John's, NL |
| 66 | 138.0 | Ryan Thaulad | 2023 Jan 21 | Vancouver, BC |
| 74 | 175.0 | Tung Hsuan Yen | 2022 May 09 | St. John's, NL |
| 83 | 193.0 | Tung Hsuan Yen | 2023 Aug 07 | George Town, KY, GB |
| 93 | 180.5 | Karlmyk Crisostomo | 2023 Oct 28 | Abbotsford, BC |
| 105 | 202.0 | Jayden Lucier | 2019 Jun 22 | Langley, BC |
| 120 | 210.5 | Louis Latour | 2023 Aug 07 | George Town, KY, GB |
| 120+ | 192.5 | Dylan Roach | 2020 Mar 03 | Winnipeg, MB |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|--------------------|
| 53 | 182.5 | Christian Brey | 2023 Apr 15 | Port Coquitlam, BC |
| 59 | 242.5 | Julian Mok | 2024 Mar 07 | Moose Jaw, SK |
| 66 | 277.5 | Jake Allison | 2018 Feb 21 | Calgary, AB |
| 74 | 286.0 | Eric Jung | 2023 Dec 17 | Pitt Meadows, BC |
| 83 | 305.0 | William Tse | 2023 Aug 10 | Brandon, MB |
| 93 | 342.5 | Alexander Ang Wei Rui | 2022 Nov 19 | Victoria, BC |
| 105 | 337.5 | Thomas Johnston | 2023 Aug 24 | Cluj-Napoca, RO |
| 120 | 340.0 | Jackson Spencer | 2018 Jun 12 | Calgary, AB |
| 120+ | 335.0 | Dylan Roach | 2020 Mar 03 | Winnipeg, MB |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|--------------------|
| 53 | 398.0 | Christian Brey | 2023 Apr 15 | Port Coquitlam, BC |
| 59 | 562.5 | Dickson Giang | 2022 May 09 | St. John's, NL |
| 66 | 642.5 | Jake Allison | 2018 Feb 21 | Calgary, AB |
| 74 | 672.5 | Kostyantyn Sosnyk | 2023 Feb 13 | Richmond, BC |
| 83 | 697.5 | Lucas Steele | 2023 Aug 10 | Brandon, MB |
| 93 | 790.0 | Alexander Ang Wei Rui | 2022 Nov 19 | Victoria, BC |
| 105 | 820.5 | Cameron St. Amand | 2018 Feb 24 | Calgary, AB |
| 120 | 890.0 | Jackson Spencer | 2018 Jun 12 | Calgary, AB |
| 120+ | 837.5 | Dylan Roach | 2020 Mar 03 | Winnipeg, MB |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|---------------------|
| 53 | 125.0 | Anson Chew | 2022 Apr 30 | Abbotsford, BC |
| 59 | 145.0 | Anson Chew | 2022 Jun 25 | Langley, BC |
| 66 | 165.0 | Anson Chew | 2023 Feb 13 | Richmond, BC |
| 74 | 175.0 | Tung Hsuan Yen | 2022 May 09 | St. John's, NL |
| 83 | 193.0 | Tung Hsuan Yen | 2023 Aug 07 | George Town, KY, GB |
| 93 | 183.0 | Karlmyk Crisostomo | 2023 Dec 17 | Pitt Meadows, BC |
| 105 | 202.0 | Jayden Lucier | 2019 Jun 22 | Langley, BC |
| 120 | 210.5 | Louis Latour | 2023 Aug 07 | George Town, KY, GB |
| 120+ | 195.0 | Minh Nguyen | 2019 Jun 22 | Langley, BC |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER I



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|---------------------|
| 59 | 112.5 | minimum standard | | |
| 66 | 150.0 | Ian Worland | 2021 Sep 11 | Victoria, BC |
| 74 | 182.5 | Bob Hindley | 2016 Jun 26 | Surrey, BC |
| 83 | 220.0 | Kevin Weiss | 2016 Aug 21 | Kamloops, BC |
| 93 | 250.0 | Cosmin Olteanu | 2020 Mar 03 | Winnipeg, MB |
| 105 | 256.0 | Cosmin Olteanu | 2022 Jun 25 | Langley, BC |
| 120 | 320.0 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 310.0 | Josh Simpson | 2017 Oct 14 | New Westminster, BC |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 82.5 | minimum standard | | |
| 66 | 129.0 | Sean Sikorski | 2016 Jun 26 | Surrey, BC |
| 74 | 117.5 | Wayne Jung | 2024 Mar 15 | Burnaby, BC |
| 83 | 165.5 | Kevin Weiss | 2016 Aug 21 | Kamloops, BC |
| 93 | 177.5 | Gordon Langfield | 2018 Jun 8 | Calgary, AB |
| 105 | 180.0 | Gordon Langfield | 2017 Sep 8 | Winnipeg, MB |
| 120 | 217.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 237.5 | Josh Simpson | 2018 Feb 23 | Calgary, AB |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------|-------------|---------------|
| 59 | 125.0 | Kevin Oversby | 2024 Feb 17 | Langley, BC |
| 66 | 180.0 | Donald Lovell | 2018 Feb 21 | Calgary, AB |
| 74 | 236.0 | Bob Hindley | 2017 Jun 11 | Surrey, BC |
| 83 | 238.0 | Kyle Larson | 2019 Mar 16 | Burnaby, BC |
| 93 | 265.0 | Kevin Weiss | 2015 Dec 3 | Richmond, BC |
| 105 | 270.0 | Bayard Smith | 2016 Mar 20 | Richmond, BC |
| 120 | 295.0 | Andrew Stewart | 2023 Feb 13 | Richmond, BC |
| 120+ | 300.0 | Matthew Lucas | 2024 Mar 07 | Moose Jaw, SK |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 300.5 | minimum standard | | |
| 66 | 451.5 | Sean Sikorski | 2016 Jun 26 | Surrey, BC |
| 74 | 505.0 | Bob Hindley | 2016 Jun 26 | Surrey, BC |
| 83 | 610.5 | Kevin Weiss | 2016 Aug 21 | Kamloops, BC |
| 93 | 660.0 | Kevin Weiss | 2015 Dec 3 | Richmond, BC |
| 105 | 653.5 | Cosmin Olteanu | 2022 Jun 25 | Langley, BC |
| 120 | 807.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 850.0 | Josh Simpson | 2018 Feb 23 | Calgary, AB |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 85.0 | minimum standard | | |
| 66 | 129.0 | Sean Sikorski | 2016 Jun 26 | Surrey, BC |
| 74 | 145.5 | Bill You | 2012 Apr 12 | Calgary, AB |
| 83 | 165.5 | Kevin Weiss | 2016 Aug 21 | Kamloops, BC |
| 93 | 175.0 | Gordon Langfield | 2018 Feb 21 | Calgary, AB |
| 105 | 175.5 | Gordon Langfield | 2017 Jun 11 | Surrey, BC |
| 120 | 217.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 248.5 | Gregory Young | 2023 Feb 13 | Richmond, BC |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER II



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|---------------------|
| 59 | 85.0 | minimum standard | | |
| 66 | 150.0 | Ian Worland | 2021 Sep 11 | Victoria, BC |
| 74 | 182.5 | Bob Hindley | 2016 Jun 26 | Surrey, BC |
| 83 | 210.0 | Andrew Bryant | 2018 Jun 7 | Calgary, AB |
| 93 | 217.5 | Rodney Pinchbeck | 2024 Mar 15 | Burnaby, BC |
| 105 | 255.0 | Joe Costa Oliveira | 2019 Oct 12 | New Westminster, BC |
| 120 | 320.0 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 176.0 | John Quinton | 2024 Mar 15 | Burnaby, BC |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|----------------|
| 59 | 65.0 | minimum standard | | |
| 66 | 80.0 | Ian Worland | 2022 Jun 25 | Langley, BC |
| 74 | 97.5 | Angelo Anastasio | 2024 Jun 15 | Kamloops, BC |
| 83 | 140.0 | Andrew Bryant | 2018 Feb 21 | Calgary, AB |
| 93 | 177.5 | Gordon Langfield | 2018 Jun 8 | Calgary, AB |
| 105 | 175.0 | Gordon Sjodin | 2017 Jan 14 | Vancouver, BC |
| 120 | 217.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 140.0 | John Quinton | 2017 Sep 16 | Abbotsford, BC |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------|-------------|----------------|
| 59 | 125.0 | Kevin Oversby | 2024 Feb 17 | Langley, BC |
| 66 | 180.0 | Donald Lovell | 2018 Feb 21 | Calgary, AB |
| 74 | 236.0 | Bob Hindley | 2017 Jun 11 | Surrey, BC |
| 83 | 232.5 | Bob Hindley | 2015 Dec 3 | Richmond, BC |
| 93 | 265.0 | Steven Reade | 2019 Jun 22 | Langley, BC |
| 105 | 270.0 | Patrick Selby | 2019 Jun 22 | Langley, BC |
| 120 | 290.0 | Scott Robertson | 2022 May 09 | St. John's, NL |
| 120+ | 187.5 | Jason Ancell | 2024 Jun 15 | Kamloops, BC |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|---------------------|
| 59 | 240.0 | Kevin Oversby | 2024 Feb 17 | Langley, BC |
| 66 | 397.5 | Ian Worland | 2022 Jun 25 | Langley, BC |
| 74 | 505.0 | Bob Hindley | 2016 Jun 26 | Surrey, BC |
| 83 | 567.5 | Andrew Bryant | 2018 Jun 7 | Calgary, AB |
| 93 | 647.5 | Steven Reade | 2019 Jun 22 | Langley, BC |
| 105 | 652.5 | Joe Costa Oliveira | 2019 Oct 12 | New Westminster, BC |
| 120 | 807.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 495.5 | John Quinton | 2022 Apr 30 | Abbotsford, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|------------------|-------------|--------------------|
| 59 | 65.0 | minimum standard | | |
| 66 | 97.5 | Joseph Lu | 2023 Apr 15 | Port Coquitlam, BC |
| 74 | 137.5 | Ramis Be | 2023 Feb 13 | Richmond, BC |
| 83 | 145.0 | Andrew Bryant | 2018 Feb 20 | Calgary, AB |
| 93 | 175.0 | Gordon Langfield | 2018 Feb 21 | Calgary, AB |
| 105 | 175.0 | Gordon Sjodin | 2017 Jan 14 | Vancouver, BC |
| 120 | 217.5 | Scott Robertson | 2022 Oct 15 | St. John's, NL |
| 120+ | 212.5 | Scott Robertson | 2023 Jun 09 | Langley, BC |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER III



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 115.0 | Donald Lovell | 2018 Jun 7 | Calgary, AB |
| 74 | 180.0 | Bob Hindley | 2017 Jun 11 | Surrey, BC |
| 83 | 197.5 | Kevin Haberl | 2020 Mar 03 | Winnipeg, MB |
| 93 | 210.0 | Walt Dengler | 2018 Feb 21 | Calgary, AB |
| 105 | 220.0 | Sterling Nering | 2023 Feb 13 | Richmond, BC |
| 120 | 232.5 | Sterling Nering | 2024 Mar 15 | Burnaby, BC |
| 120+ | 176.0 | John Quinton | 2024 Mar 15 | Burnaby, BC |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|------------------|
| 59 | 0.0 | no minimum | | |
| 66 | 70.0 | Donald Lovell | 2013 Mar 22 | Richmond, BC |
| 74 | 97.5 | Angelo Anastasio | 2024 Jun 15 | Kamloops, BC |
| 83 | 127.5 | Darryl Eiji Nakashima | 2024 Mar 15 | Burnaby, BC |
| 93 | 125.0 | Darryl Nakashima | 2023 Dec 17 | Pitt Meadows, BC |
| 105 | 162.5 | Sterling Nering | 2023 Oct 08 | Ulaanbaatar, MNG |
| 120 | 167.5 | Sterling Nering | 2024 Mar 15 | Burnaby, BC |
| 120+ | 135.5 | John Quinton | 2022 Jun 25 | Langley, BC |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 180.0 | Donald Lovell | 2018 Feb 21 | Calgary, AB |
| 74 | 236.0 | Bob Hindley | 2017 Jun 11 | Surrey, BC |
| 83 | 212.5 | Darryl Eiji Nakashima | 2024 Mar 15 | Burnaby, BC |
| 93 | 240.0 | Jack Chin | 2019 Nov 10 | Victoria, BC |
| 105 | 237.5 | Sterling Nering | 2023 Jun 09 | Langley, BC |
| 120 | 255.0 | Sterling Nering | 2024 Mar 15 | Burnaby, BC |
| 120+ | 186.0 | John Quinton | 2024 Mar 15 | Burnaby, BC |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|------------------|
| 59 | 0.0 | no minimum | | |
| 66 | 354.0 | Donald Lovell | 2016 Feb 17 | Regina, SK |
| 74 | 501.0 | Bob Hindley | 2017 Jun 11 | Surrey, BC |
| 83 | 525.0 | Darryl Eiji Nakashima | 2024 Mar 15 | Burnaby, BC |
| 93 | 557.5 | Walt Dengler | 2018 Feb 21 | Calgary, AB |
| 105 | 620.0 | Sterling Nering | 2023 Oct 08 | Ulaanbaatar, MNG |
| 120 | 655.0 | Sterling Nering | 2024 Mar 15 | Burnaby, BC |
| 120+ | 495.5 | John Quinton | 2022 Apr 30 | Abbotsford, BC |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|-----------------------|-------------|------------------|
| 59 | 0.0 | no minimum | | |
| 66 | 72.5 | Ward Plunet | 2021 Nov 13 | Richmond, BC |
| 74 | 102.5 | Angelo Anastasio | 2022 Apr 30 | Abbotsford, BC |
| 83 | 127.5 | Darryl Eiji Nakashima | 2024 Mar 15 | Burnaby, BC |
| 93 | 125.0 | Darryl Nakashima | 2023 Dec 17 | Pitt Meadows, BC |
| 105 | 162.5 | Sterling Nering | 2023 Oct 08 | Ulaanbaatar, MNG |
| 120 | 167.5 | Stephen Mahon | 2023 Jun 09 | Langley, BC |
| 120+ | 173.0 | Steve Mahon | 2023 Dec 17 | Pitt Meadows, BC |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - MASTER IV



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 112.5 | Donald Lovell | 2023 Jun 09 | Langley, BC |
| 74 | 132.5 | Warren Brent Davis | 2023 Feb 13 | Richmond, BC |
| 83 | 140.0 | Warren Davis | 2024 May 25 | Nanaimo, BC |
| 93 | 0.0 | no minimum | | |
| 105 | 145.0 | Arthur Timm | 2024 May 25 | Nanaimo, BC |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 65.0 | Donald Lovell | 2023 Jun 09 | Langley, BC |
| 74 | 90.0 | Warren Brent Davis | 2023 Feb 13 | Richmond, BC |
| 83 | 95.0 | Warren Brent Davis | 2022 Jun 25 | Langley, BC |
| 93 | 0.0 | no minimum | | |
| 105 | 112.5 | Arthur Timm | 2024 May 25 | Nanaimo, BC |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|---------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 172.5 | Donald Lovell | 2023 Jun 09 | Langley, BC |
| 74 | 170.0 | Donald Lovell | 2021 Sep 11 | Victoria, BC |
| 83 | 180.0 | Warren Davis | 2024 May 25 | Nanaimo, BC |
| 93 | 0.0 | no minimum | | |
| 105 | 182.5 | Arthur Timm | 2024 May 25 | Nanaimo, BC |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 350.0 | Donald Lovell | 2023 Jun 09 | Langley, BC |
| 74 | 387.5 | Warren Brent Davis | 2023 Feb 13 | Richmond, BC |
| 83 | 415.0 | Warren Davis | 2024 May 25 | Nanaimo, BC |
| 93 | 0.0 | no minimum | | |
| 105 | 440.0 | Arthur Timm | 2024 May 25 | Nanaimo, BC |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|--------------------|-------------|--------------|
| 59 | 0.0 | no minimum | | |
| 66 | 65.0 | Donald Lovell | 2023 Jun 09 | Langley, BC |
| 74 | 90.0 | Warren Brent Davis | 2023 Feb 13 | Richmond, BC |
| 83 | 95.0 | Warren Brent Davis | 2022 Jun 25 | Langley, BC |
| 93 | 0.0 | no minimum | | |
| 105 | 112.5 | Arthur Timm | 2024 May 25 | Nanaimo, BC |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |



BRITISH COLUMBIA POWERLIFTING ASSOCIATION

MEN'S UNEQUIPPED RECORDS - YOUTH III



SQUAT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------|-------------|--------------|
| 30 | 0.0 | no minimum | | |
| 35 | 0.0 | no minimum | | |
| 40 | 0.0 | no minimum | | |
| 44 | 0.0 | no minimum | | |
| 48 | 0.0 | no minimum | | |
| 53 | 0.0 | no minimum | | |
| 59 | 62.5 | Luca Anastasio | 2024 Jun 15 | Kamloops, BC |
| 66 | 110.0 | Bazil Godden | 2023 May 06 | Kelowna, BC |
| 74 | 120.0 | Joshua Powers | 2023 Nov 18 | Victoria, BC |
| 83 | 0.0 | no minimum | | |
| 93 | 0.0 | no minimum | | |
| 105 | 0.0 | no minimum | | |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

BENCH PRESS

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------|-------------|--------------|
| 30 | 0.0 | no minimum | | |
| 35 | 0.0 | no minimum | | |
| 40 | 0.0 | no minimum | | |
| 44 | 0.0 | no minimum | | |
| 48 | 0.0 | no minimum | | |
| 53 | 0.0 | no minimum | | |
| 59 | 52.5 | Luca Anastasio | 2024 Jun 15 | Kamloops, BC |
| 66 | 62.5 | Bazil Godden | 2023 May 06 | Kelowna, BC |
| 74 | 77.5 | Joshua Powers | 2023 Nov 18 | Victoria, BC |
| 83 | 0.0 | no minimum | | |
| 93 | 0.0 | no minimum | | |
| 105 | 0.0 | no minimum | | |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

DEADLIFT

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------|-------------|--------------|
| 30 | 0.0 | no minimum | | |
| 35 | 0.0 | no minimum | | |
| 40 | 0.0 | no minimum | | |
| 44 | 0.0 | no minimum | | |
| 48 | 0.0 | no minimum | | |
| 53 | 0.0 | no minimum | | |
| 59 | 85.0 | Luca Anastasio | 2024 Jun 15 | Kamloops, BC |
| 66 | 140.0 | Bazil Godden | 2023 May 06 | Kelowna, BC |
| 74 | 150.0 | Joshua Powers | 2023 Nov 18 | Victoria, BC |
| 83 | 0.0 | no minimum | | |
| 93 | 0.0 | no minimum | | |
| 105 | 0.0 | no minimum | | |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

TOTAL

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------|-------------|--------------|
| 30 | 0.0 | no minimum | | |
| 35 | 0.0 | no minimum | | |
| 40 | 0.0 | no minimum | | |
| 44 | 0.0 | no minimum | | |
| 48 | 0.0 | no minimum | | |
| 53 | 0.0 | no minimum | | |
| 59 | 200.0 | Luca Anastasio | 2024 Jun 15 | Kamloops, BC |
| 66 | 312.5 | Bazil Godden | 2023 May 06 | Kelowna, BC |
| 74 | 347.5 | Joshua Powers | 2023 Nov 18 | Victoria, BC |
| 83 | 0.0 | no minimum | | |
| 93 | 0.0 | no minimum | | |
| 105 | 0.0 | no minimum | | |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |

BENCH PRESS ONLY

| Weight Class(kg) | Weight(kg) | Name | Date | Location |
|------------------|------------|----------------|-------------|--------------|
| 30 | 0.0 | no minimum | | |
| 35 | 0.0 | no minimum | | |
| 40 | 0.0 | no minimum | | |
| 44 | 0.0 | no minimum | | |
| 48 | 0.0 | no minimum | | |
| 53 | 0.0 | no minimum | | |
| 59 | 52.5 | Luca Anastasio | 2024 Jun 15 | Kamloops, BC |
| 66 | 62.5 | Bazil Godden | 2023 May 06 | Kelowna, BC |
| 74 | 77.5 | Joshua Powers | 2023 Nov 18 | Victoria, BC |
| 83 | 0.0 | no minimum | | |
| 93 | 0.0 | no minimum | | |
| 105 | 0.0 | no minimum | | |
| 120 | 0.0 | no minimum | | |
| 120+ | 0.0 | no minimum | | |