BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - OPEN

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	150.0	Marie Jenevieve Joaquin	2026 Mar 09	St. John's, NL
52	160.0	Marie Jenevieve Joaquin	2024 Sep 09	Summerside, PEI
57	157.5	Neha Uppin	2026 Mar 09	St. John's, NL
63	183.0	Ariane Jimenez	2025 Feb 23	Moose Jaw, SK
69	205.5	Shannon Huff	2026 Mar 09	St. John's, NL
76	187.5	Lily Riggs	2024 Sep 09	Summerside, PEI
84	218.0	Jennifer Luther Thomas	2025 Feb 23	Moose Jaw, SK
84+	252.5	Mackenzie Lai	2026 Mar 09	St. John's, NL

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	87.5	Marie Jenevieve Joaquin	2026 Mar 09	St. John's, NL
52	90.0	Marie Jenevieve Joaquin	2025 Feb 23	Moose Jaw, SK
57	91.0	Hannah Southwood	2025 May 30	Burnaby, BC
63	115.0	Cassidy Michaud	2026 Aug 13	Toronto, ON
69	115.0	Shannon Huff	2026 Mar 09	St. John's, NL
76	117.5	Emily Wiggins	2025 May 30	Burnaby, BC
84	113.0	Ramanjot Ghuman	2026 Aug 07	New Westminster, BC
84+	157.5	Mackenzie Lai	2026 Mar 09	St. John's, NL

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	175.0	Marie Jenevieve Joaquin	2025 Oct 02	Nanaimo, BC
52	184.0	Marie Jenevieve Joaquin	2025 Feb 23	Moose Jaw, SK
57	185.0	Neha Uppin	2026 Aug 03	St. John's, NL
63	198.5	Madison Shiyuk	2025 Jul 27	George Town, KY, GB
69	212.5	Shannon Huff	2026 Mar 09	St. John's, NL
76	205.0	Lily Riggs	2025 Oct 02	Nanaimo, BC
84	228.0	Brooklyn Higgs	2025 Jul 26	Coquitlam, BC
84+	250.0	Mackenzie Lai	2023 Nov 18	Victoria, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	410.0	Marie Jenevieve Joaquin	2026 Mar 09	St. John's, NL
52	431.5	Marie Jenevieve Joaquin	2025 Feb 23	Moose Jaw, SK
57	415.0	Neha Uppin	2026 Aug 03	St. John's, NL
63	447.5	Cassidy Michaud	2026 Aug 13	Toronto, ON
69	533.0	Shannon Huff	2026 Mar 09	St. John's, NL
76	482.5	Lily Riggs	2024 Sep 09	Summerside, PEI
84	535.0	Liza Roik	2025 Feb 23	Moose Jaw, SK
84+	660.0	Mackenzie Lai	2026 Mar 09	St. John's, NL

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	87.5	Marie Jenevieve Joaquin	2026 Mar 09	St. John's, NL
52	90.0	Marie Jenevieve Joaquin	2025 Feb 23	Moose Jaw, SK
57	91.0	Hannah Southwood	2025 May 30	Burnaby, BC
63	115.0	Cassidy Michaud	2026 Aug 13	Toronto, ON
69	115.0	Shannon Huff	2026 Mar 09	St. John's, NL
76	120.0	Emily Wiggins	2026 Aug 07	New Westminster, BC
84	113.0	Ramanjot Ghuman	2026 Aug 07	New Westminster, BC
84+	157.5	Mackenzie Lai	2026 Mar 09	St. John's, NL

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - SUB-JUNIOR

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	55.0	Ava Nering	2019 Jan 19	Vancouver, BC
47	82.5	Zoey Shufflebotham	2022 Oct 22	Abbotsford, BC
52	110.0	Jaden Tock	2026 Aug 07	New Westminster, BC
57	132.5	May Xu	2023 Jan 21	Vancouver, BC
63	120.0	Megan Janes	2021 Dec 04	Abbotsford, BC
69	135.0	Georgia Kulbida	2022 Sep 23	Calgary, AB
76	138.0	Taylor Rode	2026 Aug 07	New Westminster, BC
84	160.5	Emma Dengin	2025 May 30	Burnaby, BC
84+	160.0	Emma Dengin	2024 Dec 14	Surrey, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	32.5	Ava Nering	2019 Jan 19	Vancouver, BC
47	40.0	Zoey Shufflebotham	2022 Oct 22	Abbotsford, BC
52	58.0	Jaden Tock	2026 Jul 25	Coquitlam, BC
57	77.5	May Xu	2023 Jan 21	Vancouver, BC
63	72.5	Theresa Li	2023 Jun 09	Langley, BC
69	80.0	Georgia Kulbida	2022 Jun 25	Langley, BC
76	87.5	Taylor Rode	2026 Aug 07	New Westminster, BC
84	82.0	Sienna Mainzer	2025 Aug 16	Kamloops, BC
84+	87.5	Natasha Klair	2021 Nov 13	Richmond, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	80.0	Ava Nering	2019 Jan 19	Vancouver, BC
47	85.0	Zoey Shufflebotham	2022 Oct 22	Abbotsford, BC
52	120.5	Jaden Tock	2026 Aug 07	New Westminster, BC
57	153.0	May Xu	2023 Jan 21	Vancouver, BC
63	152.5	Megan Janes	2021 Dec 04	Abbotsford, BC
69	135.0	Francesca Manson	2022 Nov 19	Victoria, BC
76	152.5	Taylor Rode	2026 Aug 07	New Westminster, BC
84	186.0	Emma Dengin	2025 May 30	Burnaby, BC
84+	183.0	Emma Dengin	2024 Dec 14	Surrey, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	167.5	Ava Nering	2019 Jan 19	Vancouver, BC
47	207.5	Zoey Shufflebotham	2022 Oct 22	Abbotsford, BC
52	285.5	Jaden Tock	2026 Aug 07	New Westminster, BC
57	363.0	May Xu	2023 Jan 21	Vancouver, BC
63	342.5	Megan Janes	2021 Dec 04	Abbotsford, BC
69	342.5	Georgia Kulbida	2022 Sep 23	Calgary, AB
76	378.0	Taylor Rode	2026 Aug 07	New Westminster, BC
84	421.5	Emma Dengin	2025 May 30	Burnaby, BC
84+	413.0	Emma Dengin	2024 Dec 14	Surrey, BC

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	32.5	Ava Nering	2019 Jan 19	Vancouver, BC
47	40.0	Zoey Shufflebotham	2022 Oct 22	Abbotsford, BC
52	58.0	Jaden Tock	2026 Jul 25	Coquitlam, BC
57	77.5	May Xu	2023 Jan 21	Vancouver, BC
63	72.5	Theresa Li	2023 Jun 09	Langley, BC
69	80.0	Georgia Kulbida	2022 Jun 25	Langley, BC
76	87.5	Taylor Rode	2026 Aug 07	New Westminster, BC
84	82.0	Sienna Mainzer	2025 Aug 16	Kamloops, BC
84+	87.5	Natasha Klair	2021 Nov 13	Richmond, BC

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - JUNIOR

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	75.0	Liselle Wong	2022 Jun 25	Langley, BC
47	107.5	Zoey Shufflebotham	2026 Mar 09	St. John's, NL
52	137.5	Giovana Palacios Toledo	2024 Aug 28	St. Paul's Bay, MT
57	157.5	Neha Uppin	2026 Mar 09	St. John's, NL
63	183.0	Ariane Jimenez	2025 Feb 23	Moose Jaw, SK
69	182.5	Ariane Jimenez	2024 Oct 26	Abbotsford, BC
76	175.0	Ariana Oprea	2025 Feb 23	Moose Jaw, SK
84	165.5	Liza Roik	2022 Oct 22	Abbotsford, BC
84+	192.5	Deaunte Nelson	2024 Aug 04	Scottsdale, AZ

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	44.0	Liselle Wong	2022 Jun 25	Langley, BC
47	62.0	Haley Kraeling	2025 May 30	Burnaby, BC
52	77.5	Giovana Palacios Toledo	2024 Aug 28	St. Paul's Bay, MT
57	80.0	Jesse Rae Kelly	2016 Aug 19	Kamloops, BC
63	94.0	Madison Shiyuk	2025 Jul 27	George Town, KY, GB
69	94.0	Kiana Delsouz	2024 Mar 15	Burnaby, BC
76	105.5	Emily Wiggins	2021 Nov 13	Richmond, BC
84	92.5	Deaunte Nelson	2025 Oct 02	Nanaimo, BC
84+	95.0	Bianca Broadbent	2016 Oct 15	Abbotsford, BC

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	109.5	Liselle Wong	2022 Jun 25	Langley, BC
47	137.5	Caitlin Lim	2018 Dec 08	Richmond, BC
52	170.5	Fiona Chen	2022 May 09	St. John's, NL
57	185.0	Neha Uppin	2026 Aug 03	St. John's, NL
63	198.5	Madison Shiyuk	2025 Jul 27	George Town, KY, GB
69	189.5	Madison Shiyuk	2025 Apr 26	Nanaimo, BC
76	197.5	Ariana Oprea	2024 Nov 16	Victoria, BC
84	200.0	Olivia Lim	2018 Feb 21	Calgary, AB
84+	200.0	Emma Dengin	2026 Jul 25	Coquitlam, BC

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	228.5	Liselle Wong	2022 Jun 25	Langley, BC
47	287.5	Caitlin Lim	2018 Dec 08	Richmond, BC
52	380.0	Giovana Palacios Toledo	2024 Aug 28	St. Paul's Bay, MT
57	415.0	Neha Uppin	2026 Aug 03	St. John's, NL
63	445.0	Madison Shiyuk	2025 Jul 27	George Town, KY, GB
69	434.5	Madison Shiyuk	2025 Apr 26	Nanaimo, BC
76	452.5	Ariana Oprea	2025 Feb 23	Moose Jaw, SK
84	447.5	Olivia Lim	2018 Feb 21	Calgary, AB
84+	475.0	Deaunte Nelson	2025 Feb 23	Moose Jaw, SK

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
43	70.0	Haley Kraeling	2025 Nov 08	Victoria, BC
47	70.0	Haley Kraeling	2026 May 23	Warsaw, PL
52	77.5	Giovana Palacios Toledo	2024 Aug 28	St. Paul's Bay, MT
57	80.0	Jesse Rae Kelly	2016 Aug 19	Kamloops, BC
63	94.0	Madison Shiyuk	2025 Jul 27	George Town, KY, GB
69	94.0	Kiana Delsouz	2024 Mar 15	Burnaby, BC
76	105.5	Emily Wiggins	2021 Nov 13	Richmond, BC
84	92.5	Deaunte Nelson	2025 Oct 02	Nanaimo, BC
84+	95.0	Bianca Broadbent	2016 Oct 15	Abbotsford, BC

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - MASTER I

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	87.5	Donna Lenetsky	2024 Nov 16	Victoria, BC
52	107.5	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	130.0	Cynthia Leighton	2020 Mar 03	Winnipeg, MB
63	140.0	Amanda Hollerin	2026 Aug 03	St. John's, NL
69	142.5	Lindsey Welgush	2026 Aug 07	New Westminster, BC
76	137.5	Renae Witzaney	2022 May 09	St. John's, NL
84	150.0	Katherine Lawrence	2021 Nov 13	Richmond, BC
84+	185.0	Aimee Mergaert	2019 Mar 16	Burnaby, BC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	45.0	Donna Lenetsky	2024 Nov 16	Victoria, BC
52	62.5	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	83.5	Cynthia Leighton	2020 Mar 03	Winnipeg, MB
63	90.0	Cynthia Leighton	2022 Oct 22	Abbotsford, BC
69	85.0	Cynthia Leighton	2024 Jun 15	Kamloops, BC
76	77.5	Renae Witzaney	2026 Mar 09	St. John's, NL
84	89.0	Stephanie Penner	2026 Aug 07	New Westminster, BC
84+	110.0	Bonney Rempel	2017 Jun 15	Minsk, BY

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	112.5	Donna Lenetsky	2024 Dec 14	Surrey, BC
52	150.0	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	162.5	Cynthia Leighton	2020 Mar 03	Winnipeg, MB
63	168.0	Tara Bohune	2021 Nov 13	Richmond, BC
69	188.0	Amelie Mayo	2023 Feb 13	Richmond, BC
76	204.0	Amelie Mayo	2026 Mar 09	St. John's, NL
84	170.0	Morgan Haupt	2025 Feb 23	Moose Jaw, SK
84+	210.0	Kristine Bayntun	2026 Mar 09	St. John's, NL

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	242.5	Donna Lenetsky	2024 Nov 16	Victoria, BC
52	320.0	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	376.0	Cynthia Leighton	2020 Mar 03	Winnipeg, MB
63	377.5	Cynthia Leighton	2022 Oct 22	Abbotsford, BC
69	367.5	Kimberly Vernon-Jarvis	2026 Mar 09	St. John's, NL
76	401.0	Amelie Mayo	2026 Aug 03	St. John's, NL
84	387.5	Morgan Haupt	2025 Feb 23	Moose Jaw, SK
84+	490.0	Kristine Bayntun	2026 Mar 09	St. John's, NL

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	45.0	Donna Lenetsky	2024 Nov 16	Victoria, BC
52	62.5	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	90.0	Magdalena Kijak	2019 May 18	Tokyo, Japan
63	92.5	Cynthia Leighton	2024 May 22	Austin, TX, USA
69	85.0	Cynthia Leighton	2024 Jun 15	Kamloops, BC
76	85.0	Melanie Ahlsten	2026 Apr 25	Nanaimo, BC
84	89.0	Stephanie Penner	2026 Aug 07	New Westminster, BC
84+	110.0	Bonney Rempel	2017 Jun 15	Minsk, BY

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - MASTER II

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	75.0	Monica Ma	2024 Sep 09	Summerside, PEI
52	107.5	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	110.0	Shauna Hammer	2026 Mar 09	St. John's, NL
63	120.0	Tonya Motyka	2020 Mar 03	Winnipeg, MB
69	122.5	Neilane Mayhew	2026 Aug 07	New Westminster, BC
76	132.5	Renae Witzaney	2026 Mar 09	St. John's, NL
84	150.0	Katherine Lawrence	2021 Nov 13	Richmond, BC
84+	175.0	Bonney Rempel	2017 Mar 13	Saguenay, QC

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	37.5	Betty Nering	2017 Jan 14	Vancouver, BC
52	62.5	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	70.0	Shauna Hammer	2026 Mar 09	St. John's, NL
63	67.5	Sarah King	2026 Mar 09	St. John's, NL
69	72.5	Tonya Motyka	2022 Jun 25	Langley, BC
76	77.5	Renae Witzaney	2026 Mar 09	St. John's, NL
84	85.0	Monica Wille	2018 Sep 7	Edmonton, AB
84+	110.0	Bonney Rempel	2017 Jun 15	Minsk, BY

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	106.0	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	155.0	Jacquie Sandu	2012 Jun 14	Stockholm, Sweden
57	152.5	Theresa Kwan	2026 Mar 09	St. John's, NL
63	147.5	Tonya Motyka	2020 Mar 03	Winnipeg, MB
69	148.0	Neilane Mayhew	2026 Aug 07	New Westminster, BC
76	204.0	Amelie Mayo	2026 Mar 09	St. John's, NL
84	162.5	Katherine Lawrence	2023 Feb 13	Richmond, BC
84+	180.0	Bonney Rempel	2018 Feb 20	Calgary, AB

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	214.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	320.0	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	315.0	Shauna Hammer	2026 Mar 09	St. John's, NL
63	320.0	Tonya Motyka	2020 Mar 03	Winnipeg, MB
69	325.5	Neilane Mayhew	2026 Aug 07	New Westminster, BC
76	401.0	Amelie Mayo	2026 Aug 03	St. John's, NL
84	380.0	Katherine Lawrence	2021 Nov 13	Richmond, BC
84+	463.0	Bonney Rempel	2018 Feb 20	Calgary, AB

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	37.5	Betty Nering	2017 Jan 14	Vancouver, BC
52	62.5	Jacquie Sandu	2012 Apr 12	Calgary, AB
57	70.0	Shauna Hammer	2025 Oct 02	Nanaimo, BC
63	67.5	Sarah King	2026 Mar 09	St. John's, NL
69	72.5	Tonya Motyka	2022 Jun 25	Langley, BC
76	77.5	Renae Witzaney	2026 Mar 09	St. John's, NL
84	85.0	Monica Wille	2018 Sep 7	Edmonton, AB
84+	110.0	Bonney Rempel	2017 Jun 15	Minsk, BY

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - MASTER III

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	75.0	Monica Ma	2024 Sep 09	Summerside, PEI
52	0.0	no minimum		
57	102.5	Maureen Rea	2026 Mar 09	St. John's, NL
63	110.5	Kelly Wharton	2024 Mar 07	Moose Jaw, SK
69	100.0	Erminia Garzitto	2023 Dec 17	Pitt Meadows, BC
76	102.5	Sandra Ivette Fernandez Alarcon	2026 Aug 07	New Westminster, BC
84	117.5	Stephanie Needham	2017 Jun 10	Surrey, BC
84+	158.0	Katherine Lawrence	2026 Mar 09	St. John's, NL

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	35.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	55.0	Maureen Rea	2026 Mar 09	St. John's, NL
63	60.0	Emi Garzitto	2025 Oct 10	Cape Town, ZA
69	70.0	Sylvia Stockall	2026 Jul 11	Kamloops, BC
76	57.5	Stephanie Needham	2022 Oct 22	Abbotsford, BC
84	67.5	Stephanie Needham	2017 Jun 10	Surrey, BC
84+	78.0	Katherine Lawrence	2026 Mar 09	St. John's, NL

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	106.0	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	128.0	Maureen Rea	2025 May 30	Burnaby, BC
63	128.0	Sharlene Brunjes	2024 Mar 15	Burnaby, BC
69	122.5	Sylvia Stockall-Douglas	2021 Aug 28	Langley, BC
76	130.0	Joanne Lindemulder	2025 Oct 02	Nanaimo, BC
84	150.0	Stephanie Needham	2017 Jun 10	Surrey, BC
84+	167.5	Katherine Lawrence	2026 Mar 09	St. John's, NL

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	214.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	280.0	Maureen Rea	2026 Mar 09	St. John's, NL
63	290.5	Kelly Wharton	2024 Mar 07	Moose Jaw, SK
69	272.5	Erminia Garzitto	2023 Dec 17	Pitt Meadows, BC
76	277.5	Joanne Lindemulder	2025 Oct 02	Nanaimo, BC
84	335.0	Stephanie Needham	2017 Jun 10	Surrey, BC
84+	403.5	Katherine Lawrence	2026 Mar 09	St. John's, NL

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	35.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	55.0	Maureen Rea	2026 Mar 09	St. John's, NL
63	60.0	Emi Garzitto	2025 Oct 10	Cape Town, ZA
69	70.0	Sylvia Stockall	2026 Jul 11	Kamloops, BC
76	65.0	Sylvia Stockall-Douglas	2023 Jun 09	Langley, BC
84	85.0	Monica Wille	2023 Feb 13	Richmond, BC
84+	78.0	Katherine Lawrence	2026 Mar 09	St. John's, NL

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - MASTER IV

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	73.0	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	0.0	no minimum		
63	93.0	Sharlene Brunjes	2024 Mar 15	Burnaby, BC
69	92.5	Madeline Payne	2024 Mar 15	Burnaby, BC
76	0.0	no minimum		
84	72.5	Sally Murphy	2026 Aug 07	New Westminster, BC
84+	0.0	no minimum		

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	35.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	0.0	no minimum		
63	47.5	Kathlyn Jensen	2021 Aug 28	Langley, BC
69	43.0	Madeline Payne	2024 May 25	Nanaimo, BC
76	0.0	no minimum		
84	44.0	Sally Murphy	2026 Aug 07	New Westminster, BC
84+	0.0	no minimum		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	106.0	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	0.0	no minimum		
63	128.0	Sharlene Brunjes	2024 Mar 15	Burnaby, BC
69	106.5	Madeline Payne	2025 May 30	Burnaby, BC
76	0.0	no minimum		
84	102.5	Sally Murphy	2026 Aug 07	New Westminster, BC
84+	0.0	no minimum		

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	214.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	0.0	no minimum		
63	263.5	Sharlene Brunjes	2024 Mar 15	Burnaby, BC
69	241.5	Madeline Payne	2024 May 25	Nanaimo, BC
76	0.0	no minimum		
84	219.0	Sally Murphy	2026 Aug 07	New Westminster, BC
84+	0.0	no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
47	35.5	Monica Ma	2025 Feb 23	Moose Jaw, SK
52	0.0	no minimum		
57	42.5	Kathlyn Jensen	2023 Oct 28	Abbotsford, BC
63	57.5	Patricia Kowal	2021 Nov 13	Richmond, BC
69	43.5	Madeline Payne	2026 Apr 25	Nanaimo, BC
76	0.0	no minimum		
84	44.0	Sally Murphy	2026 Aug 07	New Westminster, BC
84+	0.0	no minimum		

BRITISH COLUMBIA POWERLIFTING ASSOCIATION
WOMEN'S UNEQUIPPED RECORDS - YOUTH III

SQUAT

Weight Class(kg)	Weight(kg)	Name	Date	Location
30	0.0	no minimum		
35	0.0	no minimum		
40	0.0	no minimum		
43	63.5	Priya Hamel	2026 Jul 11	Kamloops, BC
47	50.0	Brooklyn Shibata	2026 Aug 07	New Westminster, BC
52	55.0	Annabella Chung	2026 Aug 07	New Westminster, BC
57	0.0	no minimum		
63	0.0	no minimum		
69	0.0	no minimum		
76	0.0	no minimum		
84	0.0	no minimum		
84+	0.0	no minimum		

BENCH PRESS

Weight Class(kg)	Weight(kg)	Name	Date	Location
30	0.0	no minimum		
35	0.0	no minimum		
40	0.0	no minimum		
43	30.5	Priya Hamel	2026 Jul 11	Kamloops, BC
47	30.0	Brooklyn Shibata	2026 Aug 07	New Westminster, BC
52	25.0	Annabella Chung	2026 Aug 07	New Westminster, BC
57	0.0	no minimum		
63	0.0	no minimum		
69	0.0	no minimum		
76	0.0	no minimum		
84	0.0	no minimum		
84+	0.0	no minimum		

DEADLIFT

Weight Class(kg)	Weight(kg)	Name	Date	Location
30	0.0	no minimum		
35	0.0	no minimum		
40	0.0	no minimum		
43	93.0	Priya Hamel	2026 Jul 11	Kamloops, BC
47	72.5	Brooklyn Shibata	2026 Aug 07	New Westminster, BC
52	72.5	Annabella Chung	2026 Aug 07	New Westminster, BC
57	0.0	no minimum		
63	0.0	no minimum		
69	0.0	no minimum		
76	0.0	no minimum		
84	0.0	no minimum		
84+	0.0	no minimum		

TOTAL

Weight Class(kg)	Weight(kg)	Name	Date	Location
30	0.0	no minimum		
35	0.0	no minimum		
40	0.0	no minimum		
43	187.0	Priya Hamel	2026 Jul 11	Kamloops, BC
47	152.5	Brooklyn Shibata	2026 Aug 07	New Westminster, BC
52	152.5	Annabella Chung	2026 Aug 07	New Westminster, BC
57	0.0	no minimum		
63	0.0	no minimum		
69	0.0	no minimum		
76	0.0	no minimum		
84	0.0	no minimum		
84+	0.0	no minimum		

BENCH PRESS ONLY

Weight Class(kg)	Weight(kg)	Name	Date	Location
30	0.0	no minimum		
35	0.0	no minimum		
40	0.0	no minimum		
43	30.5	Priya Hamel	2026 Jul 11	Kamloops, BC
47	30.0	Brooklyn Shibata	2026 Aug 07	New Westminster, BC
52	25.0	Annabella Chung	2026 Aug 07	New Westminster, BC
57	0.0	no minimum		
63	0.0	no minimum		
69	0.0	no minimum		
76	0.0	no minimum		
84	0.0	no minimum		
84+	0.0	no minimum		