BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - OPEN

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	172.5	minimum standard		
66	190.0	minimum standard		
74	237.5	Mehar Bhogal	2025 Feb 23	Moose Jaw, SK
83	352.5	Adam Ramzy	2017 Jul 25	Wroclaw, PL
93	285.0	Weiche Chen	2024 Nov 16	Victoria, BC
105	325.0	John Wesley Cummings	2020 Mar 03	Winnipeg, MB
120	337.5	William Buhler	2020 Mar 03	Winnipeg, MB
120+	322.5	Cory Constantin	2025 Dec 13	Langford, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	125.0	minimum standard		
66	137.5	minimum standard		
74	200.5	Mehar Bhogal	2026 Mar 09	St. John's, NL
83	255.0	Adam Ramzy	2017 Jul 25	Wroclaw, PL
93	220.0	Weiche Chen	2025 Jul 27	George Town, KY, GB
105	273.5	John Wesley Cummings	2022 May 09	St. John's, NL
120	233.0	William Buhler	2020 Mar 03	Winnipeg, MB
120+	265.0	Jordan Phelps	2023 Apr 15	Port Coquitlam, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	167.5	minimum standard		
66	192.5	Quentin Lund	2026 Jul 25	Coquitlam, BC
74	252.5	Mehar Bhogal	2025 Jan 18	Vancouver, BC
83	318.0	Adam Ramzy	2016 Feb 9	Regina, SK
93	267.5	Mehar Bhogal	2021 Nov 13	Richmond, BC
105	295.0	Chad Rogers	2011 Nov 6	Vancouver, BC
120	285.0	William Buhler	2020 Mar 03	Winnipeg, MB
120+	320.0	Joel Klassen	2016 Apr 30	Abbotsford, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	445.0	minimum standard		
66	490.0	minimum standard		
74	665.5	Mehar Bhogal	2026 Mar 09	St. John's, NL
83	917.5	Adam Ramzy	2017 Jul 25	Wroclaw, PL
93	750.0	Weiche Chen	2024 Nov 16	Victoria, BC
105	872.5	John Wesley Cummings	2020 Mar 03	Winnipeg, MB
120	855.5	William Buhler	2020 Mar 03	Winnipeg, MB
120+	800.0	Jordan Phelps	2023 Apr 15	Port Coquitlam, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	125.0	minimum standard		
66	162.5	Andrew Lang	2018 Jun 23	Surrey, BC
74	200.5	Mehar Bhogal	2026 Mar 09	St. John's, NL
83	255.0	Adam Ramzy	2017 Jul 25	Wroclaw, PL
93	220.0	Mehar Bhogal	2019 Oct 25	Panama City, Panama
105	275.0	John Wesley Cummings	2022 May 09	St. John's, NL
120	277.5	Scott Robertson	2024 May 22	Austin, TX, USA
120+	275.0	Scott Robertson	2024 Mar 21	St. John's, NL

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - SUB-JUNIOR

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	117.5	minimum standard		
59	130.0	minimum standard		
66	145.0	minimum standard		
74	155.0	minimum standard		
83	185.0	Tristin Davies	2013 Nov 2	Abbotsford, BC
93	180.0	minimum standard		
105	187.5	minimum standard		
120	272.5	Jake McMillan	2011 Feb 13	Vancouver, BC
120+	200.0	minimum standard		

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	0.0			
59	95.0	minimum standard		
66	105.0	minimum standard		
74	115.0	minimum standard		
83	122.5	minimum standard		
93	130.0	minimum standard		
105	135.0	minimum standard		
120	142.5	minimum standard		
120+	145.0	minimum standard		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	115.0	minimum standard		
59	130.0	minimum standard		
66	142.5	minimum standard		
74	155.0	minimum standard		
83	172.5	Tristin Davies	2013 Nov 2	Abbotsford, BC
93	177.5	minimum standard		
105	187.5	minimum standard		
120	272.5	Jake McMillan	2011 Feb 13	Vancouver, BC
120+	197.5	minimum standard		

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	297.5	minimum standard		
59	332.5	minimum standard		
66	365.0	minimum standard		
74	397.5	minimum standard		
83	462.5	Tristin Davies	2013 Nov 2	Abbotsford, BC
93	455.0	minimum standard		
105	480.0	minimum standard		
120	680.0	Jake McMillan	2011 Feb 13	Vancouver, BC
120+	505.0	minimum standard		

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	87.5	minimum standard		
59	97.5	minimum standard		
66	107.5	minimum standard		
74	117.5	minimum standard		
83	127.5	minimum standard		
93	135.0	minimum standard		
105	142.5	minimum standard		
120	147.5	minimum standard		
120+	150.0	minimum standard		

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - JUNIOR

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	145.0	minimum standard		
59	162.5	minimum standard		
66	177.5	minimum standard		
74	207.5	Quentin Lund	2025 Dec 13	Langford, BC
83	235.0	Mehar Bhogal	2017 Mar 18	Saguenay, QC
93	262.5	Blake Taylor	2019 Jan 19	Vancouver, BC
105	235.0	minimum standard		
120	337.5	William Buhler	2020 Mar 03	Winnipeg, MB
120+	260.0	Michael Cho	2011 Nov 06	Vancouver, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	105.0	minimum standard		
59	115.0	minimum standard		
66	127.5	minimum standard		
74	140.0	minimum standard		
83	195.5	Liam Wharton	2019 Nov 10	Victoria, BC
93	205.0	Mehar Bhogal	2019 Aug 26	Regina, SK
105	167.5	minimum standard		
120	233.0	William Buhler	2020 Mar 03	Winnipeg, MB
120+	177.5	minimum standard		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	142.5	minimum standard		
59	157.5	minimum standard		
66	182.5	Quentin Lund	2023 Oct 28	Abbotsford, BC
74	191.0	Quentin Lund	2025 Dec 13	Langford, BC
83	265.5	Liam Wharton	2019 Nov 10	Victoria, BC
93	255.0	Mehar Bhogal	2019 Apr 13	Richmond, BC
105	227.5	minimum standard		
120	285.0	William Buhler	2020 Mar 03	Winnipeg, MB
120+	290.0	Michael Cho	2011 Nov 06	Vancouver, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	380.0	minimum standard		
59	422.5	minimum standard		
66	465.0	minimum standard		
74	513.5	Quentin Lund	2025 Dec 13	Langford, BC
83	686.0	Liam Wharton	2019 Nov 10	Victoria, BC
93	702.5	Mehar Bhogal	2019 Aug 26	Regina, SK
105	612.5	minimum standard		
120	855.5	William Buhler	2020 Mar 03	Winnipeg, MB
120+	715.0	Michael Cho	2011 Nov 06	Vancouver, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
53	105.0	minimum standard		
59	115.0	minimum standard		
66	127.5	minimum standard		
74	155.0	Tyler Ollech	2024 Oct 26	Abbotsford, BC
83	195.5	Liam Wharton	2019 Nov 10	Victoria, BC
93	220.0	Mehar Bhogal	2019 Oct 25	Panama City, Panama
105	167.5	minimum standard		
120	233.0	William Buhler	2020 Mar 03	Winnipeg, MB
120+	177.5	minimum standard		

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - MASTER I

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	147.5	minimum standard		
66	162.5	minimum standard		
74	177.5	minimum standard		
83	250.0	Andrew Bryant	2017 Mar 18	Saguenay, QC
93	257.5	Jason Allard	2013 Feb 10	Richmond, BC
105	310.5	Joe Costa Oliveira	2023 Jun 09	Langley, BC
120	250.0	Jonathan Reisinger	2022 Jun 25	Langley, BC
120+	245.0	Jeremy Phelps	2025 Aug 16	Kamloops, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	107.5	minimum standard		
66	117.5	minimum standard		
74	130.0	minimum standard		
83	220.0	Barry Antoniow	2013 Jun 9	Richmond, BC
93	167.5	Jason Allard	2013 Feb 10	Richmond, BC
105	230.0	Joe Costa Oliveira	2015 April 6	St John's, NL
120	228.0	Brian Rock	2017 Jun 10	Surrey, BC
120+	215.0	Warren Orr	2011 Feb 13	Vancouver, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	155.0	minimum standard		
66	190.0	Donald Lovell	2019 Aug 24	Victoria, BC
74	188.0	Donald Lovell	2016 Aug 7	Victoria, BC
83	235.0	Andrew Bryant	2020 Mar 03	Winnipeg, MB
93	250.0	Blaine Harrison	2011 Feb 13	Vancouver, BC
105	285.0	Joe Costa Oliveira	2012 Oct 05	Killeen, TX
120	250.0	Jonathan Reisinger	2022 Jun 25	Langley, BC
120+	237.5	Jeremy Phelps	2025 Aug 16	Kamloops, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	397.5	minimum standard		
66	440.0	minimum standard		
74	480.0	minimum standard		
83	650.0	Andrew Bryant	2017 Mar 18	Saguenay, QC
93	672.5	Jason Allard	2013 Feb 10	Richmond, BC
105	820.0	Joe Costa Oliveira	2015 April 6	St John's, NL
120	665.0	Jonathan Reisinger	2022 Jun 25	Langley, BC
120+	665.0	Jeremy Phelps	2025 Aug 16	Kamloops, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	110.0	minimum standard		
66	120.0	minimum standard		
74	165.0	Bill You	2012 April 12	Calgary, AB
83	222.5	Barry Antoniow	2012 April 21	Denver, CO
93	195.0	Barry Antoniow	2012 April 12	Calgary, AB
105	230.0	Joe Costa Oliveira	2015 April 11	St. John's, NL
120	277.5	Scott Robertson	2024 May 22	Austin, TX, USA
120+	275.0	Scott Robertson	2024 Mar 21	St. John's, NL

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - MASTER II

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	110.0	minimum standard		
66	147.5	Donald Lovell	2019 Aug 24	Victoria, BC
74	147.5	Mike Gilman	2025 Aug 16	Kamloops, BC
83	250.0	Andrew Bryant	2017 Mar 18	Saguenay, QC
93	220.0	Blaine Harrison	2011 Feb 13	Vancouver, BC
105	310.5	Joe Costa Oliveira	2023 Jun 09	Langley, BC
120	170.0	Brian Rock	2017 Jun 10	Surrey, BC
120+	175.0	John Quinton	2025 Jul 26	Coquitlam, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	82.5	minimum standard		
66	90.0	minimum standard		
74	110.0	Gable Wang	2012 Nov 04	Abbotsford, BC
83	175.0	Andrew Bryant	2016 Feb 19	Regina, SK
93	140.5	Andrew Bryant	2026 Aug 07	New Westminster, BC
105	215.0	Joe Costa Oliveira	2022 Oct 22	Abbotsford, BC
120	228.0	Brian Rock	2017 Jun 10	Surrey, BC
120+	165.0	John Quinton	2025 Jul 26	Coquitlam, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	120.0	minimum standard		
66	190.0	Donald Lovell	2019 Aug 24	Victoria, BC
74	188.0	Donald Lovell	2016 Aug 7	Victoria, BC
83	235.0	Andrew Bryant	2020 Mar 03	Winnipeg, MB
93	250.0	Blaine Harrison	2011 Feb 13	Vancouver, BC
105	262.5	Joe Costa Oliveira	2023 Feb 13	Richmond, BC
120	180.0	minimum standard		
120+	195.0	John Quinton	2025 Jul 26	Coquitlam, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	295.0	minimum standard		
66	407.5	Donald Lovell	2016 Jun 26	Surrey, BC
74	412.5	Mike Gilman	2025 Aug 16	Kamloops, BC
83	650.0	Andrew Bryant	2017 Mar 18	Saguenay, QC
93	590.0	Blaine Harrison	2011 Feb 13	Vancouver, BC
105	778.0	Joe Costa Oliveira	2023 Jun 09	Langley, BC
120	565.5	Brian Rock	2017 Jun 10	Surrey, BC
120+	535.0	John Quinton	2025 Jul 26	Coquitlam, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	82.5	minimum standard		
66	92.5	minimum standard		
74	115.0	Gable Wang	2015 Oct 17	Abbotsford, BC
83	175.0	Andrew Bryant	2016 Aug 19	Kamloops, BC
93	185.0	Andrew Bryant	2016 Feb 17	Regina, SK
105	229.0	Edward Dufour	2024 Sep 09	Summerside, PEI
120	277.5	Scott Robertson	2024 May 22	Austin, TX, USA
120+	275.0	Scott Robertson	2024 Mar 21	St. John's, NL

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - MASTER III

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	147.5	Donald Lovell	2019 Aug 24	Victoria, BC
74	140.0	Donald Lovell	2019 Nov 10	Victoria, BC
83	115.0	Marc Vezina	2025 Apr 26	Nanaimo, BC
93	220.0	Andrew Bryant	2026 Aug 07	New Westminster, BC
105	182.5	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	175.0	John Quinton	2025 Jul 26	Coquitlam, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	80.0	Donald Lovell	2016 Jun 26	Surrey, BC
74	85.0	Gable Wang	2025 Feb 08	Langley, BC
83	120.0	Marc Vezina	2025 Apr 26	Nanaimo, BC
93	140.5	Andrew Bryant	2026 Aug 07	New Westminster, BC
105	120.0	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	165.0	John Quinton	2025 Jul 26	Coquitlam, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	190.0	Donald Lovell	2019 Aug 24	Victoria, BC
74	188.5	Donald Lovell	2016 Aug 7	Victoria, BC
83	150.0	Gable Wang	2023 Apr 15	Port Coquitlam, BC
93	205.0	Andrew Bryant	2026 Aug 07	New Westminster, BC
105	195.0	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	195.0	John Quinton	2025 Jul 26	Coquitlam, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	407.5	Donald Lovell	2016 Jun 26	Surrey, BC
74	406.0	Donald Lovell	2016 Aug 7	Victoria, BC
83	365.0	Marc Vezina	2025 Apr 26	Nanaimo, BC
93	565.5	Andrew Bryant	2026 Aug 07	New Westminster, BC
105	497.5	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	535.0	John Quinton	2025 Jul 26	Coquitlam, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	80.0	Donald Lovell	2013 Jun 9	Richmond, BC
74	85.0	Gable Wang	2025 Feb 08	Langley, BC
83	138.0	Marc Vezina	2026 Mar 09	St. John's, NL
93	147.5	Marc Vezina	2026 Aug 07	New Westminster, BC
105	120.0	Darshan Gill	2011 Jun 12	Vancouver, BC
120	167.5	Brian Rock	2023 Oct 28	Abbotsford, BC
120+	165.0	John Quinton	2022 Oct 22	Abbotsford, BC

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
MEN'S EQUIPPED RECORDS - MASTER IV

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	135.0	Donald Lovell	2022 Jun 25	Langley, BC
74	126.0	Donald Lovell	2023 Nov 18	Victoria, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	182.5	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	0.0	no minimum		

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	65.0	Donald Lovell	2022 Jun 25	Langley, BC
74	68.0	Donald Lovell	2023 Nov 18	Victoria, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	120.0	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	0.0	no minimum		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	175.0	Donald Lovell	2022 Jun 25	Langley, BC
74	180.0	Donald Lovell	2023 Nov 18	Victoria, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	195.0	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	0.0	no minimum		

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	375.0	Donald Lovell	2022 Jun 25	Langley, BC
74	374.0	Donald Lovell	2023 Nov 18	Victoria, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	497.5	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	0.0	no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
59	0.0	no minimum		
66	65.0	Donald Lovell	2022 Jun 25	Langley, BC
74	68.0	Donald Lovell	2023 Nov 18	Victoria, BC
83	0.0	no minimum		
93	0.0	no minimum		
105	120.0	Darshan Gill	2011 Jun 12	Vancouver, BC
120	0.0	no minimum		
120+	0.0	no minimum		