

February 8th & 9th, 2025

2025 Winter Open Powerlifting and Bench Press Championships

Langley, BC

Full Powerlifting

Name	Category	BW	Class	Sq1	Sq2	Sq3	Bp1	Bp2	Bp3	DI1	DI2	DI3	Total	IPF Points
Unequipped Women														
Pichaya Chanongsri	F-JR-U	60.42	63	100	110	115	55	60	62.5	130	140	147.5	325	73.11
Eva Woodward	F-JR-U	67.75	69	100	107.5	-110	60	65	-70	117.5	125	130	302.5	63.32
Zoe Ferreira	F-O-U	55.87	57	72.5	77.5	82.5	35	37.5	-40	90	97.5	105	225	53.588
Roshelle Raquin	F-O-U	62.77	63	-105	105	115	45	50	-55	125	130	135	300	65.79
Ada Borja	F-O-U	67.35	69	115	122.5	130	67.5	70	72.5	152.5	160	-170	362.5	76.139
Hayley Macey	F-O-U	67.45	69	107.5	115	120	60	65	67.5	137.5	147.5	157.5	345	72.401
Meara Mulholland	F-O-U	65.94	69	110	115	120	80	85	-90	125	132.5	137.5	342.5	72.84
Emily Wiggins	F-O-U	71.88	76	140	147.5	157.5	107.5	115	-120.5	170	177.5	-187.5	450	91.201
Zoey Farago	F-O-U	73.99	76	130	140	147.5	65	75	77.5	147.5	162.5	172.5	397.5	79.389
Emily Puffer	F-O-U	72.1	76	130	137.5	142.5	62.5	-67.5	67.5	155	165	172.5	382.5	77.399
Tara Weir	F-O-U	73.94	76	107.5	115	120	62.5	65	67.5	147.5	157.5	162.5	350	69.926
Alexandra Capistrano	F-O-U	82.73	84	132.5	140	147.5	70	75	-77.5	155	165	-175	387.5	73.622
Stephanie Penner	F-O-U	83.88	84	105	115	-122.5	80	85	-94	117.5	125	137.5	337.5	63.772
Jasmin Ogilvie	F-O-U	98.14	84+	-147.5	-147.5	-147.5	65	72.5	-75	122.5	127.5	-135	0	0
Natalie McRae	F-M1-U	56.25	57	90	95	100	45	47.5	50	100	107.5	112.5	262.5	62.194
Carolyn Russell	F-M2-U	61.46	63	60	65	70	52.5	57.5	-60	90	100	105	232.5	51.7
Maria Preovolos	F-M2-U	83.4	84	60	65	70	-35	37.5	-42.5	92.5	102.5	110	217.5	41.191
Sandra-Lynn Dewitte	F-M2-U	104.97	84+	-117.5	-117.5	-117.5	57.5	62.5	67.5	115	120	-125	0	0
Marcella Desrosiers	F-M3-U	99.97	84+	82.5	87.5	95	-47.5	47.5	-55	100	-107.5	-107.5	242.5	43.252
Unequipped Men														
George Silas McRae	M-Y2-U	28.87	30	20	25	30	15	17.5	-20	42.5	47.5	52.5	100	0
Radmir Yarullin	M-SJR-U	68.91	74	135	-145	150	82.5	87.5	90	140	142.5	145	385	58.665
Ethan Campbell	M-SJR-U	90.07	93	180	190	-195	100	-110	110	210	227.5	-230	527.5	70.1
Finn Parr	M-SJR-U	89.42	93	157.5	175	-185	107.5	115	-125	215	227.5	-245	517.5	69.018
Brenndyn Yee	M-JR-U	73.12	74	160	170	185	100	112.5	-120	190	202.5	-207.5	500	73.863
Paul Famadico	M-JR-U	72.1	74	155	170	172.5	95	102.5	-107.5	205	222.5	-235	497.5	74.033
Amirreza Majzoubi	M-JR-U	73.3	74	140	145	150	100	102.5	105	215	225	230	485	71.555

Liam Vriend	M-JR-U	77.54	83	185	195	210	120	125	-130	200	215	230	565	80.97
Hyun Ho Lee	M-JR-U	81.32	83	187.5	200	215	95	105	112.5	200	215	-227.5	542.5	75.878
Marshall Wilkin-Banks	M-JR-U	92.36	93	195	207.5	215	110	117.5	120	212.5	227.5	-232.5	562.5	73.835
Colton Ferris	M-JR-U	100.67	105	172.5	180	-185	-115	115	125	220	-230	-230	525	66.113
Jared Gebenus	M-JR-U	116.85	120	185	195	215	-155	160	-175	245	260	275	650	76.448
Brian Cheung	M-JR-U	119.98	120	150	170	190	132.5	140	147.5	150	170	-190	507.5	58.999
William Zheng	M-JR-U	140.71	120+	-220	220	240	147.5	155	160	215	-225	-225	615	66.906
Daniel Lee	M-O-U	65.85	66	195	205	-207.5	112.5	117.5	-122.5	217.5	230	240	562.5	87.79
Ankish Chawla	M-O-U	73.41	74	180	195	207.5	140	150	157.5	212.5	227.5	235	600	88.453
Cameron Leong	M-O-U	73.42	74	170	-180	-182.5	120	127.5	130	215	230	245	545	80.339
Jeremiah Serrato	M-O-U	72.75	74	167.5	175	182.5	92.5	100	105	207.5	217.5	237.5	525	77.761
Theodore Hui	M-O-U	73.94	74	170	180	185	110	117.5	125	190	-210	215	525	77.108
Gary Zhou	M-O-U	71.93	74	170	185	-192.5	95	100	-105	190	205	-212.5	490	73.007
Terence Yat Long Chan	M-O-U	72.93	74	157.5	165	170	125	132.5	-135	172.5	185	-195	487.5	72.114
Nha Vo	M-O-U	73.54	74	170	177.5	-185	95	105	-110	190	200	-202.5	482.5	71.065
Ryo Kidachi	M-O-U	80.6	83	170	180	185	135	142.5	147.5	205	220	235	567.5	79.735
Hung Wang	M-O-U	76.21	83	147.5	155	165	105	110	115	-165	180	195	475	68.681
Shan Naziripour	M-O-U	74.99	83	132.5	140	145	95	100	105	190	195	197.5	447.5	65.247
Raymond Zhang	M-O-U	82.71	83	132.5	140	147.5	102.5	107.5	-110	175	185	195	450	62.402
Bryce Thomson	M-O-U	82.29	83	245	255	-	-130	-	-	-262.5	-	-	0	0
Gabriel Mayer	M-O-U	88.38	93	215	230	237.5	142.5	150	155	255	275	282.5	675	90.546
Alex Pangburn	M-O-U	91.46	93	210	222.5	-232.5	140	145	-150	235	247.5	-252.5	615	81.115
Brian Wu	M-O-U	86.44	93	205	212.5	222.5	115	122.5	-130	230	245	-255	590	80.023
Tanner Robertson	M-O-U	90.86	93	210	212.5	-227.5	135	140	-145	227.5	235	-245	587.5	77.739
Lucas Paczek	M-O-U	91.89	93	185	195	205	125	130	135	215	225	235	575	75.665
Ayyub Ibrahim	M-O-U	89.76	93	195	207.5	215	122.5	130	-135	205	222.5	-230	567.5	75.544
Chad Nabe	M-O-U	87.68	93	187.5	197.5	-205	-122.5	-127.5	127.5	212.5	227.5	-237.5	552.5	74.407
Marko Dizon	M-O-U	90.78	93	185	200	210	100	110	-112.5	205	220	-232.5	540	71.484
Jesus Sanchez Sanchez	M-O-U	92.61	93	175	185	-200	115	125	-130	190	197.5	202.5	512.5	67.184
Derian Chow	M-O-U	91.17	93	135	152.5	165	67.5	80	87.5	180	197.5	210	462.5	61.096
Philip Pui-Li Yen	M-O-U	88.06	93	120	130	137.5	85	95	-100	185	197.5	207.5	440	59.129
Carter Bogart	M-O-U	104.54	105	240	255	265	142.5	150	155	280	300	-320	720	89.076
Elliott Vissia	M-O-U	102.45	105	205	217.5	230	137.5	147.5	-152.5	225	245	260	637.5	79.619
Paul Santos	M-O-U	113.1	120	212.5	227.5	242.5	165	-175	180	210	235	260	682.5	81.447
Vincent Dunn	M-O-U	109.98	120	227.5	240	-250	155	165	170	225	242.5	255	665	80.37
Noah Van Leeuwen	M-O-U	119.72	120	220	235	250	127.5	132.5	137.5	225	242.5	-260	630	73.31
Tyson Sully	M-M1-U	116.12	120	190	197.5	205	105	112.5	120	197.5	207.5	215	540	63.687

James Fabian	M-M2-U	81.97	83	145	155	165	105	-115	-115	155	170	180	450	62.687
Bradley Mckim	M-M2-U	91.8	93	220	-230	230	-145	150	155	220	227.5	232.5	617.5	81.297
Manuel Gomez	M-M2-U	89.75	93	165	-172.5	172.5	80	90	95	185	200	-210	467.5	62.236
Olaf Kilian	M-M2-U	135.47	120+	175	182.5	190	125	132.5	137.5	197.5	212.5	220	547.5	60.475
Robin Wass	M-M4-U	72.34	74	-90	100	110	100	110	-120	100	120	132.5	352.5	52.365
Equipped Men														
Quentin Lund	M-JR	71.59	74	190	200.5	-210	105	-117.5	-117.5	175	182.5	190.5	496	62.819
Ramtin Manavi-Kherad	M-O	82.37	83	230	240	250	185	195	205	240	250	260	715	82.935
Gable Wang	M-M3	72.67	74	70	80	-90	80	85	-90	120	130	140	305	38.248

Bench Press Only

Riley Aun Camarce	M-SJR-U	57.86	59	-	-	-	95	100	-105	-	-	-	100	61.001
Joshua Longinos	M-O-U	65.11	66	-	-	-	125	132.5	-137.5	-	-	-	132.5	75.715
Michael So	M-O-U	82.81	83	-	-	-	130	137.5	145	-	-	-	145	72.918
Steve Mahon	M-M3-U	123.78	120+	-	-	-	170	175	-177.5	-	-	-	175	72.865
Madison Warren	F-O-U	67.02	69	-	-	-	67.5	72.5	77.5	-	-	-	77.5	62.63
Daughter Achan	F-O-U	71.25	76	-	-	-	80	-85	85	-	-	-	85	66.865
Chiara Anfuso	F-O-U	104.49	84+	-	-	-	65	70	72.5	-	-	-	72.5	52.074
Carolyn Russell	F-M2-U	61.62	63	-	-	-	55	-60	-60	-	-	-	55	46.484
Kelly Wharton	F-M3-U	61.56	63	-	-	-	47.5	52.5	55	-	-	-	55	46.511

Special Olympics

Jotham Polege	M-O-U	70	74	80	-87.5	-90	45	47.5	50	90	112.5	125	255	38.538
Ryland Mallari	M-O-U	85.45	93	60	-75	80	37.5	-42.5	50	80	-90	92.5	222.5	30.352
Josephine Lentz	M-O-U	71.13	76	-37.5	42.5	45	25	27.5	-30	55	60	65	137.5	28.021

Push/Pull

Rowan Bergen	M-O-U	70.24	74	-	-	-	-50	52.5	-57.5	65	70	75	127.5	69.918
Lee McCook	M-O-U	86.87	93	-	-	-	50	60	70	107.5	110	112.5	182.5	89.57
Parker Nelson	M-O-U	131.36	120+	-	-	-	60	82.5	-97.5	85	100	110	192.5	78.215

Paige Norton	F-O-U	50.22	52	-	-	-	25	30	-37.5	42.5	47.5	52.5	82.5	81.574
--------------	-------	-------	----	---	---	---	----	----	-------	------	------	------	------	--------