

December 14th, 2024  
Full Powerlifting

Iron Throne's Last Chance Qualifier to Nats 2025

Surrey, BC

Name	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	DI1	DI2	DI3	Total	IPF Points
<b>Unequipped Women</b>														
Emma Dengin	F-SJR-U	84.84	84+	150	160	-162.5	67.5	70	-77.5	165	175	183	413	77.695
Jhana Garampil	F-JR-U	40.45	43	40	47.5	57.5	25	-27.5	-27.5	55	65	-70	147.5	48.266
Michelle Dai	F-JR-U	59.69	63	120	127.5	135	62.5	67.5	70	125	135	145	350	79.4
Ariane Jimenez	F-JR-U	67.58	69	175	180	-185.5	55	-60	-60	165	170	-177.5	405	84.898
Sophie Paridaen Van Veen	F-JR-U	83.06	84	75	-105	-105	85	-90.5	90.5	137.5	150	155	320.5	60.796
Freanne Fernandez	F-O-U	51.67	52	-85	85	95	40	50	-55	110	125	-130	270	68.552
Wen Ning Yu	F-O-U	56.52	57	120	-127.5	127.5	47.5	-52.5	55	155	165	-175	347.5	82.033
Meara Mulholland	F-O-U	66.27	69	105	112.5	117.5	75	80	85	120	127.5	135	337.5	71.563
Ziqi Liu	F-O-U	70.35	76	87.5	95	-100	40	45	47.5	95	105	112.5	255	52.272
Donna Lenetsky	F-M1-U	45.66	47	80	-85	85	40	-45	45	100	105	112.5	242.5	69.218
Tonya Motyka	F-M2-U	65.5	69	95	100	105	62.5	65	67.5	117.5	125	130	302.5	64.593
<b>Unequipped Men</b>														
Hiu Chun Ho	M-SJR-U	58.6	59	160	166	173	77.5	82.5	-90.5	190	-200	-200	445.5	73.987
Harry Hong Yi Zhu	M-SJR-U	75.14	83	200	-210	210	-110	117.5	-125	210	222.5	227.5	555	80.837
Andrew Ng	M-SJR-U	79.8	83	-182.5	182.5	195	110	-120	-120	212.5	227.5	232.5	537.5	75.904
Ryan Moxon	M-SJR-U	81.4	83	120	125	130	70	72.5	75	175	-177.5	-177.5	380	53.123
Connor Pryschiak	M-SJR-U	98.2	105	205	-227.5	-230	185	-200	-200	225	242.5	255	645	82.191
Kimheng Kong	M-JR-U	64	66	165	175	185	105	-112.5	-112.5	190	215	230	520	82.393
Isaiah Joseph	M-JR-U	71.4	74	160	167.5	-175	120	125	-127.5	215	230	-235	522.5	78.15
Daniel Kikuchi	M-JR-U	74	74	177.5	185	-190	102.5	110	112.5	175	190	200	497.5	73.038
Arshdeep Singh	M-JR-U	69	74	147.5	150	152.5	-95	-95	-95	-160	160	165	0	0

Terrence Tagudar	M-JR-U	75.88	83	255	-268	268	115	122.5	130	270	-287.5	-292.5	668	96.804
Luc Renaud	M-JR-U	82.23	83	210	225	235	135	142.5	-147.5	225	245	-255	622.5	86.578
Josiah Punzalan	M-JR-U	92.45	93	265	280	285	157.5	165	-170	315	335	350.5	800.5	105.026
Bhupinder Athwal	M-JR-U	89.02	93	152.5	162.5	172.5	102.5	107.5	-110	200	212.5	225	505	67.5
Michael Zomar	M-M2-U	83.8	93	115	120	127.5	70	75	80	147.5	152.5	-155	360	49.593
Isaac Carter-Hughes	M-O-U	58.4	59	150	-157.5	162.5	107.5	112.5	-115	205	-217.5	-230	480	79.863
Kevin Ha	M-O-U	59	59	135	145	152.5	102.5	107.5	-110	210	230	-245	490	81.082
Joseph Madayag	M-O-U	68.2	74	175	185	190	115	120	125	220	-230	-230	535	81.967
Josh Romero	M-O-U	72.47	74	185	192.5	-197.5	107.5	115	-117.5	240	-252.5	265	572.5	84.967
Murad Abbasov	M-O-U	81.92	83	255	-265	276	150	157.5	-162.5	245	-267.5	267.5	701	97.682
Nathan Lee	M-O-U	82.41	83	210	220	-225	135	142.5	147.5	290	-307.5	-320	657.5	91.344
Carlo Hung	M-O-U	82.86	83	195	210	215	130	137.5	-140	240	255	265	617.5	85.551
Liang Jing Andrew Lin	M-O-U	82.54	83	177.5	192.5	197.5	105	115	120	190	205	-217.5	522.5	72.531
Hung Wang	M-O-U	77.91	83	-140	140	142.5	105	110	-115	160	-180	-195	412.5	58.971
Zachary Reimer	M-O-U	92.52	93	282.5	297.5	306	165	172.5	175	290	305	315	796	104.397
Leonardo Landaverde-Umana	M-O-U	91.98	93	210	227.5	240	150	160	-167.5	240	260	280	680	89.439
Alixander Powar	M-O-U	87.73	93	180	190	200	125	130	135	225	235	-250	570	76.742
Justin Vanderploeg	M-O-U	91.28	93	172.5	180	190	130	-140	-140	202.5	210	222.5	542.5	71.622
Wilson Wu	M-O-U	86.23	93	190	200	207.5	100	110	120	180	195	-210	522.5	70.954
Kunimi Kondo	M-O-U	90.11	93	170	177.5	185	102.5	110	117.5	167.5	177.5	187.5	490	65.102
Roland Eslava	M-O-U	104.54	105	235	250	265	155	162.5	167.5	240	255	270	702.5	86.911
Kenneth Mann	M-O-U	95.12	105	205	217.5	230	145	155	162.5	225	242.5	257.5	650	84.108
Richard Yamaguchi	M-O-U	99.56	105	212.5	222.5	230	105	110	115	240	252.5	260	605	76.59
Franchelle Roldan	M-O-U	105.17	120	240	260	272.5	150	160	170	225	245	260	702.5	86.668
Hyung Seok Kang	M-O-U	114.37	120	260	272.5	-280	145	152.5	157.5	270	280	282.5	712.5	84.602
Jorge Icabalceta Aust	M-O-U	135.61	120+	210	220	-230	130	140	150	265	275	-290	645	71.215
<b>Equipped Men</b>														
Weiche Chen	M-O	88.74	93	220	230	235	187.5	190	192.5	-225	225	-227.5	652.5	72.555
Albert Yamaguchi	M-O	130.78	120+	75	0	-	-210	210	-	75	-	-	360	33.725